

## **ELAINE WETHINGTON**

### **Current position**

Professor Emeritus (Active), Human Development and of Sociology, Cornell University; and  
Division of Geriatrics and Palliative Care, Weill Cornell Medical College  
University Professor, Cornell University, 2019 - present  
Adjunct Research Professor, the University of Michigan, Survey Research Center, Ann Arbor,  
MI, 2014-present

### **Mailing addresses**

Department of Psychology (formerly Human Development)  
College of Human Ecology  
MVR Hall  
Cornell University  
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### **Education**

A.B 1972. Indiana University, Bloomington, IN, History  
M.A 1975. The University of Michigan, Ann Arbor, MI, History  
PhD 1987. The University of Michigan, Ann Arbor, MI, Sociology

### **Research interests**

Medical sociology (sociology of mental health and illness; epidemiology of mental and stress-related illness; measurement of life events and social support); sociology of aging and the life course; and translational research methods

### **Professional experience**

Co-Director and Director of the Pilot Study Core, Translational Research Institute on Pain in  
Later Life, 2009-present (Edward R. Roybal Center)  
Associate Director, Bronfenbrenner Center for Translational Research, 2011-2018  
Acting Director, Bronfenbrenner Center for Translational Research, July 1- Dec. 30, 2015  
Co-Director and Director of the Pilot Study Core, Cornell Institute for Translational Research on  
Aging, 2003-2009 (Edward R. Roybal Center)  
Co-Director, Cornell Gerontology Research Institute, 2002-2004 (Edward R. Roybal Center)  
Acting Director and Co-Director, Bronfenbrenner Life Course Center, 2000-2002  
Visiting Scholar, 2000, Survey Research Center, Institute for Social Research, the University of  
Michigan, Ann Arbor.  
Predoctoral Fellow, 1986-1987, NIMH Training Program in Psychosocial Factors in Mental and

Physical Illness, Survey Research Center, The University of Michigan.  
Teaching Assistant, Interuniversity Consortium for Political and Research Summer Research  
Methods Training Program (Structural Equation Models), 1982-1986  
Research Associate, 1979-1986, Research Center for Group Dynamics and Survey Research  
Center, Institute for Social Research, The University of Michigan.

### **Awards and Honors**

Elected Fellow, American Association for the Advancement of Science, 2018  
SUNY Chancellor's Award for Excellence in Faculty Service, 2016  
Fellow, Gerontological Society of America, 2016  
Fellow in Residence, Center for Advanced Study in the Behavioral Sciences, Palo Alto, CA,  
2013-2014  
Faculty Excellence in Community Collaboration Award, Engaged Learning + Research and  
Office of Academic Diversity Initiatives, 2014 (Karl Pillemer, M. Carrington Reid, and  
Elaine Wethington)  
Kendall S. Carpenter Memorial Advising Award, Cornell University, 2008  
SUNY Chancellor's Award for Excellence in Teaching, 2008  
Outstanding Educator, Merrill Presidential Scholar Award, Cornell University, 1999. (Student:  
Stacey Pauker)  
Human Ecology Alumni Association and Kappa Omicron Nu Distinguished Teaching Award,  
Cornell University, 1995  
Predoctoral Research Fellowship, 1986-1987, NIMH Training Program in Psychosocial Factors  
in Mental and Physical Illness, Survey Research Center, University of Michigan  
Rackham Predoctoral Fellowship, University of Michigan, 1985  
Phi Beta Kappa, 1971, Indiana University

### **Publications**

#### *Books:*

Wethington, Elaine and Rachel Dunifon. 2012. *Research for the Public Good: Applying the  
Methods of Translational Research to Improve Human Health and Well Being*. Washington,  
DC: American Psychological Association.

Krout, John and Elaine Wethington. 2003. *Residential Choices and Experiences of Older  
Adults: Pathways to Life Quality*. New York: Springer Publishing Company.

Pillemer, Karl, Phyllis Moen, Elaine Wethington, and Nina Glasgow. 2000. *Social Integration  
in the Second Half of Life*. Baltimore, MD: Johns Hopkins University Press.

Bronfenbrenner, Urie, Peter McClelland, Elaine Wethington, Phyllis Moen, and Stephen J. Ceci,  
with Helene Hembrooke, Pamela A. Morris, and Tara L. White. 1996. *The State of Americans:  
This Generation and the Next*. New York: The Free Press.

*Journal articles and refereed research annual/proceedings articles:*

Ong, Anthony D., Judith T. Moskowitz, Elaine Wethington, Elizabeth Addington, Mubarak Sanni, Selin Goktas, Erica Sluys, Sarah Swong, Patricia Kim, and M. Carrington Reid. "Lessons in Affect Regulation to Keep Stress and Pain Under control (LARKSPUR): Protocol for a Randomized Pilot Trial to Promote Positive Affect in Middle-Aged and Older Adults with Fibromyalgia." (In press). *Contemporary Clinical Trials*.

Sloven, Natalie, Benjamin Le Cook, Justin W. Morgan, Michael Flores, Camila Mateo, Cynthia Garcia Coll, Dolores Acevedo Garcia, Naomi Priest, Elaine Wethington, Sandra Krumholz, Esther Lee, Margo Moyer, Nathaniel Tran, and David R. Williams. 2022. "Family Stressors and Resources as Social Determinants of Health among Caregivers and Young Children." *Children* 9:452. <https://doi.org/10.3390/children9040452>

Chang, Pamara F., Natalya N. Bazarova, and Elaine Wethington. 2020. "How Older Adults with Chronic Pain Manage Social Support Interactions with Mobile Media." *Health Communication*. DOI: [10.1080/10410236.2020.1846272](https://doi.org/10.1080/10410236.2020.1846272) PMID: PMC8105429

Zhang, Xue, Mildred E. Warner, and Elaine Wethington. 2020. "Can Age-Friendly Planning Promote Equity in Community Health across the Rural-urban Divide in the US?" *International Journal of Environmental Research and Public Health* 17(4):1275 doi: 10.3390/ijerph17041275 PMID: PMC7068446

Agrawal, Tara, Tracey J. Farrell, Elaine Wethington, and Carol M. Devine. 2019. "Change and Continuity in Low-income Working Mothers' Food Practices for Young Children in Response to Life Events." *Maternal and Child Health Journal*. 18(10):1210-1222. <https://doi.org/10.1007/s10995-019-02755-y>.

Sharp, David, Jeffery Sobal, and Elaine Wethington. 2019. "Do Adults Draw Differently-Sized Meals on Larger or Smaller Plates? Examining Plate Size in a Community Sample." *Food Quality & Preference*. 74(June):72-77. PMID: PMC6818718

Wethington, Elaine, Christopher Eccleston, Geri Gay, Rachael Goberman-Hill, Patricia Schofield, Liz Bacon, Wen Dombrowski, Robert Jamison, Max Rothman, Lauren Meador, Cara Kenien, Karl Pillemer, Corinna Loeckenhoff, and M. Carrington Reid. 2018. "Establishing a Research Agenda on Mobile Health Technologies and Later-Life Pain Using an Evidence-Based Consensus Conference Approach." *Journal of Pain*. 19(12):1416-1423. PMID: PMC6289607

Agrawal, Tara, Tracy J. Farrell, Elaine Wethington, and Carol M. Devine. 2018. "Doing Our Best to Keep a Routine: Examining How Low-Income Mothers Manage Child Feeding With Unpredictable Work and Family Schedules." *Appetite* 120C:57-66. Doi:10.1016/j.appet.2017.08.10.

Adams, Philip, Elizabeth L. Murnane, Michael Effenbein, Elaine Wethington, and Geri Gay.

2017. "Supporting the Self-Management of Chronic Pain Conditions with Tailored Momentary Self-Assessments." *Proceedings of the 2017 CHI Conference on Human Factors in Computing*. Denver, CO, May 6-11. PMID: PMC6176683

Yeary, Karen Hye-cheon Kim, Jeffery Sobal, and Elaine Wethington. 2017. "Religion and Body Weight: A Review of Quantitative Studies." *Obesity Reviews* 18(10):1210-1222.

Phillips, Erica G., Mary Charlson, Martin T. Wells, Ginger Winston, Rosio Ramos, Carol M. Devine, Elaine Wethington, Janey Peterson, and Brian Wansink. 2017. "Innovative Approaches to Weight Loss in a High Risk Population: The Small Changes and Lasting Effects (SCALE) Trial." *Obesity* 25(5):833-841. PMID: PMC5404988

Garner, Christine D., Stephanie L. Ratcliff, Lorelei T. Thornburg, Elaine Wethington, Cynthia R. Howard, and Kathleen M. Rasmussen. 2016. "Discontinuity of Breastfeeding Care: 'There's No Captain of the Ship.'" *Breastfeeding Medicine* 11(1):32-9. PMID: PMC4742991

Eldridge, Johanna, Carol M. Devine, Elaine Wethington, Luz Aceves, Erica Phillips-Caesar, Brian Wansink, and Mary Charlson. 2016. "Environmental Influences on Small Eating Behavior Changes to Promote Weight Loss among Black and Hispanic Populations." *Appetite* 96(1):129-37. PMID: PMC4685945

Ong, Anthony, Bert Uchino, and Elaine Wethington. 2016. "Loneliness and Health in Older Adults: A Review and Synthesis." *Gerontology* 62(4):443-9. doi:10.1159/000441651. PMID: PMC6162046

Winston, Ginger J., Erica G. Phillips, Elaine Wethington, Martin Wells, Carol M. Devine, Brian Wansink, Rosio Ramos, Janey Peterson, and Mary Charlson. 2015. "The Relationship between Social Network Body Size and the Body Size Norms of Black and Hispanic Adults." *Preventive Medicine Reports* 2:941-5. PMID: PMC4685945

Winston, Ginger, Erica G. Phillips, Elaine Wethington, Carol M. Devine, Martin T. Wells, Janey C. Peterson, Jessica Hyppolyte, Rosio Ramos, Guillerma Martinez, Johanna Eldridge, and Mary Charlson. 2015. "Social Network Characteristics Associated with Weight Loss among Black and Hispanic Populations." *Obesity* 23:1570-6. PMID: PMC4669882

Phillips-Caesar, Erica, Brian Wansink, Ginger Winston, Carol M. Devine, Bala Kanna, Elaine Wethington, Walid Michelen, Martin T. Wells, James Hollenberg, Janey Peterson, and Mary Charlson. 2015. "Small Changes and Lasting Effects (SCALE) Trial: The Formation of a Weight Loss Behavioral Intervention Using EVOLVE." *Contemporary Clinical Trials* 41:118-28. PMID: PMC449882

Cawley, John, Matthew Sweeney, Jeffery Sobal, Brian Wansink, David R. Just, Elaine Wethington, and William Schulze. 2015. "The Impact of a Supermarket Nutrition Rating System on Purchases of Nutritious and Less Nutritious Foods." *Public Health Nutrition* 18(1):8-14. doi: 10.1017/S1368980014001529.

Loeckenhoff, Corinna E., Seth S. Laucks, Alexander D. Port, Judy Tung, Elaine Wethington, and M. Carrington Reid. 2013. "Temporal Horizons in Pain Management: Understanding the Perspectives of Physicians, Physical Therapists, and Their Middle Aged and Older Adult Patients." *The Gerontologist* 53:850-60. PMID: PMC4375412

Blake, Christine E., Elaine Wethington, Tracy J. Farrell, Carole A. Bisogni, and Carol M. Devine. 2011. "Behavioral Contexts, Food Choice Coping Strategies, and Diet Quality of Employed Parents." *Journal of the American Dietetic Association* 111:401-407. PMID: PMC3418595

Ueki, T., Y. Yamamori, Y. Ishibashi, R. Yoshino, E. Wethington, Q. Wang, and R. Edmondson. 2011. "Comparison of Family Ties in Japan and America: From the Viewpoint of Japanese and American College Students." *Bulletin of the Center for Interdisciplinary Studies of Science and Culture (Kyoritsu Women's University)* 17:101-141.

Sutin, Angelina R., Paul T. Costa, Elaine Wethington, and William W. Eaton. 2010. "Turning Points and Lessons Learned: Stressful Life Events and Personality Trait Development across Middle Adulthood." *Psychology and Aging* 25:524-33.

Sutin, Angelina R., Paul T. Costa, Elaine Wethington, and William W. Eaton. 2010. "Perceptions of Stressful Life Events as Turning Points Are Associated with Self-Rated Health and Psychological Distress." *Anxiety, Stress, & Coping* 23:479-492. PMID: PMC2891226

Ganzel, Barbara, Pamela Morris, and Elaine Wethington. 2010. "Allostasis and the Human Brain: Integrating Models of Stress from the Social and Life Sciences." *Psychological Review* 117:134-174. PMID: PMC2808193

Frongillo, E. A., M. H. Cantor, T. MacMillan, T. D. Issacman, R. Sherrow, M. Henry, E. Wethington, and K. Pillemer. 2010. "Who Are the Recipients of Meals-on-Wheels in New York City?: A Profile Based on a Representative Sample of Meals-on-Wheels Recipients, Part I." *Journal of Long Term Home Health Care/Care Management Journals* 11:19-40. PMID: PMC4138043

Frongillo, E. A., M. H. Cantor, T. MacMillan, T. D. Issacman, R. Sherrow, M. Henry, E. Wethington, and K. Pillemer. 2010. "Who Are the Recipients of Meals-on-Wheels in New York City?: A Profile Based on a Representative Sample of Meals-on-Wheels Recipients, Part II." *Journal of Long Term Home Health Care/Care Management Journals* 11:129-139. PMID: PMC4138042

Frongillo, Edward A., Tanushree D. Isaacman, Claire M. Horan, Elaine Wethington, and Karl Pillemer. 2010. "Adequacy of and Satisfaction with Delivery and Use of Home-Delivered Meals." *Journal of Nutrition for the Elderly* 29:211-226. PMID: PMC4126649

Wethington, Elaine and Wendy L. Johnson-Askew. 2009. "Contributions of the Life Course Perspective to Research on Food Decision-making." *Annals of Behavioral Medicine* 38(Suppl. 1):S74-S80. PMID: PMC3404128

Devine, Carol M., Tracy J. Farrell, Christine E. Blake, Margaret Jastran, Elaine Wethington, and Carole A. Bisogni. 2009. "Work Conditions and Food Choice Coping Strategies of Employed Parents." *Journal of Nutrition Education and Behavior* 41:365-70. PMID: PMC2748817

Blake, Christine E., Carol M. Devine, Elaine Wethington, Margaret Jastran, Tracy J. Farrell, and Carole A. Bisogni. 2009. "Employed Parents' Satisfaction with Food Choice Coping Strategies: Influence of Gender and Household Structure." *Appetite* 52:127-36. PMID: PMC2788984

Sabir, Myra, Elaine Wethington, Risa Breckman, Rhoda Meador, M. Carrington Reid, and Karl Pillemer. 2009. "A Community-Based Participatory Critique of Social Isolation Intervention Research for Community-Dwelling Older Adults." *Journal of Applied Gerontology* 28:218-34. PMID: PMC4142440

Reid, M. Carrington, Maria Papaleontiou, Anthony Ong, Risa Breckman, Elaine Wethington and Karl Pillemer. 2008. "Self-Management Strategies to Reduce Pain and Improve Functions among Older Adults in Community Settings: A Review of the Evidence." *Pain Medicine* 9:409-24. PMID: PMC3407960

Evans, Gary W., Elaine Wethington, Meredith Coleman, Margo Worms, and Edward A. Frongillo. 2008. "Income Health Inequalities among Older Persons: The Mediating Role of Multiple Risk Exposures." *Journal of Aging and Health* 20:107-25.

Ganzel, Barbara, John J. Eckenrode, Pilyoung Kim, Elaine Wethington, Eric Horowitz, and Elise Temple. 2007. "Salivary Cortisol Levels and Mood Vary by Lifetime Trauma Exposure in a Sample of Healthy Women." *Journal of Traumatic Stress* 20:689-99. PMID: PMC2759701

Wethington, Elaine, Risa Breckman, Rhoda Meador, Mark S. Lachs, M. Carrington Reid, Myra Sabir, and Karl Pillemer. 2007. "The CITRA Pilot Studies Program: Mentoring Translational Research." *The Gerontologist* 47:845-50. PMID: PMC3981742

Wethington, Elaine and Karl Pillemer. 2007. "Translating Basic Research into Community Practice: The Cornell Institute for Translational Research on Aging (CITRA)." *Forum on Public Policy Online*. (<http://www.forumonpublicpolicy.com> Winter 2007). PMID: PMC4401078

Jabs, Jennifer, Carol M. Devine, Carole A. Bisogni, Tracy J. Farrell, Margaret Jastran, and Elaine Wethington. 2007. "Trying To Find the Quickest Way: Employed Mothers' Constructions of Time for Food." *Journal of Nutrition Education and Behavior* 39:18-25.

Sabir, Myra, Risa Breckman, Rhoda Meador, Elaine Wethington, M. Carrington Reid, and Karl Pillemer. 2006. "The CITRA Research-Practice Consensus Workshop Model: Exploring a New Method of Research Translation in Aging." *The Gerontologist* 46:833-39. PMID: PMC3981742

Devine, Carol M., Margaret Jastran, Jennifer A. Jabs, Elaine Wethington, Tracy J. Farrell, and Carole A. Bisogni. 2006. "'A Lot of Sacrifices:' Work-Family Spillover and the Food Choice

Coping Strategies of Low Wage Employed Parents.” *Social Science and Medicine* 63:2591-603.  
PMCID: PMC1694441

Wethington, Elaine. 2005. “An Overview of the Life Course Perspective: Implications for Health and Nutrition.” *Journal of Nutrition Education and Behavior* 37:115-20.

Serido, Joyce, David M. Almeida, and Elaine Wethington. 2004. “Chronic Stressors and Daily Hassles: Unique and Interactive Relationships with Psychological Distress.” *Journal of Health and Social Behavior* 45:17-33.

Kim, Karen Hye-cheon, Jeffrey Sobal, and Elaine Wethington. 2003. “Religion and Body Weight.” *International Journal of Obesity* 27:469-77.

Pillemer, Karl, J. Jill Suitor, and Elaine Wethington. 2003. “Integrating Theory, Basic Research, and Intervention: Examples from Caregiving Research.” *The Gerontologist* 43:19-28.

Almeida, David M., Katherine A. McGonagle, Rodney C. Cate, Ronald C. Kessler, and Elaine Wethington. 2003. “Psychological Modifiers of Emotional Reactivity to Marital Arguments: Results from a Daily Diary Study.” *Marriage and Family Review* 34:89-113. (Co-published in R.A. Fabes, Ed., *Emotions and the Family*, Haworth Press, 2002).

Almeida, David M., Elaine Wethington, and Ronald C. Kessler. 2002. “The Daily Inventory of Stressful Events (DISE): An Interview-Based Approach for Measuring Daily Stressors.” *Assessment* 9:41-55.

Wethington, Elaine. 2002. “The Relationship of Work Turning Points to Perceptions of Psychological Growth and Change.” *Advances in Life Course Research: New Frontiers in Socialization* 7:111-31.

Almeida, David M., Elaine Wethington, and Daniel McDonald. 2001. “Daily Variation in Paternal Engagement and Negative Mood: Implications for Emotionally Supportive and Conflictual Interactions.” *Journal of Marriage and the Family* 63:417-29.

Wethington, Elaine. 2000. “Expecting Stress: Americans and the ‘Midlife Crisis’.” *Motivation and Emotion*, 24:85-103.

Wethington, Elaine. 2000. “Contagion of Stress.” *Advances in Group Processes* 17:227-51.

Almeida, David M., Elaine Wethington, and Amy Chandler. 1999. "Daily Transmission of Tensions between Marital Dyads and Parent-Child Dyads." *Journal of Marriage and the Family* 61:49-61.

Smith, Maureen, Elaine Wethington, and Qin Zhan. 1996. "Self-Concept Clarity and Preferred Coping Styles." *Journal of Personality* 64:407-34.

Moen, Phyllis and Elaine Wethington. 1992. "The Concept of Family Adaptive Strategies."

*Annual Review of Sociology* 18:233-51.

Kessler, Ronald C. and Elaine Wethington. 1991. "The Reliability of Life Event Reports in a Community Survey." *Psychological Medicine* 21:723-38.

Lenzenweger, Mark F., Robert H. Dworkin, and Elaine Wethington. 1991. "Examining the Underlying Structure of Schizophrenic Phenomenology: Evidence for a Three Process Model." *Schizophrenia Bulletin* 17:515-24.

Mattlin, Jay, Elaine Wethington, and Ronald C. Kessler. 1990. "Situational Determinants of Coping and Coping Effectiveness." *Journal of Health and Social Behavior* 31:103-22.

Wethington, Elaine and Ronald C. Kessler. 1989. "Employment, Parenting Responsibility, and Psychological Distress: A Longitudinal Study of Married Women." *Journal of Family Issues* 10:527-46.

Bolger, Niall, Anita DeLongis, Ronald C. Kessler, and Elaine Wethington. 1989. "The Contagion of Stress across Multiple Roles." *Journal of Marriage and the Family* 51:175-83.

Lenzenweger, Mark F., Robert H. Dworkin, and Elaine Wethington. 1989. "Models of Positive and Negative Symptoms in Schizophrenia: An Empirical Evaluation of Latent Structures." *Journal of Abnormal Psychology* 98:62-70.

Wethington, Elaine and Ronald C. Kessler. 1986. "Perceived Support, Received Support, and Adjustment to Stressful Life Events." *Journal of Health and Social Behavior* 27:78-89.

Depner, Charlene E., Elaine Wethington, and Berit Ingersoll-Dayton. 1984. "Social Support: Methodological Issues in Design and Measurement." *Journal of Social Issues* 40:37-54.

*Book chapters:*

Wethington, Elaine, Karl Pillemer and Andrea Principi. 2016. "Research in Social Gerontology: Social Exclusion of Aging Adults." In *Social Exclusion: Psychological Approaches to Understanding and Reducing Its Impact*, edited by P. Riva and J. Eck. New York: Springer.

Wethington, Elaine, Karen Glanz, and Marc D. Schwartz. 2015. "Stress, Coping and Health Behavior." Pp. 223-242 in *Health Behavior: Theory, Research, and Practice*, 5<sup>th</sup> edition, edited by K. Glanz, B. K. Rimer, and K. Viswanath. San Francisco, CA: John Wiley & Sons.

Williams, Wendy M., Susan M. Barnett, and Elaine Wethington. 2015. "What Women in Science Need to Know about Work-life Balance." Pp. 391-411 in *Success Strategies of Women in Science: A Portable Mentor*, edited by P. Pritchard. Dordrecht, NE: Elsevier.

Wethington, Elaine and Louis D. Burgio. 2015. "Translational Research on Caregiving: Missing Links in the Translation Process." In *Family Caregiving in the New Normal: Meeting Future Challenges*, edited by J. Gaugler and R. L. Kane. Dordrecht, NE: Elsevier.



Wethington, Elaine and Karl Pillemer. 2014. "Social Isolation among Older Adults." Pp. 242-59 in *Handbook of Solitude: Psychological Perspectives on Social Isolation, Social Withdrawal, and Being Alone*, edited by R. J. Coplan and J. Bowker. Malden, MA: Wiley-Blackwell.

Wethington, Elaine, Helena Herman, and Karl Pillemer. 2012. "Introduction: Translational Research in the Social and Behavioral Sciences." Pp. 3-19 in *Research for the Public Good: Applying the Methods of Translational Research to Improve Human Health and Well Being*, edited by E. Wethington and R. E. Dunifon. Washington, DC: American Psychological Association Press.

Wethington, Elaine, Karl Pillemer, and Rhoda Meador. 2012. "Community-Researcher Partnerships in Aging: The Cornell Institute for Translational Research on Aging." Pp. 169-190 in *Research for the Public Good: Applying the Methods of Translational Research to Improve Human Health and Well Being*, edited by E. Wethington and R. E. Dunifon. Washington, DC: American Psychological Association Press.

Dunifon, Rachel E. and Elaine Wethington. 2012. "Conclusion." Pp. 191-98 in *Research for the Public Good: Applying the Methods of Translational Research to Improve Human Health and Well Being*, edited by E. Wethington and R. E. Dunifon. Washington, DC: American Psychological Association Press.

Anderson, Barbara, Elaine Wethington, and Thomas W. Kamarck. 2010. "Interview Assessment of Stressor Exposure." Pp. 565-82 in *Handbook of Stress Science: Biology, Psychology, and Health*, edited by R. Contrada and A. Baum. New York: Springer.

Kamarck, Thomas W., Saul Shiffman and Elaine Wethington. 2010. "Measuring Psychosocial Stress Using Ecological Momentary Assessment." Pp. 597-618 in *Handbook of Stress Science: Biology, Psychology, and Health*, edited by R. Contrada and A. Baum. New York: Springer.

Lichter, Daniel T. and Elaine Wethington. 2009. "Chaos and the Diverging Fortunes of American Children." Pp. 15-32 in *Chaos in Children's Lives*, edited by G. W. Evans and T. Wachs. Washington, DC: American Psychological Association.

Wethington, Elaine and David M. Almeida. 2009. "Assessment of Stressor Exposure Using Telephone Diaries: The Daily Inventory of Stressful Events." Pp. 87-107 in *Calendar and Time Diary Methods in Life Course Research*, edited by R. Belli, F. P. Stafford, and D. F. Alwin. Thousand Oaks, CA: Sage.

Wethington, Elaine and Claire M. Kamp Dush. 2007. "Parents' Assessments of Relationship Quality with Offspring in Midlife: Intact and Blended Families." Pp. 123-52 in *Advances in Life Course Research: Interpersonal Relations across the Life Course* (Vol. 12, 2007), edited by T. J. Owens and J. J. Suitor. New York: Elsevier.

Wethington, Elaine. 2006. "The Sociology of Mental Health." Pp. 286-94 in *21<sup>st</sup> Century Sociology: A Reference Handbook*, Vol. 2, edited by C. D. Bryant and D. L. Peck. Thousand

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Wethington, Elaine, Joy Pixley, and Alison Kavey. 2003. "Turning Points in Work Careers." Pp. 168-82 in P. Moen (Ed.), *It's About Time: Couples and Careers*. Ithaca, NY: Cornell University Press.

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- Moen, Phyllis, Karl Pillemer, Elaine Wethington, Nina Glasgow, and Galen Vesey. 2000. "Closing Thoughts and Future Directions." Pp. 287-304 in K. A. Pillemer, P. Moen, E. Wethington, and N. Glasgow (Eds.), *Social Integration in the Second Half of Life*. Baltimore, MD: Johns Hopkins University Press.
- Moen, Phyllis and Elaine Wethington. 1999. "Midlife Development in a Life Course Context." Pp. 3-23 in S. L. Willis and J. D. Reid (eds.), *Life in the Middle: Development in the Third Quarter of Life*. New York: Academic.
- Wethington, Elaine. 1997. "The Structured Life Event Inventory." Pp. 391-405 in C. Zalaquett and R. Wood (Eds.), *Evaluating Stress: A Book of Resources*. Scarecrow/University Press.
- Wethington, Elaine, Hope Cooper, and Carolyn Holmes. 1997. "Turning Points in Midlife." Pp. 215-31 in I. Gotlib and B. Wheaton (Eds.), *Stress and Adversity across the Life Course: Trajectories and Turning Points*. New York: Cambridge University Press.
- Wethington, Elaine, George W. Brown, and Ronald C. Kessler. 1995. "Interview Measurement of Stressful Life Events." Pp. 59-79 in S. Cohen, R.C. Kessler, and L. Gordon (Eds.), *Measuring Stress: A Guide for Health and Social Scientists*. New York: Oxford University Press.
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- Wethington, Elaine and Ronald C. Kessler. 1993. "Neglected Methodological Issues in Employment Stress." Pp. 269-95 in B. Long and S. Kahn (Eds.), *Women, Work and Coping: A Multidisciplinary Approach to Workplace Stress*. Montreal: McGill-Queens.
- Wethington, Elaine and Ronald C. Kessler. 1991. "Situations and Processes of Coping." Pp. 13-29 in J. Eckenrode (Ed.), *The Social Context of Coping*. New York: Plenum.
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- Wethington, Elaine, Jane D. McLeod, and Ronald C. Kessler. 1987. "The Importance of Life Events for Explaining the Gender Difference in Psychological Distress." Pp. 144-56 in R.C. Barnett, L. Biener, and G.K. Baruch (Eds.), *Gender and Stress*. New York: The Free Press.
- Kahn, Robert L., Elaine Wethington, and Berit Ingersoll-Dayton. 1987. "Social Networks:

Determinants and Effects." Pp. 139-65 in R. Abeles (Ed.), *Life-Span Perspectives and Social Psychology*. Hillsdale, NJ: Lawrence Erlbaum Associates.

Kessler, Ronald C., Jane D. McLeod, and Elaine Wethington. 1985. "The Costs of Caring: A Perspective on the Relationship between Sex and Psychological Distress." Pp. 491-506 in I. Sarason and B. Sarason (Eds.), *Social Support: Theory, Research, and Applications*. Dordrecht: Martinus Nijhoff.

*Essays, short reviews, and preliminary reports:*

Wethington, Elaine. 2016. "Life Events Scale." In G. Fink (Ed.), *Stress Concepts and Cognition, Emotion, and Behavior*. San Diego, CA: Academic Press/Elsevier.

Wethington, Elaine and Meghan McDarby. 2016. "Interview Methods: Structured, Semi-structured, and Unstructured." In *The Encyclopedia of Adulthood and Aging*, edited by S. Whitbourne. Oxford, UK: Wiley-Blackwell. Published online Dec. 20, 2015.

Wethington, Elaine. 2015. "Translational Sociology." In *Emerging Trends in the Social and Behavioral Sciences*, edited by R. A. Scott and S. M. Kosslyn. Oxford, UK: Wiley-Blackwell.

Wethington, Elaine, Sara M. Hachey, and Sarah F. Rosenblum. 2014. "Stress: Conceptualization in Medicine and the Social Sciences." In *The Wiley-Blackwell Encyclopedia of Health, Illness, and Society*, edited by W. Cockerham, R. Dingwall and S. R. Quah. Oxford, UK: Wiley-Blackwell.

Wansink, Brian, Andrew Hanks, David Just, John Cawley, Jeffery Sobal, Elaine Wethington, William Schulze, and Harry Kaiser. 2012. "From Coke to Coors: A Field Study of a Fat Tax and Its Unintended Consequences." *Social Science Research Network* (on-line publication), May 26.

Filiberto, David, Elaine Wethington, Karl Pillemer, Nancy M. Wells, Mark W. Wysocki and Jennifer T. Parise. 2010. "Older People and Climate Change: Vulnerability and Health Effects." *Generations* 33(4): 19-25.

Wethington, Elaine. 2009. "Job Stress, Relationship Effects." In *Handbook of Human Relationships*, edited by H. Reis and S. Sprecher. Thousand Oaks, CA: Sage.

Ong, Anthony D., M. Carrington Reid, Elaine Wethington, Karl Pillemer, and Charlotte G. Aronin. 2009. "Resilience and Vulnerability to Chronic Pain: Methodological and Conceptual Issues." *Journal of Dementia and Mental Health Care of Older People* 13:24-25.

Wethington, Elaine. 2007. "Life Events Scale." Pp. 603-607 in G. Fink (Ed.), *The Encyclopedia of Stress*, Vol. 2, 2<sup>nd</sup> edition. Oxford: Academic Press/Elsevier.

Wethington, Elaine. 2006. "The Midlife Crisis." In J. Greenhaus and G. Callahan (Eds.), *Encyclopedia of Career Development*. London: Sage Publications.

Wethington, Elaine. 2002. "Life Events." Pp. 561-64 in R. Fernandez-Ballesteros (Ed.), *The Encyclopedia of Psychological Assessment*, Vol. 1. London: Sage Publications.

Wethington, Elaine. 2000. "Life Stories: Integrating Quantitative and Qualitative Approaches. Introduction to a Special Issue." *Motivation and Emotion* 24:63-6.

Wethington, Elaine. 2000. "Life Events Scale." Pp. 618-22 in G. Fink (Ed.), *Encyclopedia of Stress*. New York: Academic.

Wethington, Elaine. 2000. "Cary L. Cooper, ed., Theories of Organizational Stress." *Administrative Science Quarterly* 45:640-42.

Wethington, Elaine and Jennifer Nolan. 2000. "Social Roles in Mental Disorder." Pp. 418-20 in C. Bryant (Ed.), *Encyclopedia of Criminology and Deviant Behavior*, vol. 4. London: Taylor and Francis.

### **Papers under Development**

Fennell, Gilian, Elaine Wethington, M. Carrington Reid, Erica Sluys, Kelsey Donovan, Valeria Cardenas, Elizabeth Zelinski and Susan Enguíanos. "Age Differences in the Use and Effectiveness of Emotion-Focused Coping Strategies among Adults with Chronic Pain: A Scoping Review." (In development).

Talal, Andrew, Arpan Dharia, Shashi N Kapadia, Gia L Tyson, Susan E Birch, Judy Zerzan-Thul, Donna L Sullivan, Elizabeth Britton, Elaine Wethington, Christopher J Gonzalez, Mary Fliss, Brandon Mizroth, Frederic McCall, Martin F Shapiro, and Ricardo Franco. "State Hepatitis C Virus Elimination Projects Provide a Roadmap for National Elimination." (In development).

Camacho, David, Charles Henderson, M. Carrington Reid, and Elaine Wethington. "Loneliness and Changes in Global Cognitive Functioning: A Study of Racially and Ethnically Diverse Older U.S. Adults." (In development).

Camacho, David, Kelly Pacheco, Todd Becker, M. Carrington Reid, and Elaine Wethington. "Loneliness in Community-Dwelling US Older Latinx Adults."

Cammarata, Celine, Elaine Wethington, Adam K. Anderson, and Eve De Rosa. "Older Adults' Views on Training Tools to Prevent Cognitive Decline." (Under review.)

### **Grants and Contracts**

Senior Researcher, 12/15/2021-12/14/2024, *SocioMed – Millenium Nucleus on Sociomedicine* (National Agency of Research and Development, Chilean Ministry of Science, Technology, Knowledge, and Innovation, PI: E. Calvo, Universidad Major, Santiago, Chile)

Co-investigator, 2020-2021, *State-level COVID-19 Policies: Economics, Equity and Health*. (Cornell Center for the Social Sciences Small Grant Program, PI: M. Warner).

Advisor, 2020-2021, *China, Aging, and the COVID-19 Response*. (Cornell East Asia Program Grant Award, PI: M. Warner)

Co-investigator and Site Leader, 2020-2024, *Disparities in the Diffusion of Direct-acting Antiviral Therapy for Hepatitis C among Baby Boomers: A Mixed-Methods Study*. (National Institute on Diabetes & Digestive & Kidney Disorders. PI: Martin Shapiro. R01 DK123205.

Principal Investigator (MPI), Co-Director, and Director of Pilot Study Core, 2019-2024. *Improving the Management of Pain in Later Life III* (National Institute on Aging; an Edward R. Roybal Center for Translational Research on Aging) 5 P30 AG022845

Co-mentor, 2019-2024, *Sibling Relations in the Context of Dementia Parental Care: Implications for Health and Well-Being* (National Institute on Aging, PI: Megan Gilligan, 1K01AG061260)

Co-investigator, 5/15/2019-5/14/2023, *Age-Friendly Rural Communities: Linking Economy, Planning, Services, and Health*, PI: M. Warner (National Institute for Food and Agriculture, USDA)

Co-investigator/Program faculty, 2017-2022, *The Weill Cornell Alacrity Center*. PI: G. Alexopoulos (National Institute on Mental Health).

Program Faculty Mentor, 2016-2025, *The Weill Cornell Medical College Research Training Program in Behavioral Geriatrics*. PI: H. Prigerson and M.C. Reid (National Institute on Aging; Ruth Kirschstein National Research Service (NRSA) Institutional Training Award)

Co-mentor, 12/2016 – 11/2021, *Early Interpersonal Adversity and Neural Predisposition to Chronic Pain*. PI: A. Landa, Columbia University Medical Center; (National Institutes of Health K23 AG054735)

Co-investigator, 2016-2017, *Cornell Roybal Center Aging ePainCare Consensus Conference*. PI: M. Carrington Reid. (National Institute on Aging R13 AG053044-01)

Co-investigator, 2016-2018, *Program for Research on Youth Development and Evaluation* (Morgan Foundation)

Principal Investigator, 2015-2017, *Marriage and Re-partnering in the Second Half of Life II*. (Cornell Institute for the Social Sciences)

Principal Investigator (MPI), Co-Director, and Director of Pilot Study Core, 2014-2019. *Improving the Management of Pain in Later Life II* (National Institute on Aging; an Edward R. Roybal Center for Translational Research on Aging)

Principal Investigator, 2014-2015, *Marriage and Re-partnering in the Second Half of Life*. (Cornell Institute for the Social Sciences.)

Collaborator, *Research and Policy to Promote Active Aging: An International Collaboration*. 2014. (Cornell Einaudi Center).

Co-Project Director, 2013-2016, *Parental Stressors and Child Feeding Strategies with Implications for Child Weight Status* (USDA-Hatch; Smith-Lever)

Co-sponsor (PI: Sera Young, Cornell University), *Health Consequences of Food & Nutritional Insecurity for HIV+ Women and Their Infants* (National Institutes of Health 5K01 MH098902)

Co-Principal investigator and Director of Pilot Study Core, 2009-2014. *Improving the Management of Pain in Later Life*. (National Institute on Aging; Edward R. Roybal Center for Translational Research on Aging)

Co-Principal investigator, 2009-2014. *SCALE: Small Changes and Lasting Effects*. (National Heart Lung and Blood Institute.)

Co-investigator, 2011-2013, *Novel Measures of Psychosocial Stress: Validation in an Ongoing Cohort Study* (National Heart Lung and Blood Institute)

Consultant and Community Partnership Advisor, 2011-2012. *Building Sustainable Capacity in Chronic Disease Prevention and Maintenance: A Community-Based Participatory Governance Structure Development and Planning Project*. Fan Fox and Leslie R. Samuels Foundation. (Through CUNY Hunter School of Public Health, P.I. M. Fahs)

Co-investigator, 2010-2012, *Research-Community Partnerships to Reduce Risk-Taking in Adolescence*. (Federal Formula Funds)

Principal investigator, 2009-2010, *The Second Biennial Urie Bronfenbrenner Conference: Improving the State of Americans*. (Institute for the Social Sciences Seed Grant Program.)

Co-investigator, 2009-2011, *Nudging Nutrition: Setting Healthier Defaults in Supermarkets and Homes*. (National Institutes of Health, ARRA Challenge Program)

Co-investigator, 2009, *Adaptive Cognitive Behavior Therapy (CBT) for Community Dwelling Older Adults*. (Weill Cornell Clinical and Translational Science Center.)

Co-investigator, 2007-2011, *Psychosocial Stress Exposure: Real-time and Structured Interview Technologies*, (National Institutes of Drug Abuse/Gene-Environment Interaction Initiative).

Co-Principal investigator, 2007-2009, *New York City Interdisciplinary Geriatric Research Center*. (RAND/Hartford Foundation.)

Co-investigator, 2007-2008, *Chronic Pain, Stress and Resilience in Later Adulthood*, Institute for the Social Sciences Grant Program, Cornell University.

Co-investigator, 2004-2008, *Work-Family Integration and Diets of Multi-Ethnic Adults* (National Cancer Institute).

Principal investigator, 2003-2004, *Coding Life Events and Difficulties for the NCS-II* (Subcontract from Harvard University Medical School/National Institutes of Drug Abuse, *Mental Disorders as Risk Factors for Substance Disorders*).

Co-Principal Investigator and Director of Pilot Study Core, 2003-2009, *Cornell Institute for Translational Research on Aging and Social Integration* (National Institutes on Aging, Edward R. Roybal Center).

Co-investigator, 2003-2004, *Use of a Telephone Diary Approach to Investigate the Relationship between Work/Family Spillover and the Diets of Employed Parents* (Bronfenbrenner Life Course Center Innovative Research Proposal Awards, Cornell University).

Co-investigator, 2001-2004. *Mental Disorders as Risk Factors for Substance Disorders (National Comorbidity Study II)*. (National Institutes of Health; National Institutes of Drug Abuse)

Principal Investigator, 2001-2003, *Pathways to Life Quality* (Atlantic Philanthropies).

Principal Investigator, 1998-2003, *Instruments to Assess Social Integration and Isolation* (National Institute on Aging).

Co-Investigator, 1993-2003, *Cornell Gerontology Research Institute* (National Institutes of Aging, Principal Investigators Karl Pillemer and Phyllis Moen) (Co-Director, 2002-2003)

IPA (Intergovernmental Personnel Agreement), 1997-2001, *Life Events and Stress among African-American Women*. (Centers for Disease Control and Prevention)

Principal Investigator, 1996-1998, *A Comparison of Marital Quality in Same-Race and Mixed-Race Couples*. National Science Foundation, Dissertation Award in Sociology (Student: Anna Chan).

Principal Investigator, 1996-1997, *Revision of the Structured Life Events Interview (SLI) and Development of Adolescent SLI* (MacArthur Foundation Research Network on Development and Psychopathology).

Principal Investigator, 1994-1998, *Psychological Experiences -- A Midlife Perspective* (MacArthur Foundation Research Network on Successful Midlife Development).

Principal Investigator and Project Leader, 1994-1998, *Health and Menopause in Poor Rural Women* (USDA Hatch, 321-7451).

Network Associate, 1993-1998, MacArthur Foundation Research Network on Successful Midlife Development.



Principal Investigator, 1993-1995, *Traditional Beliefs and Attitudes Resistant to Seeking Mental Health Assistance in Rural Areas* (Community and Rural Development Institute Research Program Awards, Cornell University, 321-6466).

Principal investigator, 1992-present, *Neighboring and Health in the Community*, Cornell University (Bronfenbrenner Life Course Institute, 321-3301).

Principal investigator, 1988-1993, *Role Stress and Psychological Distress in Rural and Urban Communities*, Cornell University (USDA Hatch, 321-7419).

### **Recent Presentations and Invited Talks**

Camacho, David, Charles Henderson, M. Carrington Reid, and Elaine Wethington. "Loneliness and Changes in Global Cognitive Functioning: A Study of Racially and Ethnically Diverse Older U.S. Adults." Annual Meetings of the Gerontological Society of America, November 13, 2021 (virtual meeting).

Wethington, Elaine. "Human Subjects in Translational Research: A Primer for Investigators." Translational Research Summer Institute, Bronfenbrenner Center for Translational Research, Cornell University, Ithaca, NY, June 27, 2019.

Wethington, Elaine. "Developing Short Measures of Stressors for Use in Clinical Trials and Long-term Longitudinal Studies." Invited seminar, Michigan Center for Contextual Factors in Alzheimer's Disease. Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, MI, April 2, 2019.

Wethington, Elaine. "Measuring Stress and Social Support Factors That May Impact Adherence to and Outcomes in Clinical Trials." Invited talk, Department of Sociology, University of Miami, Miami, FL, March 29, 2019.

Wethington, Elaine. "Impact of Pain and Behavior Change." *Achieving and Sustaining Behavior Change to Benefit Older Adults*. Research Centers Collaborative Network, National Institute on Aging, Bethesda, MD, December 6, 2018.

Wethington, Elaine. Discussant for *Chronic Non-cancer Pain in Older Adults: From Basic Research to Applied Interventions*. Annual Meetings of the Gerontological Society of America, Boston, MA, November 17, 2018.

Wethington, Elaine. "Stress Exposure and Health Inequalities in Midlife and Older Adults." *Deep Wounds: Social Determinants of Health Inequality*. Cornell University, Ithaca, NY, November 8, 2018.

Wethington, Elaine. "Commentary and Discussion." Session on *Emerging Issues in Mental Health*. Annual Meetings of the American Sociological Association, Philadelphia, PA, August 12, 2018.

Wethington, Elaine. "Human Subjects Challenges and Solutions in Translational Research." Translational Research Summer Institute, Bronfenbrenner Center for Translational Research, Cornell University, Ithaca, NY, June 21, 2018.

Wethington, Elaine. "Commentary on 'Living Apart Together, Women, and Family Law' by Cynthia Grant Bowman." Conference of Empirical Legal Studies, Ithaca, NY, October 15, 2017.

Wethington, Elaine. "A Life Course Perspective on Pain Research." *Pain and Aging: Measurement, Mechanisms, and Management* preconference at the IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23, 2017

Wethington, Elaine and Rosario Donoso. "Are People Ever Too Old to Marry? No, According to Most Americans." Poster presentation at the IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23, 2017

Wethington, Elaine. "Race, Ethnicity, Stress Processes and the Life Course: Advances and Gaps to Address." *Lives of Color: Conference on Race, Ethnicity, and the Life Course*, Pennsylvania State University, University Park, PA, June 13, 2017.

Wethington, Elaine. "Engaging Stakeholders in Translational Research: Lessons Learned from the Cornell Institute for Translational Research on Aging." Presentation at *Enhancing Lives through Interdisciplinary Translational Science (EnLITS): An Opportunity for Social-Behavioral-Educational Fields*, University of Nebraska, Lincoln, NE, September 19, 2016.

Agrawal Pedulla, Tara, Tracy J. Farrell, Elaine Wethington, and Carol M. Devine. "'I've Had to Adjust...Dinner is a Little Bit Later.' Examining Work and Family Disruptions on Mothers' Ways of Caring for Children." Work-Family Researchers Network Conference, Washington DC, June 24, 2016.

Wethington, Elaine and Carol M. Devine. "Large and Small Life Events among Overweight and Obese Black and Latino Adults in a Behavior Change Trial." Bronfenbrenner Center for Translational Research, Talks at Twelve, February 22, 2016.

Wethington, Elaine. "What is CBPR?" CTSC Community Research Symposium, Weill Cornell Medicine, December 2, 2015, New York, NY.

Wethington, Elaine. "Chronic Pain, Marital Quality, Social Integration, and Mental Health." Gerontological Society of America, November 20, 2015, Orlando, FL.

Vuorinen, Anna-Lena, Brian Wansink, Marcia Zhou, Erica Phillips-Caesar, Elaine Wethington, Ginger Winston, Rosio Ramos, Martin Wells, and Mary Charlson. "The Impact of Food Insecurity on Attrition and Weight Loss Strategies in a Behavioral Weight Loss Trial." Annual Meeting of the Obesity Society (Obesity Week), November 3, 2015. Los Angeles, CA

Wethington, Elaine. "Reviewing for Medical Sociology and Mental Health Journals." Annual

Meetings of the American Sociological Association, August 25, 2015, Chicago, IL.

Wethington, Elaine. "Managing Pain – Expanding Horizons." Discussion summary at *Advancing Pain Care through Behavioral Change Science & Mobile Health Technologies*, New York, NY, May 1, 2015.

Winston, Ginger, Erica Phillips-Caesar, Elaine Wethington, and Mary Charlson. "Social Networks and Weight Loss: Evidence for Both Positive and Negative Influences." Paper presented at the Society for Behavioral Medicine Annual Meeting, San Antonio, TX, April 24, 2015.

Wethington, Elaine. "Aging and the City." Center for Advanced Study in the Behavioral Sciences/Social Science Research Council 2014 Summit on *The City*, Stanford University, Palo Alto, CA, November 8, 2014.

Wethington, Elaine. "Social Integration and Volunteerism in Older Age: Evidence from the U.S." Conference on Realising Active Ageing in Europe and the U.S.: Trends and Challenges. Ancona, IT, October 2-3, 2014.

Wethington, Elaine. "Stress Theory and Measurement: Its Translation to Research on Health." Symposium in Honor of the Retirement of James S. House, Ann Arbor, MI, June 2, 2014.

Wethington, Elaine. "Engaged Research on Aging: The Cornell Institute for Translational Research on Aging." Social Psychology Laboratory Talk, Department of Psychology, Stanford University, Palo Alto, CA, April 21, 2014.

Ahluwalia, Kavita, Elaine Wethington, Rachel Sherrow, Eileen Mularkey, Mildred Ramirez, Ira Lamster, and M. Carrington Reid. "Using a CBPR Approach to Address Health and Healthcare in Meals-on-Wheels Recipients in NYC." Annual Meeting of the Gerontological Society of America, New Orleans, LA, November 21, 2013.

Ahluwalia, Kavita P., Elaine Wethington, Pathu Sriphanlop, Rachel Sherrow, and M. Carrington Reid. "Addressing Oral Health and Healthcare in Meals-on-Wheels Recipients in NYC." Annual Meeting of the American Public Health Association, Boston, MA, November 4, 2013.

Sherrow, Rachel, Kavita Ahluwalia, M. Carrington Reid, Pathu Sriphanlop, and Elaine Wethington. "Community-academic Partnership to Address Oral Health and Healthcare in Meals-on-Wheels Recipients." Annual Meeting of the American Public Health Association, Boston, MA, November 4, 2013.

Hanks, Andrew, Brian Wansink, David Just, Laura Smith, John Cawley, Harry Kaiser, Jeffery Sobal, Elaine Wethington, and William Schulze. "From Coke to Coors: A Field Study of a Fat Tax and Its Unintended Consequences." Society for Nutrition Education and Behavior Annual Conference, August 2013. (Abstract published in: *Journal of Nutrition Education and Behavior* 45(4) Supplement, S40.)

Hanks, Andrew, Brian Wansink, David Just, Laura Smith, John Cawley, Harry Kaiser, Jeffery Sobal, Elaine Wethington, and William Schulze. "Fat Taxes Versus Vegetable Subsidies: Which Works Best in the Field?" Society for Nutrition Education and Behavior Annual Conference, August 2013. (Abstract published in: *Journal of Nutrition Education and Behavior* 45(4) Supplement, S40.)

Eldridge, Johanna, Carol M. Devine, Luz Aceves, Elaine Wethington, Erica Phillips-Caesar, and Mary E. Charlson. "How Social Relationships Influence Even 'Small' Eating Behavior Changes: Low Income Urban Adults' Experiences in a Pilot Weight Loss Intervention." Annual Meeting of the Experimental Biology Society, Boston, MA, April 2013.

Kamarck, Thomas W., Barbara Anderson, Daniel Siewiorek, Clement Stone, Saul Shiffman, Asim Smalagic, Elaine Wethington, Brian French, and Emily Heineman. "Novel Measurement and Methods for Assessing Psychosocial Stress: Preliminary Findings." Annual Meeting of the Academy for Psychosomatic Medicine, Miami, FL, March 2013.

Wethington, Elaine. Invited Discussant for *Translational Science: Implementing Social-Behavioral Interventions for Elders and Their Caregivers in the "Real World."* Annual Meeting of the Gerontological Society of America, San Diego, CA, November 16, 2012.

Wethington, Elaine. "Life Turning Points, Stressful Life Events and Psychological Health among Older US Adults." Annual Meeting of the Gerontological Society of America, San Diego, CA, November 17, 2012.

Wethington, Elaine and M. Carrington Reid. "Taking Community Action against Pain Disparities: Setting a Community-Informed Research Agenda." Annual Meeting of the American Public Health Association, San Francisco, CA, October 30, 2012.

Invited Discussant, Panel on "Stress Buffering Processes." Annual Meeting of the American Sociological Association, Denver, CO, August 18, 2012.

Wethington, Elaine, Tessa Brennan, Regina Kwon, and M. Carrington Reid. "The Relationship between Loneliness and Characteristics of Chronic Pain in Two National Samples of Americans." International Conference on Social Stress Research, Dublin, IR, June 22, 2012.

Wethington, Elaine and Carol M. Devine. "Work-Family Demands and Adults' Food Choice Coping Strategies in the U.S." Inaugural Meeting of the Work and Family Research Network, New York, NY, June 16, 2012.

Eldridge, Johanna, Carol M. Devine, Luz Aceves, Elaine Wethington, Erica G. Phillips-Caesar, and Mary E. Charlson. "Context Matters for Life Style Changes: Eating Schemas and Experiences in a Small Change Eating Behavior Pilot Weight Loss Intervention." Joint Annual Meetings of the Agriculture, Food and Values Society, Association for the Study of Food and Society, and Society for Anthropology of Food and Nutrition, New York, NY, June 2012.

Eldridge, Johanna, Carol M. Devine, Luz Aceves, Elaine Wethington, Erica G. Phillips-Caesar,

and Mary E. Charlson. "Adoption and Maintenance of Small Eating Behavior Changes: Physical and Social Barriers and Enablers among Low-income Overweight Adults." Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity, Austin TX, May 24, 2012.

Invited Expert Panel Member. "Framework for Isolation in Adults Over 50." AARP Foundation Isolation Impact Team. AARP Foundation, Washington DC, April 16, 2012.

Eldridge, Johanna, Carol M. Devine, Luz Aceves, Elaine Wethington, Erica G. Phillips-Caesar, and Mary E. Charlson. "Adoption and Maintenance of Small Eating Behavior Changes: Physical and Social Barriers and Enablers among Low-income Overweight Adults." Community Nutrition Seminar, Division of Nutritional Sciences, Cornell University, April 5, 2012.

Wethington, Elaine, Tessa Brennan, Regina Kwon, and M. Carrington Reid. "The Relationship between Loneliness and Characteristics of Chronic Pain in a National Sample of Americans." Annual Meeting of the Gerontological Society of America, Boston MA, November 18, 2011.

Wethington, Elaine, Barbara K. Anderson, and Thomas Kamarck. "Reliability and Validity of the Life Events Assessment Profile (LEAP): A New Tool for Stress Research." Annual Meeting of the Gerontological Society of America, Boston MA, November 21, 2011.

Wethington, Elaine. "Loneliness and Health: New Research Directions." Weill Cornell Division of Geriatrics and Gerontology Fellows Seminar, New York, NY, October 20, 2011.

Wethington, Elaine. Discussant of Richard Lucas, "Who Adapts Most? Investigating the Factors that Predict Adaptation to Major Life Events." Cornell Conference on Cross-National Comparative Research, Ithaca, NY, September 8, 2011.

Kamarck, Thomas, Barbara P. Anderson, Saul Shiffman, Clem Stone, Daniel P. Siewiorek, Asim Smailagic, and Elaine Wethington. "Computer-Assisted Technologies for Tracking Exposures to Psychosocial Stress." NIH Gene-Environment Interaction All-Hands Meetings, Durham, NC, April 18, 2011.

Port, A.D., S. S. Laucks, M.C. Reid, J. Tung, E. Wethington, and C. Loeckenhoff. "Age Differences in Pain Management: The Providers' Point of View." Annual Scientific Meeting of the American Geriatrics Society, National Harbor, MD, May 11, 2011.

Loeckenhoff, C.E., S. S. Laucks, A. D. Port, J. Tung, E. Wethington, and M. C. Reid. "Perceived Temporal Trade-offs in Pain Management: Does Age Matter?" Annual Scientific Meeting of the American Geriatrics Society, National Harbor, MD, May 11, 2011.

Phillips-Caesar, Erica, Erida Vazquez, Janey Peterson, Laura W. Falk, Carla Boutin-Foster, Carol Devine, Elaine Wethington, Brian Wansink, and Mary E. Charlson. "Falling off the Wagon: The Need for a Paradigm Shift in Tackling the Obesity Epidemic. Society of General Internal Medicine Meetings, Phoenix, AZ, May 5, 2011. (Abstract published in *Journal of General Internal Medicine* 26:S289-90.)

Smith, Laura F., William D. Schulze, Harry M. Kaiser, David R. Just, Elaine Wethington, Jeffery Sobal, John Cawley, and Brian Wansink. "Subsidies Encourage Healthier Lunch Choices Compared to Taxes." Experimental Biology Society Meetings, Washington DC, March 17, 2011. (Abstract published in *FASEB Journal*, 25:98.8)

Wethington, Elaine, M. Carrington Reid, Rhoda Meador, and Karl Pillemer. "Transdisciplinary Translational Research in Aging: The Cornell-Columbia Edward R. Roybal Center." Annual Meeting of the Gerontological Society of America, New Orleans, LA, November 22, 2010.

Wethington, Elaine, Barbara Anderson, Thomas Kamarck, Emily Heineman, Lucy Lubinski, Teresa Steigerwalt, and Todd Bear. "The Life Events Assessment Profile (LEAP): Development and Psychometric Analysis." International Conference on Social Stress Research, Portsmouth, NH, November 14, 2010

Wethington, Elaine. "Looking Forward in Translational Research: NIH Sees Interdisciplinary Partnership Research as Key." Department of Nutritional Sciences Community Nutrition Seminar, Cornell University, Ithaca, NY, November 1, 2010

Wethington, Elaine. "Translational Research in the Social and Behavioral Sciences: Interdisciplinary Research Partnerships in Gerontology." Annual Meeting of the Association for Applied and Clinical Sociology, St. Louis, MO, October 15, 2010

Wethington, Elaine. "The Constantly Changing Terrain: Institutional Review Board Review of Social Science Research." University of Minnesota RCR Continuing Education Series, Minneapolis, MN, October 6, 2010.

Anderson, Barbara, Elaine Wethington, Thomas Kamarck, Emily Heineman, Lucy Lubinski, Teresa Steigerwalt, and Todd Bear. "The Life Events Assessment Profile (LEAP): Preliminary Psychometric Analysis." Annual Meeting of the American Psychosomatic Society, Portland, OR, April 10, 2010.

Kamarck, Thomas, Barbara Anderson, Daniel Siewiorek, Asim Smailagic, Elaine Wethington, Saul Shiffman, Clem Stone, and Anna Marsland. "Computer-Assisted Technologies for Tracking Exposure to Psychosocial Stress." 3<sup>rd</sup> Annual Grantees Meeting, Exposure Biology Program, NIH Genes, Environment and Health Initiative, Bethesda, MD, January 26, 2010.

Wethington, Elaine, Rhoda Meador, and Karl A. Pillemer. "Innovative Translational Research in Gerontology." Paper presented at the Annual Meeting of the Gerontological Society of America, Atlanta, GA, November 21, 2009.

Wethington, Elaine. "Social Isolation among Recipients of Home-Delivered Meals in a Major Urban Area." Paper presented at the Annual Meeting of the Gerontological Society of America, Atlanta, GA, November 19, 2009.

Program Faculty Member. *The Science of Translation: Can Implementation of Evidence-based Interventions in the Community Also Be "Good Science"?* Pre-conference educational program, Annual Meeting of the Gerontological Society of America, Atlanta, GA, November 18, 2009

Wethington, Elaine and Rachel Dunifon, Organizers and Presiders. *Improving the State of Americans: Prospects for Translational Research in the Social and Behavioral Sciences*, Ithaca, NY, Oct. 21-23, 2009.

Wethington, Elaine, Karl A. Pillemer, and William S. Trochim. "What is Translational Research? A Perspective from the Social and Behavioral Sciences." Paper presented at the 2<sup>nd</sup> Biennial Urie Bronfenbrenner Conference *Improving the State of Americans: Prospects for Translational Research in the Social and Behavioral Sciences*, Ithaca, NY, October 22, 2009.

Hertzog, Sarah M. and Elaine Wethington. "Long-term Health Implications of the Intergenerational Transmission of Divorce." Society for the Study of Human Development, Ann Arbor, MI, October 22, 2009.

Kamarck, Thomas, Barbara Anderson, Saul Shiffman, Todd Bear, Lucy Lubinski, Teresa Steigerwalt, Elaine Wethington, Dan Siewiorek, Asim Smailagic, and Brian French. "New Developments in Real-time and Structured Interview Assessment of Psychosocial Stress." Association for Psychological Science, San Francisco, CA, May 22, 2009.

Brown, T.D., M. S. Lachs, K. Pillemer, C. S. Murtaugh, M. McDonald, E. Wethington, M. C. Reid, and M. P. Pavlou. "Concept Mapping to Create a Research Agenda in Elder Self-Neglect." Meetings of the American Geriatric Society, April 30, 2009. (Abstract published in the *Journal of the American Geriatrics Society* 57:S44.)

Kamarck, Thomas, Barbara Anderson, Elaine Wethington, Saul Shiffman, Daniel Siewiorek, and Asim Smailagic. "Computer-Assisted Technologies for Tracking Exposure to Psychosocial Stress Update." 2<sup>nd</sup> Annual Grantees Meeting, Exposure Biology Program, NIH Genes, Environment and Health Initiative, Bethesda, MD, January 14, 2009.

Wethington, Elaine. "Stress Accumulation across the Life Course: Three Approaches." Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24, 2008.

Wethington, Elaine, Mark Lachs, and Karl Pillemer. "Building Researcher Capacity for Community-Based Research: Lessons Learned and Best Practices." Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24, 2008.

Meador, Rhoda H., Elaine Wethington, M. Carrington Reid, Risa Breckman, and Karl Pillemer. "CITRA Consensus Workshops: An Analysis of Factors Associated with Adoption of Research Recommendations." Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24, 2008.

Reid, M. Carrington, Risa Breckman, Rhoda H. Meador, Elaine Wethington, and Karl Pillemer. "Building Capacity and Enhancing Dissemination Efforts via the CITRA Research-Practitioner

Consensus Workshop Model.” Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24, 2008.

Meador, Rhoda H., Jean Stawski, Lisa Holmes, and Elaine Wethington. “Transitions of Care for Frail Elders: Findings from a Research-Practitioner Consensus Workshop.” Annual Meeting of the Gerontological Society of America, National Harbor, MD, November 24, 2008.

Wethington, Elaine and Karl Pillemer. “Evaluating the Implementation of a Community-Based Research Program Benefitting Older Adults: The Cornell Institute for Translational Research on Aging.” Annual Meetings of the American Public Health Association, San Diego, CA, October 27, 2008.

Kamarck, Thomas, Barbara Anderson, Elaine Wethington, Saul Shiffman, Dan Siewiorek, and Asim Smailagic. “Computer-Assisted Technologies for Tracking Exposure to Psychosocial Stress.” Invited Talk for the National Institutes of Health, Network for Psychosocial Stress and Addictive Substances Network, Washington DC, August 13, 2008.

Wethington, Elaine, Claire M. Kamp-Dush, and Sarah M. Hertzog. “Parental Ambivalence over the Life Course: A 10-Year Longitudinal Study.” Annual Meetings of the American Sociological Association, Boston, MA, August 1, 2008.

Devine, Carol M., Tracy Farrell, Christine Blake, Elaine Wethington, Margaret Jastran, and Carole Bisogni. “Everyday Food Choice Coping Strategies and the Dietary Intake of Employed Parents.” International Society for Behavioral Nutrition and Physical Activity, Banff, Canada, May, 2008.

Hertzog, Sarah M. and Elaine Wethington. “Marital Stress and Psychological Well-being over Time.” International Conference on Social Stress Research, Santa Fe, NM, June 1, 2008.

Wethington, Elaine. “A Primer on Institutional Review Board Review of Community-Based Research.” Invited talk at the Clinical and Translational Science Center of Weill Cornell Medical College, May 22, 2008.

Wethington, Elaine, Karl A. Pillemer and Rhoda Meador. “Developing Capacity for Policy and Practice Relevant Research within and outside Academic Institutions.” *Changing Lives in Ageing Societies: Exploring the Relationships between Ageing Research, Policy, and Practices*. Social Policy and Ageing Research Center, School of Social Work and Social Policy, Trinity College Dublin, IR, May 14, 2008.

Wethington, Elaine. “Contributions of the Life Course Perspective to Research on Family Decision-Making: Social Constraints and Individual Agency.” NIH Conference on *Decision Making in Eating Behavior: Interacting Perspectives from the Individual, Family, and Environment*. National Institutes of Health, Bethesda, MD, April 15, 2008.

Invited Panelist for the *Writing, Authorship, and Publishing Session*, RAND/Hartford Foundation Career Development Institute, Santa Monica, CA, March 18, 2008.



Kamarck, Thomas, Barbara P. Anderson, Saul Shiffman, Dan Siewiorek, Asim Smailagic, and Elaine Wethington. "Computer-assisted Technologies for Tracking Exposure to Psychosocial Stress." Poster presentation for *All Hands Meeting of the Gene-Environment Initiative*. National Institutes of Health, Bethesda, MD, January 24-25, 2008.

Kamarck, Thomas, Barbara P. Anderson, Elaine Wethington, Saul Shiffman, Dan Siewiorek, and Asim Smailagic. "Computer-assisted Technologies for Tracking Exposure to Psychosocial Stress." *Workshop on Measures of Psychosocial Stress*. National Institutes of Health, Bethesda, MD, January 23, 2008.

Wethington, Elaine. Organizer and presider for *Science and Service in Gerontology: Evaluating the Implementation of Community-Based Participatory Research*. Annual meeting of the Gerontological Society of America, San Francisco, CA, November 19, 2007.

Pillemer, Karl, Marcia Ory, Debra Goldman, Elaine Wethington, and Ethan Haymowitz. "Translational Research in Community-Based Partnerships." Annual meeting of the Gerontological Society of America, San Francisco, CA, November 19, 2007.

Wethington, Elaine, M.Carrington Reid, and Karl Pillemer. "Does Community-Based Participatory Research Result in Value-Added?" Annual meeting of the Gerontological Society of America, San Francisco, CA, November 19, 2007.

Breckman, Risa, Elaine Wethington, Karl Pillemer, Rhoda Meador, Myra Sabir, and M. Carrington Reid. "Understanding Investigator-Community Partnerships to Improve CBPR Research." Annual meeting of the Gerontological Society of America, San Francisco, CA, November 19, 2007.

Reid, M. Carrington, Elaine Wethington, Christopher M. Murtaugh, Margaret V. McDonald, and Janice Foust. "Implementing an Innovative Seminar Series on Community-Based Participatory Research (CBPR) for an Interdisciplinary Audience." Annual meeting of the Gerontological Society of America, San Francisco, CA, November 19, 2007.

Wethington, Elaine. Invited discussant for *Advantages of Daily Diary Approaches for Examining Variability in Stressful Experiences in Adulthood*. Annual meeting of the Gerontological Society of America, San Francisco, CA, November 19, 2007.

Wethington, Elaine, Claire M. Kamp Dush, and Sarah M. Hertzog. "Parental Ambivalence across the Life Course." Annual meeting of the Gerontological Society of America, San Francisco, CA, November 18, 2007.

Lichter, Daniel T. and Elaine Wethington. "Chaos amidst Stability: The Diverging Fortunes of American Children in Historical Perspective." Paper presented at the Urie Bronfenbrenner Conference, *Chaos and Children's Development: Levels of Analysis and Measurement*, Cornell University, Ithaca, NY, October 25, 2007.

Wethington, Elaine and Sarah M. Hertzog. "Meals and Mood: Examining the Relationship between Household Meal Tasks and Daily Mood among Lower-Income Families." Poster presented at the Society for the Study of Human Development, State College, PA, October 19, 2007.

Devine Carol M., Christine Blake, Elaine Wethington, Jennifer Jabs, Margaret Jastran M, Tracy Farrell, and Carole Bisogni. "Seeking Balance and Stability: Gender, Work-family Integration and the Food Choice Coping Strategies of Employed Mothers and Fathers." International Society for Behavioral Nutrition and Physical Activity, Oslo, Norway, July, 2007.

Wethington, Elaine. "Networking -- Some Principles of Career Development in Academia." RAND/Hartford Building Interdisciplinary Geriatric Health Care Research Centers Initiative Career Development Institute. New York, NY, May 17, 2007.

Wethington, Elaine, Risa Breckman, Karl Pillemer, Rhoda Meador, Myra Sabir, and Mark Lachs. "Researcher-Community Partnerships: The CITRA Pilot Studies Program." Annual Meeting of the Gerontological Society of America, Dallas, TX, November 19, 2006.

Pillemer, Karl, Ethan Haymowitz, Igal Jellinek, Rhoda Meador, Risa Breckman, Elaine Wethington, Myra Sabir, and Ron Adelman. "Setting the Agenda for Community Research Partnership: Three Techniques." Annual Meeting of the Gerontological Society of America, Dallas, TX, November 19, 2006.

Sabir, Myra, Risa Breckman, Elaine Wethington, Rhoda Meador, Karl Pillemer, and M. Carrington Reid. "The CITRA Research-Practice Consensus Workshop Model." Annual Meeting of the Gerontological Society of America, Dallas, TX, November 19, 2006.

Wethington, Elaine and Claire M. Kamp Dush. "Fathers' Evaluations of Relationships with Children across the Life Course and Parenting History." Annual Meeting of the Gerontological Society of America, Dallas, TX, November 18, 2006.

Kamp Dush, Claire M., Miles Taylor and Elaine Wethington. "The Life Course of Marriage: After 17 Years, Who Benefits?" National Council on Family Relations Annual Conference, Minneapolis, MN, November 11, 2006.

Wethington, Elaine, Carol Devine, and Carole Bisogni. "Coping with Intractable Chronic Stress: Insights from a Qualitative Study of Work, Family, and Dietary Behavior." International Conference on Social Stress Research, Portsmouth, NH, October 29, 2006.

Wethington, Elaine and Karl Pillemer. "Translating Basic Research into Community Practice: The Cornell Institute for Translational Research on Aging." Oxford Roundtable on Successful Aging, Harris Manchester College, Oxford University, UK, August 7, 2006.

Wethington, Elaine. "Social Isolation in Older People: The State of Intervention Research". Weill Cornell Medical College, Division of Geriatrics, New York, NY, June 22, 2006.

Almeida, David M. and Elaine Wethington. "Assessing Daily Well-being via Telephone Diaries: Lessons Learned from the National Study of Daily Experiences." PSID Workshop on "Using Calendar and Diary Methodologies in Life Events Research," Survey Research Center, The University of Michigan, Ann Arbor, MI, June 16, 2006.

Devine, Carol, Margaret Jastran, Tracy Farrell, Jennifer Jabs, Carole Bisogni and Elaine Wethington. "Hurry Up and Eat: Food Choice Strategies among Low-wage Working Parents." International Society for Behavioral Nutrition and Physical Activity, June, 2006.

Devine, Carol, Margaret Jastran, Tracy Farrell, Jennifer Jabs, Carole Bisogni, and Elaine Wethington. "Work-family Spillover and the Food Choice Strategies of Low Wage Employed Parents." Annual Meeting of the American Public Health Association, Philadelphia, PA, December 10, 2005.

Jabs, Jennifer, Carol Devine, Tracy Farrell, Margaret Jastran, Carole Bisogni, and Elaine Wethington. "Constructions of Time and Food Choices of Low- and Moderate-Income Employed Mothers." Annual Meeting of the American Public Health Association, Philadelphia, PA, December 9, 2005.

Wethington, Elaine. "Gender Differences in Perception of Midlife and 'Midlife Crisis'." Annual Meeting of the Gerontological Society of America, Orlando, FL, November 7, 2005

Wethington, Elaine. "Theoretical Models for the Accumulation of Stressor Exposure across Life." Annual Meeting of the American Sociological Association, Philadelphia, PA, August 15, 2005

Wethington, Elaine. "The Life Course Perspective on Health and Nutrition." Cornell University Obesity Conference, Ithaca, NY, June 7, 2005.

Wethington, Elaine. Invited Discussant, Sloan Program in Health Administration Conference on "Consumers, Information, and the Evolving Health Care Marketplace." Ithaca, NY, April 8, 2005

Wethington Elaine and Joyce Serido, "A Case Review Approach to Coding and Rating Life Events in the National Comorbidity Survey 2." University of Pittsburgh, Pittsburgh Mind-Body Center. Pittsburgh, PA, May 20, 2005.

Wethington, Elaine. "Linking University-Based Researchers to Community Agencies and Advocates: The Cornell Institute for Translational Research on Aging." Eastern Sociological Society, Washington DC, March 18, 2005.

Wethington, Elaine and Joyce Serido, "A Case Approach to Coding and Rating Life Events and Difficulties for Life Course Research." Gerontological Society of America, Washington, DC, November 22, 2004.

Mock, Steven, Elaine Wethington, I. Gabriel, and J. Turnbull. "Optimism, Well-Being, and

Depression in ALS Patients and Their Caregivers.” Gerontological Society of America, Washington, DC November 21, 2004.

Wethington, Elaine and Barbara Ganzel, “Life Adversity and Allostatic Load: Implications for Sociological Theories on Social Stress.” American Sociological Association Annual Meeting, San Francisco, CA. August 14, 2004.

Wethington, Elaine. Course Faculty Member, “Human Research Protections in Sociology and the Social Sciences,” American Sociological Association Annual Meeting, San Francisco, CA. August 13, 2004.

Wethington, Elaine and Joyce Serido. “A Case Approach for Coding and Rating Life Events and Difficulties Using a Standard Survey Interview,” International Conference on Social Stress Research, Montreal, QE, Canada, May 30, 2004.

Wethington, Elaine. “Gender Differences in Turning Points across the Life Course.” Eastern Sociological Society, New York, NY, February 21, 2004.

Wethington, Elaine. “The Reliability of Life History Reports in a Phone Interview,” Gerontological Society of America Annual Meeting, San Diego, CA, November 24, 2003.

Wethington, Elaine. Discussant, Panel on “New Directions in Life Course Research,” Gerontological Society of America, San Diego, CA, November 24, 2003.

Banoo, Baseema, Shelly Campo, Elaine Wethington, and Alice Boyce. “The Influence of Informal Support and Social Participation on Formal Service Use by the Elderly: An Exploratory Analysis,” American Public Health Association, San Francisco, CA, November 18, 2003.

Wethington, Elaine. Roundtable presider, “Construction of Health and Age.” American Sociological Association Annual Meeting, Atlanta, GA, August 19, 2003.

Wethington, Elaine. “The Life Course Perspective on Health,” Plenary Session, Society for Nutrition Education, Philadelphia, PA, July 28.

Wethington, Elaine. “Issues in Human Subjects Protection in Behavioral/Social Research,” Inter-Institute Bioethics Interest Group, National Institutes of Health, Bethesda, MD, May 5, 2003.

Wethington, Elaine. Discussant, Panel on “Family Adaptive Strategies,” Annual Sloan Foundation Meeting on Work and Family, Los Angeles, CA, May 15, 2003

Ganzel, Barbara and Elaine Wethington. “Inside the Black Box: Allostasis and Theories of the Stress Process.” International Conference on Social Stress Research, Portsmouth, NH, May 5, 2002.

Wethington, Elaine. “The Reliability of Life Events Reports – Revisited.” Invited seminar at

Johns Hopkins School of Public Health, Department of Mental Hygiene, March 26, 2002.

### **Recent Public Service Talks and Local Conference Presentations**

Wethington, Elaine. "New Research on Aging Lives: An Opportunity to Promote Social Change." Cornell Association of Professor Emeriti, Ithaca, NY, October 19, 2017.

Wethington, Elaine. "Productive Social Media Use and Youth Development: Implications for Youth Programming." Seventh Annual Youth Development Research Update: *Productive Social Media Use and Youth Development*, Ithaca, NY, June 1, 2017

Wethington, Elaine. "How to Address IRB Issues in Translational Research." BCTR *How to Do Research in Real World Settings Workshop Series*. Cornell University, Ithaca, NY, April 11, 2016.

Wethington, Elaine, panelist. "How to Build Research Relationships with Non-Academic Partners." BCTR *How to Do Research in Real World Settings Workshop Series*. Cornell University, Ithaca, NY, December 6, 2016.

Wethington, Elaine and Natalya Bazarova. "Promoting Productive Social Media Use among 4-H Youth." Sixth Annual Youth Development Research Update, Ithaca, NY, June 2, 2016.

Wethington, Elaine. "Research on Retirement among Academics." Provost's Faculty Development and Diversity Public Service Series, Cornell University, May 5, 2016.

Wethington, Elaine. "Climate Change and the Elderly." Climate Smart & Climate Ready: Protecting and Preparing our Communities. Sustainable Tompkins, Ithaca, NY, April 19, 2013.

Wethington, Elaine. "Managing the Retirement Role Transition." Provost's Faculty Development and Diversity and CU-Advance Lunch Series, Cornell University, April 16, 2013.

Wethington, Elaine. "Incorporating Anti-Plagiarism Software into Teaching Large Courses." Center for Teaching Excellence, March 13, 2013.

Wethington, Elaine. "Social Isolation among Older Adults." Cornell Cooperative Extension Webinar Series, January 29, 2013.

Wethington, Elaine. Panelist for "Translational Research: A New Model for Linking Research and Outreach. Trustees Council Annual Meeting, Ithaca, NY, October 27, 2012.

Wethington, Elaine. "Social Isolation among Older Adults." TRIPLL Research-to-Practice Webinar, June 27, 2012.

Wethington, Elaine. Panel Member, "Strategies to Manage Academic Integrity." Center for Teaching Excellence, Cornell University, Ithaca, NY, October 19, 2011.

Wethington, Elaine. "Taking Local Action: Next Steps for Addressing Pain Disparities in New York City." Conference on Racial and Ethnic Disparities in Pain and Pain Management: Developing Innovative Strategies to Overcome Them. New York, NY, October 12, 2011.

Wethington, Elaine and Rhoda Meador. "Translational Research: Where Do Cornell's Current Outreach and Extension Efforts Fit into the Models?" Family Life Development Center, Cornell University, Ithaca, NY, February 11, 2010.

David Filiberto, Nancy Wells, Elaine Wethington, Karl Pillemer, and Mark Wysocki, "Climate Change, Vulnerability, and Health Effects: Implications for the Older Population," Cornell Conference on Aging and the Environment, Ithaca, NY, July 23, 2009.

Panel member, *Teaching and Advising Strategies*. Cornell University ADVANCE Assistant Professor Retreat, May 18, 2009.

Panel member, "The Cornell Institute for Translational Research on Aging," *Sick in America: Translational Medicine*, Cornell University, Ithaca, NY, April 22, 2009

Co-organizer and moderator, *Promoting Health and Wellness in Diverse Home & Community Settings*, New York, NY, November 18, 2008.

Panel participant, *Children and Chaos*, Nation-wide Satellite Conference, Cornell Cooperative Extension, June 17, 2008.

"Adding It All Up: Your Life's Mission and Legacy," Class of 1973 Reunion Class Forum, June 6, 2008.

"CITRA: Evaluating the Achievements of Five Years of Community-Partnered Research," Human Development Research Update, Cornell Cooperative Extension, May 29, 2008.

"It All Adds Up," President's Council of Cornell Women, Cornell University, March 7, 2008.

Research Panelist, *Transitions of Care for Frail Elders*, CITRA Research-Practitioner Consensus Conference, Ithaca, NY, February 28, 2008.

Reid, M. Carrington and Elaine Wethington. "Improving Home Care Facilities through Participatory Research." Paper presented at the Beatrice Redfield Nursing Research Program Grand Rounds, Visiting Nurse Service of New York City, October 24, 2007.

Wethington, Elaine. "New Research in the Cornell Gerontology Research Institute," Trustees and Advisory Councils Meetings, Cornell University, Ithaca, NY, October 18, 2003.

### **Other Research Activities**

Team Member, *Intimacy as We Age/Marriage 50+* project development team, the Center for Advanced Study in the Behavioral Sciences, Stanford University, 2014-2018

Founding Member, New York City Health and Aging Community Research Network, 2012.

Consultant, 2009-2014, Community Engagement Core, Comprehensive Center of Excellence in Health Disparities (CEDREC), Weill Cornell Medical College.

Consultant, Measurement Core, University of Pittsburgh Mind-Body Center, 2004 – 2009.

Faculty Associate, 2004-2006, *The Evolving Family: Family Processes, Contexts, and the Life Course of Children*, Institute for the Social Sciences, Cornell University.

Consultant, *National Study of Midlife (MIDUS II)*, Project 3, the University of Wisconsin.

### **Professional Activities**

#### *Memberships:*

American Sociological Association, Gerontological Society of America, American Association for the Advancement of Science

#### *Editorial Duties:*

Editor-in-Chief, *Society and Mental Health*, 2014-2018 (the official journal of the American Sociological Association Sociology of Mental Health Section)

Editorial Board, *Journal of Health and Social Behavior*, 1992 – 1995

Editorial Board, *Social Psychology Quarterly*, 1998-2001

Editorial Board, *Journal of Health and Social Behavior*, 2002-2005

Editorial Board, *Journals of Gerontology: Social Sciences*, 2008-2014

Editorial Board, *Journal of Health and Social Behavior*, 2011-2013

Editorial Board, *Society and Mental Health*, 2013-2015

Editorial Board, *Journal of Adult Development*, 2019-

#### *Leadership in Professional Organizations:*

Chair, Awards Committee, Sociology of Mental Health Section, American Sociological Association, 2020-2022

Member, Nominations and Elections Committee, Section K, American Association for the Advancement of Science, 2018-2020 (Chair, 2019 & 2020)

Advisory Board, Commission on the Accreditation of Programs in Applied and Clinical Sociology (CAPACS), 2012-present (Board Secretary, 2016-present)

Joint Session Organizer, Sociology of Mental Health and Social Psychology Sections, American Sociological Association, 2011-2012

Chair, Awards Committee, Sociology of Mental Health Section, American Sociological Association, 2010-2012

Co-Chair, Professional Development Committee, Social Psychology Section, American Sociological Association, 2011

Member-at-Large, Behavioral and Social Sciences Section Council, Gerontological Society of America, 2012-2014

*Committee Participation:*

Chair, Health Literacy Study Section, Center for Scientific Review, National Institutes of Health, 2015-2016

Chair, Education and Health: New Frontiers Study Section, Center for Scientific Review, National Institutes of Health, 2016-2017

Member, Behavioral and Social Sciences Program Committee, Gerontological Society of America, 2013-2014; 2015-2016; 2016-2017

Member, Obesity-Related Behavioral Intervention Trials (ORBIT) Working Groups, National Cancer Institute (Co-chair, Common Measures Committee; Chair, Psychosocial Measures Working Group; Member, Stress Assessment Group), 2010-2012

Member, Distinguished Scholarly Contribution Award, American Sociological Association, 1998-2000. (Chair, 2001 award)

Member, Nominations Committee, Gerontological Society of America, Behavioral and Social Sciences, 2006-2008, 2012-2013

Member, Outstanding Publication Award Committee, American Sociological Association, Section on Aging and the Life Course, 2007-2008

Reviewer, Center for Scientific Review, National Institutes of Health: ZRG1 HOP-U (29) (L), 2005-2010 (Fellowships); ZRG F16-Z, 2008-2012 (Diversity Fellowships); ZRG1 F11-B (20), 2008-2009 (Fellowships to Promote Diversity); ZRG1 RPHB-B (50), 2008-2013 (co-chair, 2012) (Fellowships in Health and Health Care Policy); HOSD M, 2008 (Health Services) ; ZRG1 HOPL – 90(S) 2008 (Health Services); ZRG1 BBBP-J-29, 2009 (Social Science Methodology); ZRG1 PSE-C (04) M, 2010; ZRG1 NCSV, 2012-2013, 2016-2017 (Nursing and Clinical Sciences) ; ZRG1 HDM-X (56), 2012-2016 (Understanding Health Literacy); ZCA1-SRLB-Y (02) S, 2013 (Feasibility Studies to Build Collaborative Partnerships in Clinical Research); ZRG1 HDM-X (8) A, 2013-2015 (Academic Research Enhancement Awards); ZRG1 HDM-Y (59), 2017 (Education and Health: New Frontiers); ZRG1 HDM-V (90) S, Palliative Care; ZRG1 BBBP-J (55) R, 2017-2019 Methodology and Measurement in the Behavioral and Social Sciences; Clinical Management of Patients in Community-based Settings 2019/01 CMPC, 2018; Mobile Health: Technological Outcomes in Low and Middle Income Countries, 2019

Ad hoc Journal Review Service (last 15 years):

*American Sociological Review, American Journal of Sociology, Journal of Health and Social Behavior, Society and Mental Health, Social Problems, Social Psychology Quarterly, British Journal of Sociology, Social Science Research, PlosONE, Journal of Personality and Social Psychology, Psychological Science, Current Directions in Psychological Science, Developmental Psychology, Journal of Consulting and Clinical Psychology, BMC Psychiatry, Psychiatric Research, Health Psychology, Psychology and Aging, Journal of Gerontology: Social Sciences, Journal of Gerontology: Psychological Sciences, The Gerontologist, Journal of Aging and Health, Research on Aging, Research on Human Development, Gerontology, European Journal of Aging, BMC-Geriatrics, Innovations in Aging, Advances in Life Course Research, Journal of Marriage and Family, Journal of Family Issues, Family Relations, Psychosomatic Medicine, Pain Medicine, Academic Medicine, Progress in Community Health Partnerships: Research, Education, and Action, Journal of Men's Health, DuBois Review, Journal of Epidemiology and Community Health, Health and Place, Critical Public Health,*



*Health Behavior and Education, Hormone Research in Paediatrics, Nature: Human Behaviour, Obesity Reviews*

Abstract Reviewer, Gerontological Society of America annual meetings, 2014-2017

**Professional workshops**

Stanford University Workshop on Communicating Science, Jan. 15-18, 2014 (Alan Alda Center for Communicating Science)

Center for Advanced Study in the Behavioral Sciences, Scientific Integrity Working Group, 2013-2014

Center for Advanced Study in the Behavioral Sciences, Mobile Sensor Technology Working Group, 2013-2014

**Teaching: Undergraduate**

Families and the Life Course

Fatherhood, Marriage and Family Policy

Introduction to Social Gerontology

Research Design and Methods

Sociology of Women and Reading

Social Inequalities in Physical and Mental Health

Health and Social Behavior

Work, Family, and Health

Delving Deeper: Writing for Research in the Arts, Humanities and Social Sciences (undergraduate; participating faculty member)

**Teaching: Graduate and Post-doctoral Education**

Contemporary Family Theory and Research (graduate)

Psychosocial Epidemiology (graduate)

Health and the Life Course (graduate)

Seminar on Interdisciplinary Community-Based Scientific Research in Health Disparities and Aging (graduate and post-doctoral education)

Translational Research Seminar on Aging (graduate)

Proseminar on Grant Writing (graduate)

Rigor and Responsibility in Research (at Weill Cornell Medicine)

**Cornell University Administrative Duties**

Member, Technical Advisory Group, Einhorn Family Charitable Trust Community Engaged Learning and Research Initiative, 2016-2018

Member, Faculty Advisory Committee on Tenure Appointments, 2016-2018 (ad hoc service, 2019-2020)

Member, Transition to Emeritus Status Advisory Committee, 2016-2017

Member, Academic Integrity Hearing Board, College of Human Ecology, 2015-2018

Member, Human Development Executive Committee, 2013-2017

Member, Human Development Futures Committee, 2014-2017

Member, Human Development-Psychology Integration Committee, 2013-2014

Director of Graduate Studies, Department of Human Development, 2011-2013  
Director of Undergraduate Studies, Department of Human Development, 1997; 2003-2011;  
2014-2017  
Chair, College of Human Ecology Educational Policies Committee, 2009-2011  
Chair, Academic Integrity Hearing Board, College of Human Ecology, 2011-2013  
Member, President's Work Life Advisory Committee, 2011-2013  
Member, Rhodes and Marshall Fellowship Endorsement Committee, 2011-2012  
Member, College of Human Ecology Fellowship in Home Economics Selection Committee,  
2012-2013  
Member, Cornell Institutional Review Board for Human Participants (formerly University  
Committee on Human Subjects), 1995-2018  
Chair, Cornell University Committee on Human Subjects (Institutional Review Board), 2000-  
2006  
Acting Director & Co-Director, Bronfenbrenner Life Course Center, 2000-2002  
Director of Undergraduate Studies, Department of Sociology, 1998-1999

### **Recent Media and Popular Press Coverage (selected)**

Jonathan Rausch, "The Real Roots of the Midlife Crisis." *The Atlantic*, November 17, 2014.  
Anne Tergensen, "The Myth of the Midlife Crisis." *Wall Street Journal*, October 14, 2014.  
Hanna Dimalla, "Science Debunks Midlife Myths." *Scientific American*, February 12, 2015.  
Susan Knass Whitbourne, "Worried about a Midlife Crisis? Don't. There's No Such Thing."  
*Psychology Today*, July 11, 2015.  
Beth Saulnier, "A Sense of Relief." *Weill Cornell Medicine Magazine*, Feb. 10, 2017.  
BBC Reel, "The Midlife Crisis or Midlife Crisis?" February, 2020.