

Adjunct Faculty Member

- 1999-2007 **Elmhurst Memorial Healthcare**, Elmhurst, IL
Registered Dietitian
- 1997-2004 **Chartwell Caregivers Inc.**, Waltham, MA & Wood Dale, IL
Clinical Nutritionist
- 1997 **MetroWest Hospital**, Framingham, MA
Lead Clinical Dietitian
- 1996-1997 **Malden Hospital**, Malden, MA
Clinical Nutrition Manager
- 1994-1996 **Kindred Hospital**, Sycamore, IL
Clinical Dietitian
- 1994-1996 **Northern Illinois University**, DeKalb, IL
Graduate Assistant
- 1990-1994 **Cayuga Medical Center**, Ithaca, NY
Inpatient Clinical Dietitian

PROFESSIONAL HONORS AND AWARDS:

- Community Engaged Learning Grant from College of Human Ecology (10/22)
- John Knight Writing Institute Faculty Seminar Scholarship (6/22)
- Town Gown Award Cornell University-Foodnet MOW Telephone Reassurance Program (2021)
- NYSAND Nomination for Isabelle A. Hallahan Award for Excellence in Food Service (Spring 2021)
- Excellus Community Grant for Increasing Fiber in Home Delivered Meals
- “Let Us Make Your Day” Elmhurst Park District Award (6/2012 and 9/2013)
- Chartwell Star Award (2/2002 and 9/2003)
- Outstanding Dietetic Educator Illinois Dietetic Association and West Suburban Dietetic Association (2003)
- West Suburban Dietetic Association Recognized Young Dietitian of the Year (2002)
- West Suburban Dietetic Association Emerging Dietetic Leader (2001)

CERTIFICATIONS:

- New York State Certified Registered Dietitian Nutritionist (2023-present)
- Certified Case Manager; Boston University Center for Aging and Disability Education and Research (CADER) (2020-present)
- American Council on Exercise (2000-2018)
- Illinois Licensed Dietitian Nutritionist (1999-2017)
- American Society of Parenteral & Enteral Nutrition Support Dietitian 1994-2013)

- Commission on Dietetics Registration Examination for Registered Dietitians (10/90-present)
RD#709301

PROFESSIONAL MEMBERSHIPS:

- New York State Academy of Nutrition and Dietetics (formerly New York State Dietetic Association), member (1990-4 and 2017-present)
- Southern Tier Academy of Nutrition and Dietetics (formerly Southern Tier Dietetic Association), member, (1990-4 and 2017-present)
- Academy Dietetic Practice Groups membership: Dietitians in Nutrition Support, and Nutrition and Dietetic Educators and Practitioners (NDEP, formerly DEP).
- American Society for Parenteral and Enteral Nutrition, member (1994-2013)
- West Suburban Dietetics Association, member (1998-2016)
- Massachusetts Dietetics Association, member (1996-8).
- The Academy of Nutrition and Dietetics (formerly American Dietetic Association) (1988-present)

PROFESSIONAL SERVICE:

- New York State Academy of Nutrition and Dietetics Regional Co-Coordinator (2023)
- Southern Tier Academy of Nutrition and Dietetics President (2023), President-Elect (2022); Secretary (2019-22), Nomination Chair (2017-19)
- New York Aging Services Dietetics Chair (2019-21)
- New York Aging Services Program Co-Chair (2019) and Committee Member (2018)
- West Suburban Dietetics Association: Secretary (2000), Treasurer (2002)

TEACHING EXPERIENCE:

- Spring/Fall 2023- Lecturer NS 2470 Food for Contemporary Living, Cornell University, Division of Nutritional Sciences, Ithaca, NY
- Spring 2022-Present: Lecturer NS 4250 Nutrition Counseling and Communication, Cornell University, Division of Nutritional Sciences, Ithaca, NY
- December 2021-2023: Nutrition Counseling Workshop for Dietetic Interns, Cornell University, Division of Nutritional Sciences, Ithaca, NY
- 2005-2016: Quarterly in-services provided for interdisciplinary staff; Harbor Light Hospice
- 2003-2016: Instructor for Elmhurst Park District teaching a variety of children-adult cooking classes and nutrition seminars.
- 2002-3: Cooking with Diabetes; Adult Continuing Education; Triton College
- 2001-2: Adjunct Faculty Instructor: NUTR 2245: Food Science and Application I and II; Benedictine University, Lisle, IL
- 2000-2001: Adjunct Faculty Instructor: NUTR 2200: An integrated approach to the study of the requirements and functions of nutrients that are determinants of health and disease in human populations. Benedictine University, Lisle IL (2000)
- 1994-6: Graduate Teaching Assistant Northern Illinois University, DeKalb IL; Provided teaching support for dietetic internship director.

INVITED TALKS & SPEAKING ENGAGEMENTS:

- Guest Speaker. Community-Engaged Learning Forum. Community Engaged Learning in Nutrition Counseling and Communications (9/23)
- Guest Speaker. Russel Sage College. Nutrition Programs for Elderly (4/23)

- Guest Speaker. Expanded Food Nutrition Education Program (EFNEP) Popular Diet Trends EFNEP Fall Update: Reignite! (9/22)
- Guest Speaker NS 1600; Tompkins County Community Response to COVID-19 (10/2022)
- Guest Lecturer NS 6250; Nutrition Programs for Elderly (9/21)
- Presenter. Southern Tier Academy of Nutrition and Dietetics. Nutrition Programming for Older Adults (3/21).
- Guest Speaker; Tompkins County United Way Foodnet's Response to COVID-19 (3/21)
- Guest Lecturer. Nutrition in the Community. Nutrition Programs for Aging. Ithaca College (10/17, 10/18, 10/19, 2/21)
- Presenter. Tompkins County Human Services Coalition. Meal Preparation for Older Adults (11/18)
- Presenter. Foodnet Meals on Wheels Board of Directors. Nutrition Program Annual Overview (1/18, 1/19, 1/20, 1/21)

COMMUNITY SERVICE:

- Lansing United Methodist Church: Children and Youth Ministry Volunteer (2018-present); Sunday School teacher (2018-present); Yoga Devotions ministry founder (2022); Staff-Parish Relations Committee (2022-present)
- Ithaca Swim Club Board: Lifeguard Liaison (2019-2022)
- Lansing Scouts Parent Volunteer (2016-present)
- Trinity Lutheran Church Sunday School Teacher (2016-7)
- Redeemer Lutheran Church Sunday School Teacher (2000-2016)
- Redeemer Lutheran Women's Bible Study Leader (2000-2016)