

## **Jamie Sue Dollahite, PhD**

Professor of Community Nutrition, Division of Nutritional Sciences  
Cornell University, Ithaca, New York 14853

### **ACADEMIC BACKGROUND**

INSTITUTION	DEGREE	DATE
University of Texas at Austin	BS Home Economics – Nutrition Concentration	1970
University of Iowa	Dietetic Internship	1971
Iowa City, Iowa	MS Human Nutrition	1974
University of Texas at Austin	PhD Biological Sciences – Major in Nutrition	1990

### **EXPERTISE/ACADEMIC EMPHASIS**

My integrated research and Cooperative Extension programming focuses on nutrition education for low-income audiences with two areas of emphasis: program development and evaluation, and translational research aimed at prevention of childhood obesity through education of parents and changes in home and community environments that make healthy choices easier.

### **ACCOMPLISHMENTS IN COMMUNITY ENGAGEMENT AND OUTREACH (last 10 years)**

#### **NATIONAL SERVICE AND LEADERSHIP**

- NAS/IOM Review of WIC Food Packages Consensus Committee. Invited Presentation for Workshop: Nutrition Education Produces Behavior Change. July 29, 2016.
- USDA/NIFA webNEERS workgroup to develop an online monitoring and evaluation system to track policy, systems, and environmental change activities conducted in conjunction with direct nutrition education 2015-present
- USDA/NIFA SNAP-Ed Program Development Team 2013-2016
- USDA-NIFA Predoctoral and Postdoctoral Fellowships Program, review panel member, 2013
- NAS/IOM Planning Meeting on Nutrition Education Standards 2013
- NAS/IOM Committee on Examination of Food Resources and SNAP Allotments. Public release January 17, 2013.
- USDA/CNPP National Evidence Library Systematic Review Expert Group conducting a systematic review to determine the effectiveness of nutrition education in improving nutrition-related behavior among children. 2010-2011
- USDA/NIFA EFNEP Policy Task Force to revise/update national program policy, including the recognition of the importance of the socio-ecological model in healthy food choice and explicitly describing how EFNEP educators can put effort into environmental changes, as well as into direct participant education. 2008-2011
- USDA/NIFA EFNEP Work Group to Develop Outcome Indicators and Evaluation Instrument for tracking community level environmental change work 2011
- USDA/CSREES Community Nutrition Education Logic Model Work Group 2003-2005; reviewer for revised model 2013

#### **STATE LEADERSHIP for COOPERATIVE EXTENSION's Expanded Food and Nutrition Education Program (EFNEP) and Supplemental Nutrition Assistance Program – Education (SNAP-Ed)**

- Coordinate funds from different sources to support core program areas and evaluation of programs: parent education, including child obesity prevention; prevention of chronic disease including diabetes and heart disease; maternal and child nutrition; youth nutrition; food safety; family resource management

- Communicate and collaborate with NYS Office of Temporary and Disability Assistance (funder of NYS SNAP-Ed) to provide joint leadership, policy development, and program direction
- Provide leadership for development of new programs, including
  - Navigating for Success* (comprehensive training program for new professional and paraprofessional nutrition education staff that has statistically significant, positive impacts on outcomes of EFNEP program participants)
  - Collaboration for Health, Activity, and Nutrition in Children's Environments* (parent education curriculum: *Healthy Children, Healthy Families: Parents Making a Difference*; and environmental components including training and development of Cooperative Extension staff to lead local environmental change efforts: *Adopting Healthy Habits*)
  - Choose Health: Food, Fun, and Fitness* (curriculum for 8-12 year olds)
  - Your Own Path: Prevention of Development of Diabetes and its Complications* (currently under development)
  - Standard curriculum for NYS EFNEP (currently under development)
- Provide oversight of and technical assistance for EFNEP in 28 NYS counties and New York City
- Supervise 6 staff providing statewide leadership and technical assistance
- Train and guide nutrition program supervisors and paraprofessional nutrition educators in NYS EFNEP and SNAP-Ed

#### AWARDS FOR OUTSTANDING PAPERS

Journal of Nutrition Education and Behavior Best Great Educational Material Award 2013 for the following publication: Lent M, Hill TF, Dollahite J, Wolfe, WS, Dickin KL. Healthy Children, Healthy Families: Parents Making a Difference! A curriculum integrating key nutrition, physical activity, and parenting practices to help prevent childhood obesity. *J Nutr Educ Behav* 2012;44:90-92.

Journal of Nutrition Education and Behavior Best Paper Award 2009 for the following publication: Dollahite JS, Kenkel DS, Thompson CS. An economic evaluation of the Expanded Food and Nutrition Education Program. *J Nutr Educ Behav* 2008;40:134-143.

#### CURRENT INNOVATIVE RESEARCH

- Nutrition Education and Obesity Prevention Center of Excellence is focusing on investigations of the additive effects of direct nutrition education and policy, systems, and environmental change strategies on nutrition and physical activity behaviors in low-income populations
- Community-based participatory project with Cooperative Extension nutrition staff to shift the paradigm from direct education only to include a socio-ecological approach that includes community environmental change to prevent childhood obesity
- Development of mHealth (mobile health) enhancements to traditional in-person education using social media
- School-based project to improve food choices made by middle school students in schools through simple changes in the cafeteria and in homes through tailored parent messages.

#### EXPERIENCE

EMPLOYER	TITLE	DATES
Division of Nutritional Sciences Cornell University Ithaca, New York	Professor <i>Nutrition Education Program Specialist and Director, Food and Nutrition Education in Communities</i>	2013-present
Division of Nutritional Sciences Cornell University Ithaca, New York	Associate Professor <i>Nutrition Education Program Specialist and Director, Food and Nutrition Education</i>	1998-2013

*in Communities*

School of Human Environmental Sciences University of Arkansas Fayetteville, Arkansas	Associate Professor	1995-1998
School of Human Environmental Sciences University of Arkansas Fayetteville, Arkansas	Assistant Professor	1989-1995
Coordinated Program in Dietetics Department of Home Economics University of Texas, Austin, Texas	Assistant Instructor	1983-1989
Southwest Foundation for Research and Education, San Antonio, Texas	Research Scientist	1978-1982
Muscatine Coronary Risk Factor Project Pediatric Cardiology University of Iowa Hospitals, Iowa City, Iowa	Research Coordinator	1977-1978
Bethany Medical Center Kansas City, Kansas	Chief Clinical Dietitian	1974-1976
Clinical Research Center and Lipid Research Clinic University of Iowa Hospitals, Iowa City, Iowa	Research Dietitian	1971-1974

**Honors and Awards**

Journal of Nutrition Education and Behavior Best Paper Award 2009 for the following publication:  
Dollahite JS, Kenkel DS, Thompson CS. An economic evaluation of the Expanded Food and Nutrition Education Program J Nutr Educ Behav 2008;40:134-143.

Internet Education Technology, State and Regional Winner, National Extension Association of Family and Consumer Sciences. Team award for online course, "Preventing Childhood Obesity: An Ecological Approach." September 2008.

Outstanding Accomplishments in Extension/Outreach Team Award for *Navigating for Success: Initial Staff Training Curriculum*, 2006

Outstanding Alumna, Department of Human Ecology, University of Texas, 2000

Gamma Sigma Delta Honor Society of Agriculture, 1997

General Foods Fund Fellowship, 1988-1989

Bess Hefflin Fellowship, University of Texas, 1987

Corrine H. Robinson Graduate Scholarship, American Dietetic Association, 1987

Graduate Fellow, University of Texas, 1983-1985

Vera Scott Gang Scholarship for Episcopal Women, 1984

Phi Kappa Phi, 1983

Registered Young Dietitian of the Year, Kansas, 1976

Outstanding Young Women of America, Kansas, 1976

National Science Foundation Trainee, 1971-1972

Bachelor's degree with honors, 1970

Omicron Nu Honorary Home Economics Society, 1970

**Professional Societies**

Society for Nutrition Education and Behavior  
International Society for Behavioral Nutrition and Physical Activity  
American Society for Nutritional Sciences

## **Professional Appointments in Service**

### **National**

EFNEP Committee to review webNEERS and make recommendations regarding data collection for program activities focused on policy, systems and environmental change 2015  
USDA/NIFA SNAP-Ed Program Development Team 2013-2017  
NAS/IOM Planning Meeting on Nutrition Education Standards 2013  
NAS/IOM Committee on Examination of the Adequacy of Food Resources and SNAP Allotments, 2012  
USDA/CNPP National Evidence Library Systematic Review Expert Group conducting a systematic review to determine the effectiveness of nutrition education in improving nutrition-related behavior among children. 2010-2011  
USDA/NIFA EFNEP Work Group to Develop Outcome Indicators and Evaluation Instrument for tracking community level environmental change work 2011  
USDA/NIFA EFNEP Policy Task Force 2008-2011  
Program Review Team for California EFNEP, University of California at Davis, 2008  
External referee for seven candidates for tenure and promotion at other universities, 2007-2013  
Board of Editors, Journal of Nutrition Education and Behavior 2004-2007  
Journal Committee, Journal of Nutrition Education, 2006-2008  
Extension Committee on Policy (ECOP)/Board of Human Sciences EFNEP Task Force 2003-2006  
USDA/CSREES Community Nutrition Education Logic Model Work Group 2003-2005  
USDA/ERS Work Group for Development of Impact Indicators for Food Stamp Nutrition Education 2004-2005  
USDA/ERS Reviewer for Food and Nutrition Research Program 2004  
Ad hoc reviewer for Journal of Nutrition, Journal of Nutrition Education, and Journal of the American Dietetic Association  
American Dietetic Association, Commission on Accreditation/Approval Dietetic Education, Appeals Committee 1997-2000  
American Dietetic Association, Council on Education, Division of Accreditation/Approval Review Panel for Approval of Pre-professional Practice Programs, Member 1990-93  
Panel Chairperson and Member of Division 1992-93  
Committee on Documents, 1992-93  
Society for Nutrition Education Program Committee, 1976

### **State**

New York State Obesity Prevention in Childcare Partnership  
New York State Office of Temporary and Disability Assistance, Cabinet for Food Stamp Nutrition Education, 2001-2011  
New York State Diabetes Task Force, 2000-2013  
Arkansas Dietetic Association, State Professional Recruitment Coordinator, 1991-94  
Arkansas Diet Manual Editorial Review Board Member, 1990-93  
Northwest Arkansas District Dietetic Association  
Member, Nominating Committee 1992-93  
Chairman, Council on Education 1991-92  
Kansas Dietetic Association  
Chairman, Legislative Committee, 1975-1976

### **University**

Provost's Task Force on Cornell Extension 2016-2017  
Field of Nutrition Graduate Admissions Committee 2016-2019  
Engaged Cornell Partnership Convenings Working Group 2015  
Field of Nutrition Seminar Committee 2006-2009  
College of Human Ecology, Grants Committee, 2005-2009

Reviewer for reappointment dossier in College of Human Ecology, 2008  
Division of Nutritional Sciences, Nominations Committee, 2003-2005  
New York City Cooperative Extension, Search Committee for Nutrition and Health Issue Leader, 2003  
Division of Nutritional Sciences, Search Committee for Director of Dietetics, faculty position, 2002-3  
Reviewer for Hatch Federal Formula Funds proposal, 2002, 2003, 2007  
Cornell Cooperative Extension, Search Committee for Cornell Extension Representatives (2 positions), 2002  
Cornell Cooperative Extension, Community Food and Nutrition Education for Low-Income Audiences Program Work Team, Co-chair, 2001-2004  
New York City Cooperative Extension, Search Committee for Nutrition and Health Issue Leader, 2001  
Division of Nutritional Sciences, Search Committee for Director of Dietetics, faculty position, 2001-2  
Cornell Cooperative Extension, Staffing Steering Committee, 1999

### **Funded Grants and Contracts**

*Healthy Children, Healthy Families: Parents Making a Difference: A Randomized Controlled Trial.* .  
USDA/NIFA \$88,912. PI 2016-2019

Northeast Regional Nutrition Education and Obesity Prevention Center of Excellence: Building evidence and taking action in communities. USDA/NIFA \$980,000. PI 2015-2018.

Northeast Regional Nutrition Education and Obesity Prevention Center of Excellence: Building evidence and taking action in communities. USDA/NIFA \$1,238,225 PI 2014-2016.

Use of Social Media and Mobile Technology in Nutrition Outreach and Education. USDA/Hatch and Smith-Lever. \$78,961. PI 2013-2015.

Collaboration for Health, Activity, and Nutrition in Children's Environments. USDA/Smith-Lever, \$840,400. PI 2013-2015.

Smarter Lunchrooms: Does changing environments really give more nutritional bang for the buck? , USDA/NIFA, \$2,250,000, co-PI; 2012-2017

Towards Sustainable Healthy Lifestyles Interventions for Migrants in Denmark. Denmark Board for Strategic Research; International Partner 2012-2015

The Social Cost of Reducing a New York State Nutrition Education Program. USDA/Hatch, \$27,300 co-PI; 2011-2012

Adopting Healthy Habits: Increasing Readiness to Change Food and Activity Choices in 3 Rural Counties. USDA/NIFA \$193,096, PI; 2011-2012

Applying an Ecological Approach to Childhood Obesity Prevention at the Community Level, USDA/Smith Lever and Hatch, \$95,318, Co-PI; 2010-2013

Building the Capacity of Extension Professionals to Apply an Ecological Approach to Preventing Childhood Obesity in their Communities, USDA/NIFA, \$499,927, Co-PI; 2010-2014

Assessing the Impact of the Dialogue Approach and Optimal Education Dosage in SNAP-Ed Participants, USDA/CSREES, \$36,000, Collaborator; 2009-2010

Collaboration for Health, Activity, and Nutrition in Children's Environments (CHANCE) Phase II, USDA/Smith-Lever, \$756,000; PI; 2009-2012

Online Professional Development to Build Capacity to Use an Ecological Approach to Prevent Childhood Obesity, USDA/ Smith-Lever and Hatch, \$105,000, Co-PI; 2008-2010

Collaboration for Health, Activity, and Nutrition in Children's Environments (CHANCE) Phase II, USDA/CSREES \$150,000; PI; 2008-2009

Addressing Health and Nutrition Issues in a Global Land Grant University, College of Human Ecology, \$15,570, Collaborator, 2007-2008

Assessing resilience to obesity as a way to inform interventions for low-income families, USDA/ Hatch Multistate, \$142,000; PI 2008-2012

Preparing Doctoral Students to Address the Ecology of Obesity, USDA, \$230,000, Trainer; 2009-2012

"Eat Smart New York" Food Stamp Nutrition Education, NYS Office of Temporary and Disability Assistance, \$807,780, Project Director; 2007-2012

Community level changes to promote healthy eating and physical activity behaviors among EFNEP participants, USDA/Smith-Lever, \$300,000, PI; 2007-2009

Development and validation of an instrument to assess outcomes of childhood overweight prevention education for parents, USDA/Hatch, \$45,000, PI; 2006-2009

Building Capacity to Address Childhood Obesity in Low Income Communities: Linking Research and Practice, USDA/Smith-Lever and Hatch, \$240,000, Co-PI; 2004-2007

Building Capacity to Address Childhood Obesity in Low-Income Communities: Linking Research to Practice, Cornell University College of Human Ecology. Extension Distance Learning Innovation Project, \$30,000, Collaborator; 2005-2006

Developing a Taste for Healthy Weight and Healthy Farms in New York, CSREES/Hatch and Smith-Lever, \$67,000, Co-PI; 2005-2008

Cornell NutritionWorks: Building Capacity of Nutrition Professionals, Cornell University Offices of the President and Provost. Faculty Innovation in Teaching Grant, \$55,000, Co-PI; 2004-2006

Food and Nutrition Education in Communities: Programming support for New York State Food Stamp Nutrition Education. NYS Office of Temporary and Disability Assistance/USDA. \$153,000, Project Director; 2006.

Evaluation of multi-disciplinary strategies to prevent childhood obesity among low income children. College of Human Ecology, Cornell University. \$25,000, PI; 2005-2006.

Farmers' Market Nutrition Program, Cooperative Extension Component. NYS Department of Agriculture and Markets, \$105,000. PI, 2005,

Food and Nutrition Education in Communities: Programming support for New York State Food Stamp Nutrition Education. NYS Office of Temporary and Disability Assistance/USDA. \$150,000, Project Director, 2005.

Food and Nutrition Education in Communities: Programming support for New York State Food Stamp Nutrition Education. NYS Office of Temporary and Disability Assistance/USDA. \$208,000, Project Director, 2004.

Adapting EFNEP to Meet the Changing Needs of Food-Assistance Eligible Families: Investigating the results of program responses to welfare reform. USDA Small Grants Program, \$42,346, PI, 2003-2004.

Food and Nutrition Education in Communities: Programming support for New York State Food Stamp Nutrition Education. NYS Office of Temporary and Disability Assistance/USDA. \$148,500, Project Director, 2003.

Food and Nutrition Education in Communities: Programming support for New York State Food Stamp Nutrition Education. NYS Office of Temporary and Disability Assistance/USDA. \$110,560, Project Director, 2002.

Outreach Project for Breastfeeding Promotion, Protection and Support, New York State Attorney General, VitaGrant. \$350,000. Co-I, 2002-2004.

Factors in Local Food Systems Affecting Fruit and Vegetable Acquisition by Low-Income Households in New York State; CSREES/Hatch \$35,990; PI, 2002-2004.

Economic Evaluation of the Expanded Food and Nutrition Program in New York State. USDA Economic Research Service, \$40,000, Co-PI, 2000-2001.

Economic Evaluation of the Expanded Food and Nutrition Program in New York State. College of Human Ecology, Cornell University, \$6,304, Co-PI, 2000-2001.

Farmers' Market Nutrition Program, Cooperative Extension Component. NYS Department of Agriculture and Markets, PI, 2005, \$105,000; 2004, \$54,667; 2003, \$49,188; 2002, \$43,078; 2001, \$26,740; 2000, \$25,000.

Food stamps, ethnicity, and nutrient supplements: Association with food intake and knowledge, attitudes, and behavior about nutrient supplement use. USDA Economic Research Service, \$35,000, Co-PI, 1999-2000.

Arkansas Family Nutrition Education Program. USDA and State of Arkansas, \$4,037,787, Director Evaluation, 1997-1999.

Nutrition education for low literacy hypercholesterolemics. American Heart Association Grant-in-Aid, PI, \$199,366, 1994-1997.

Energy needs in children with mental and physical disabilities. Washington Regional Medical Center, \$8,188, PI, 1993-1994,.

Community nutrition awareness outreach to young children and their parents in the rural Arkansas Delta. USDA, \$149,780, Evaluator, 1994-96.

Developing and testing low literacy educational materials. College of Education, University of Arkansas, Mini-Grant, \$2000, Co-I, 1993.

The impact of point-of-purchase labeling and nutrition education on nutrition knowledge and behavior in college students. National Council of University Food Services, \$500, PI, 1993.

#### **Peer Reviewed Publications** (Former name was Wene JD)

McClain AM, Dickin KL, **Dollahite JS**. Association of Hispanic country/region of origin and ethnic subgroup with food insecurity risk among Hispanics in U.S. *Public Health Nutr*. Under review.

Rogers C, Anderson SS, **Dollahite JS**, Hill TF, Holloman C, Miller CK, Pratt KJ, Gunther C. Methods and design of a 10-week multi-component family meals intervention: a two group quasi-experimental effectiveness trial. *BMC Pub Health*. 2017;17-50. DOI 10.1186/s12889-016-3908-x.

Stark C, Devine C, **Dollahite J**. Not my job: characteristics associated with the application of an ecological approach to preventing childhood obesity. *Public Health Nutr*. 2016;20:174-182.

Thomas LN, Hill TF, Gaines A, **Dollahite JS**. Implementing Smarter Lunchroom Makeovers in New York middle schools: an initial process evaluation. *Arch Pub Health* 2016;74:41. DOI 10.1186/s13690-016-0153-9

**Dollahite J**, Fitch C, Carroll J. What does evidence-based mean for nutrition educators? Best practices for choosing nutrition education interventions based on the strength of the evidence. *J Nutr Educ* 2016;10:743-748.

Islam S, Paddock J, **Dollahite J**. Navigating for Success: Quality staff training translates into improved program participant outcomes. *J Nutr Educ Behav*. 2015;47:188–189.

Auld, G., Baker, S., Conway, L., **Dollahite, J.**, Lambia, M. C., McGirr, K. Outcome effectiveness of a widely adopted EFNEP curriculum. *J Nutr Educ Behav*. 2015;47:19-27.

Lu A, Dickin KL, **Dollahite J**. Development and Application of a Framework to Assess Community Nutritionists' Use of Environmental Strategies to Prevent Obesity. *J Nutr Educ Behav*. 2014;46:475-83.

Dickin KL, Hill TF, **Dollahite JS**. Practice-based evidence of effectiveness in an integrated nutrition and parenting education intervention for low-income parents. *J Acad Nutr Diet*. 2014;114:945-50

**Dollahite JS**, Pijai EI, Scott-Pierce ML, Parker CM, Trochim WM. A randomized controlled trial of a community-based nutrition education program for low-income parents. *J Nutr Educ Behav*. 2014;46:102-109.

Paddock JD, **Dollahite JS**. Nutrition program quality assurance through a formalized process of on-site program review. *J Nutr Educ Behav*. 2012;44:183-188.

Dickin KL, Lent M, Lu AH, Sequeira J, **Dollahite J**. Assessing outcomes in an integrated parenting nutrition education curriculum: Development and validation of a behavioral checklist. *J Nutr Educ Behav*. 2012;44:12-21.

Lent M, Hill TF, **Dollahite JS**, Wolfe WS, Dickin KL, Healthy Children, Healthy Families: Parents Making a Difference! A curriculum integrating key nutrition, physical activity, and parenting practices to help prevent childhood obesity. *J Nutr Educ Behav*. 2012;44:90-91.

Carroll JD, Demment MM, Stiles SF, Devine CM, **Dollahite JS**, Sobal J, Olson CM. Overcoming barriers to vegetable consumption by preschool children: A child care center buying club. *J Hunger Environmental Nutr*. 2011;6:153–165,

Stark C, Graham-Kiefer M, Devine C, **Dollahite J**, Olson C. Online course increases nutrition professionals' knowledge, skills, and self-efficacy in using an ecological approach to prevent childhood obesity. *J Nutr Educ Behav*, 2011;43:316-322.

Dickin KL, **Dollahite JS**, Habicht JP. Enhancing the intrinsic work motivation of community nutrition educators: How supportive supervision and job design foster autonomy. *J Ambulatory Care Management* 2011;34:260-273.

Webber CB, Sobal J, **Dollahite JS**. Shopping for fruits and vegetables: food and retail qualities valued by low-income households at the grocery store. *Appetite*. 2010;54:297-303.

Lu A, **Dollahite J**. Assessment of dietitians' nutrition counselling self-efficacy and its positive relationship to reported skill usage. *J Human Nutr Dietetics*. 2010;23:144-153.

Dickin KL, **Dollahite JS**, Habicht JP. Job satisfaction and retention of community nutrition educators: the importance of perceived value of the program, consultative supervision and work relationships. *J Nutr Educ Behav*. 2010;42:337-344..



Webber CB, **Dollahite J**. Attitudes and behaviors of low-income food heads of households towards sustainable food systems concepts. *J Hunger Environmental Nutr.* 2008;3:186-205 .

**Dollahite JS**, Kenkel DS, Thompson CS. An economic evaluation of the Expanded Food and Nutrition Education Program *J Nutr Educ Behav* 2008;40:134-143.

Webber CB, Sobal J, **Dollahite J**. Physical disabilities and food access among limited resource households. *Disabilities Studies Quarterly.* 27 (3) Summer 2007. Available at [www.dsqsds.org](http://www.dsqsds.org).

Dickin KL, **Dollahite JS**, Habicht JP. Behavior change among EFNEP beneficiaries is higher in well-managed sites where front-line nutrition educators value the program. *J Nutr.* 2005;135:2199-2205.

**Dollahite J**, Nelson J, Frongillo E, Griffin M. Building Community Capacity Through Enhanced Collaboration in the Farmers' Market Nutrition Program. *J. Agriculture and Human Values.* 2005;22:339-354.

**Dollahite J**, Olson C, Scott-Pierce M. The impact of nutrition education on food insecurity among low-income participants in EFNEP. *Family Consumer Sci Res J.* 2003; 32:127-139.

Conrey E, Frongillo E, **Dollahite J**, Griffin M. Integrated program enhancements increased utilization of Farmers' Market Nutrition Program. *J. Nutr.* 2003;133:1841-1844.

**Dollahite J**, Scott-Pierce M. Outcomes of individual vs. group instruction. *J Extension* 2003;41(2). <http://www.joe.org/>.

Pelletier D, Kraak V, **Dollahite J**. Food, health, and nutrient supplements: beliefs among food stamp eligible women and implications for food stamps policy. *Family Econ Nutr Rev.* 2002; 14:21-35.

**Dollahite J**, Hosig KW, White KA, Rodibaugh R, Holmes TM. Impact of a school-based community intervention program on nutrition knowledge and food choices in elementary school children in the rural Arkansas Delta. *J Nutr Educ.* 1998; 30:289-301.

Hosig K, **Dollahite J**, Rodibaugh R, White KA. Development and evaluation of a consortium to support a school-based community nutrition education program in the rural Arkansas Delta. *J Nutr Educ.* 1998;30:281-288.

**Dollahite J**, Thompson C. Readability analysis of cholesterol education materials. *Patient Educ Counsel.* 1996; 27:123-134.

**Dollahite J**, Franklin D, McNew R. Problems encountered in menus designed to meet the Dietary Guidelines for Americans and the Recommended Dietary Allowances. *J Amer Diet Assoc.* 1995;95:341-347.

**Dollahite J**, Thompson C, McNew R. Patterns of food choices among Arkansans with less than a high school education. *J Ar Med Soc.* 1994;91:274-278.

Barnwell GM, **Dollahite J**, Mitchell DS. Salt taste preference in baboons. *Physiol Behav.* 1986;37:279-284.

Gillham MB, Southworth K, **Dollahite J**. Nutritional treatment for the alcoholic patient. *Critical Care Quarterly.* 1986;8:20-28.

**Wene JD**, Barnwell GM, Mitchell DS. Flavor preferences and the induction of weight gain in baboons (*Papio sp.*). *Physiol Behav.* 1982;28:569-573.

McGill HG Jr, McMahan CA, **Wene JD**. Unresolved problems in the diet heart issue. *Arteriosclerosis.* 1981;1:164-176.

**Wene JD**, Connor WE, DenBesten L. The development of essential fatty acid deficiency in healthy men fed fat-free diets intravenously or orally. *J Clin Invest.* 1975;56:127-134.

## Abstracts

Stark C, Hill T, **Dollahite J**. What we mean by policy, systems and environmental changes: a nationwide training for SNAP-Ed and EFNEP professionals. *J Nutr Educ Behav.* 2016;47:S146.

Gaines A, Hill TF, Thomas LN, **Dollahite JS**. The Smarter Lunchrooms randomized controlled trial: 2014-2015 process evaluation results. *J Nutr Educ Behav.* 2016;47:S93-94.

Gaines A, Hill TF, Thomas LN, Just DR, Wansink B, Dollahite JS. Process evaluation of the Smarter Lunchrooms randomized controlled trial: years 1-3. *J Nutr Educ Behav.* 2016;47:S119.

Hill T, Gaines A, Green E, Thomas L, **Dollahite J**. Messages to Parents of Middle-School Children: Choosing Effective Strategies to Support Healthy Food and Drink Choices. *J Nutr Educ Behav.* 2016;47:S37.

Hill TF, Gaines A, Green E, Thomas LN, Just DR, Wansink B, **Dollahite JS**. Talking to parents of middle school children about how to support healthful food choices at home and at school. *J Nutr Educ Behav.* 2016;47:S121.

Green E, Gaines A, **Dollahite J**. Who is aware of and has tried to use MyPyramid? An examination of variables from the most recent NHANES consumer behavior phone follow-up module-child (FCBS). *J Nutr Educ Behav* 2016;48:S27-28.

Greene L, Gabrielyan G, Brumberg A, **Dollahite J**, Just DR, Wansink B. Smarter Lunchrooms randomized control trial: results from Year 3. *J Nutr Educ Behav* 2016;48:S119-120.

McClain AC, Dickin K **Dollahite J**, Gurak DT. Country and region of origin predict risk of food insecurity among Hispanic-born in U.S. Experimental Biology. 251.7. Boston MA, March 30, 2015.

McClain AC, **Dollahite J**, Dickin KL. Life course influences on food acquisition and preparation strategies among Mexican-origin mothers in New York State. International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland, June 5, 2015.

Hill T, Gaines A, Green E, **Dollahite J**. Developing and testing the acceptability of electronic messages delivered to help parents choose effective strategies to engage their families in healthy food and drink Choices. International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland, June 5, 2015.

Gaines A, Hill T, Thomas L, **Dollahite J**. Process Evaluation of a Smarter Lunchrooms Intervention: Unique Application of the RE-AIM Framework. International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland, June 5, 2015.

Hill T, Dickin K, **Dollahite J**. Adopting Healthy Habits: Nutrition educators collaborate to change nutrition and activity environments by expanding roles to include policy, systems, and environmental change. International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland, June 6, 2015.

Green E, Hill T, Gaines A, **Dollahite J**. Food and drink free lists document home environments and create content for messages to parents of middle-school children. *J Nutr Educ Behav.* 2015;47:S78-S79.

Hill T, **Dollahite J**. Adopting Healthy Habits: Nutrition educators expand roles to include policy, systems, and environmental change. *J Nutr Educ Behav.* 2015;47:S37.

Hill T, Gaines A, Green E, Thomas L, **Dollahite J**. Messages to parents of middle-school children: Choosing effective strategies to support healthy food and drink choices. *J Nutr Educ Behav.* 2015;46:S37

Hill T, Gaines A, Green E, Thomas L, **Dollahite J**. Process evaluation of the Smarter Lunchrooms randomized controlled trial: Year two results. *J Nutr Educ Behav*. 2015;47:S90.

Gaines A, Hill T, Thomas L, **Dollahite J**. Process evaluation of the Smarter Lunchrooms RCT: Unique application of the RE-AIM framework. *J Nutr Educ Behav*. 2015;47:S91.

Stark C, Devine C, **Dollahite J**. Factors that enhance application of an ecological approach to preventing childhood obesity. *J Nutr Educ Behav*. 2015;47:S97.

Thomas L, Hill T, **Dollahite J**. Generating knowledge to translate into practice: the role of cooperative extension in Smarter Lunchrooms research and dissemination. *J Nutr Educ Behav*. 2014;46:S119.

Wansink B, Just D, **Dollahite J**. Smarter Lunchrooms - Does changing environments really give more nutritional bang for the buck? *J Nutr Educ Behav*. 2015;47:S96-S97.

Wansink B, Just D, **Dollahite L**, Latimer L, Thomas L, Hill T, Brumberg A. Smarter Lunchrooms - Does changing environments really give more nutritional bang for the buck? *J Nutr Educ Behav*. 2014;46:S198-199.

Hill T, Thomas LN, **Dollahite J**. In wake of changes to National School Lunch Program, parents share concerns about children's food choices at school and at home. *J Nutr Educ Behav*. 2014;46: S159.

Hill T, Thomas LN, **Dollahite J**. Parents Talk About Children's Food Choices: Consuming Fruits and Vegetables Every Day Trumps Variety, and Drinking Enough Water is Hard to Do! *J Nutr Educ Behav*. 2014;46:S132

Thomas LN, Hill, TF, **Dollahite J**. Smarter Lunchroom Makeovers: An Iterative Process Evaluation. International Society of Behavioral Nutrition and Physical Activity. San Diego, CA. May, 2014.

Stark C, Devine C, **Dollahite J**. Factors affecting application of an ecological approach to preventing childhood obesity. Society for Nutrition Education and Behavior. Milwaukee, WI. July 2014 . *Abstract: J Nutr Educ Behav*. 2014;46(4S):S200-201.

**Dollahite J**, McClain AC, Terragni LME, Weisberg P, Ditlevsen K. Considering the complex influences on nutrition behaviors in a receiving country: how immigrant women and families navigate and negotiate food choice. Symposium at International Society of Behavioral Nutrition and Physical Activity. San Diego, CA. May, 2014.

Hill TF, Thomas L, **Dollahite J**, Parents reflect on children's food choices: Consuming fruits and vegetables every day trumps variety, and drinking "enough" water is hard to do! International Society of Behavioral Nutrition and Physical Activity. San Diego, CA. May, 2014.

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**Dollahite J**, Kenkel D. Using economic analysis to strengthen nutrition education programs. Experimental Biology 2004, Washington, DC, April 20, 2004

Dickin K, **Dollahite JS**, Habicht, Professionalism among paraprofessional community nutrition educators: How job design influences work motivation. Experimental Biology 2004, Washington, DC, April 20, 2004

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Thompson RF, **Dollahite JS**. Development and validation of a questionnaire to measure nutrition knowledge, attitude, and behavior. *Society for Nutrition Education*, St. Louis, MO, July, 1996.

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**Wene JD**, Connor WE, DenBesten L. Essential fatty acid deficiency in healthy men. *Clin Res.* 1973;21:390.

### Technical Reports

**Dollahite J**, Scott-Pierce M, Paddock JD. Eat Smart New York Evaluation Report, Federal Fiscal Year 2014.

**Dollahite J**, Scott-Pierce M, Paddock JD. Eat Smart New York Evaluation Report, Federal Fiscal Year 2013.

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**Dollahite J**, Scott-Pierce M, Paddock JD. Eat Smart New York: Cornell Cooperative Extension Evaluation Report, Federal Fiscal Year 2011.

Dickin K, **Dollahite J**. Adapting EFNEP to meet the changing needs of food-assistance eligible families: Investigating the results of program responses to welfare reform. December 2004.

Nelson J, **Dollahite J**. Cultivating Health Outcomes. Report of 2003 NYS Farmers' Market Nutrition Program. April 2004.

**Dollahite J**, Kenkel D, Thompson SC, Scott-Pierce M. Implications of an economic evaluation of projected health outcomes in a community nutrition program for limited resources audiences. Final report for Research Development Grant funded by The Joint Center for Poverty Research, USDA Food Assistance and Nutrition Research Small Grants Program. April 15, 2002.

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Kraak VI, Pelletier DL, **Dollahite JS**. Food, supplements and health: Beliefs among food stamp participants. Qualitative findings from an ethnically and regionally diverse sample of fixed-income nutrient supplement users and nonusers. 2000.

### Other Publications

Hill TF, Islam S, Latza M, Paddock JD, Reardon J, Root A, **Dollahite J**. Training Curriculum for Educators Preparing to Deliver Healthy Children, Healthy Families: Parents Making a Difference, 2014.

Hill TF, Dickin KL, **Dollahite J**. Healthy Children, Healthy Families: Parents Making a Difference. A curriculum that integrates parenting practices with healthy food and activity choices to prevent obesity in children. 2011.



Stark C, Wolfe W, Devine C, **Dollahite J**, Olson CM. Preventing Childhood Obesity: An Ecological Approach. 2006. In-depth course on Cornell [NutritionWorks](#).

Navigating for Success: A Comprehensive Initial Training Curriculum for Frontline Nutrition Staff. 2007. Division of Nutritional Sciences. [Received "Outstanding Accomplishments in Extension/Outreach Team Award, which recognizes team collaboration in piloting, development and implementation of an extension/outreach program.]

**Dollahite JS**, Thompson C., Thompson RF. *Food Choices for a Healthy Heart*. University of Arkansas. 1995. (Workbook and accompanying materials with two videotapes, designed for two reading levels: 4<sup>th</sup>-6<sup>th</sup> grade and <4<sup>th</sup> grade)

### **Invited presentations (last 20 years)**

**Dollahite JS**, Hill TF, Paddock JD. Status of PSE Projects. SNAP-Ed PSE Project Meeting, Albany NY, September 26, 2016.

**Dollahite J**. The RNECE Initiative, Tri-Regional FNS Meeting, Baltimore MD, April 1, 2016.

**Dollahite J**. Northeast Regional Nutrition Education and Obesity Prevention Center of Excellence. Association of SNAP-Ed Nutrition Education Administrators. Washington, DC. February 11, 2016.

**Dollahite J**. Northeast-Regional Nutrition Education and Obesity Prevent Center of Excellence. Regional Nutrition Education and Obesity Prevention Centers of Excellence Interagency & Partner Briefing. Washington, DC. December 17, 2015.

**Dollahite J**. NE-RNECE National Training Update. Regional Nutrition Education and Obesity Prevention Centers of Excellence Leadership Meeting. Washington, DC. December 16, 2015.

**Dollahite J**, Paddock J. Policy, Systems and Environmental Change: PSE Framework and Northeast Regional Nutrition Education Center of Excellence. NE Regional EFNEP Meeting. Wilmington DE. Nov 11, 2015.

**Dollahite J**, Hill T, Paddock J. Using RE-AIM for PSE Planning and Evaluation – Workshop. Albany, NY, Sept 25, 2015.

**Dollahite J**, Hill T. Using RE-AIM as a SNAP-Ed Management Tool. SNAP-Ed State Conference. Albany, NY, March 19, 2015.

**Dollahite J**, Chavez N. Supplemental Nutrition Assistance Program: Examining the Evidence to Define Benefit Adequacy. Society for Nutrition Education and Behavior. Milwaukee, WI. July 1, 2014.

**Dollahite J**. Using the Socio-Ecological Model: From Research to Extension Practice. Workshop. Food and Nutrition Extension Educators national meeting at Society for Nutrition Education and Behavior. Milwaukee, WI. June 28, 2014.

**Dollahite J**, O'Connor P. Collaborative Funding: A Competitive Approach to Leadership. CCE Executive Leadership Conference. Ithaca, NY, June 11, 2014

**Dollahite J**. Evaluation of Programming to Support Environmental Strategies for Obesity Prevention An Evidence-Based Approach. NIFA SNAP-Ed Program Development Team Meeting, presented to USDA NIFA and FNS. Washington, D.C., April 23, 2014.

**Dollahite J**. Preparing for the RFP to Fund SNAP-Ed. CCE Executive Leadership Conference. February 26, 2014.

**Dollahite J.** Collaboration for Health, Activity, and Nutrition in Children's Environments: Influencing healthy habits through parent education and environmental change. The Ohio State University, Interdepartmental Nutrition Seminar Series. October 25, 2013. Columbus, OH.

**Dollahite J**, McClain A. Contextual influences on household and child food security as experienced by recent Mexican-origin mothers with young children: An ecological, migratory perspective to understanding household food provisioning and food processing strategies. September 19, 2013. University of Copenhagen, Copenhagen, Denmark.

**Dollahite J**, Ginsburg D. Using the Socio-Ecological Model to Enhance Nutrition Education. May 9, 2013. National webinar sponsored by USDA/NIFA SNAP-Ed Program Development Team.

**Dollahite J.** Leveraging Cooperative Extension to Promote Environmental Change. July 17, 2013. NYS Council on Food Policy, Ithaca NY

**Dollahite J.** Leveraging community resources to prevent childhood obesity. Continuing Education Series, Cayuga Medical Center Staff, March 22, 2013. Ithaca NY.

**Dollahite J.** Adopting Healthy Habits: Leveraging EFNEP to Promote Environmental Change. National EFNEP Meeting, March 13, 2013. Washington DC.

**Dollahite J**, Hill T, Lu A, Gilbert K, Moore C. Expanding community nutrition to include environmental change. Symposium at the Society for Nutrition Education and Behavior annual meeting, July 15, 2012, Washington, D.C.

**Dollahite J**, Paddock JD. Frontline Educator Training: New York's Journey. Presented by webinar by invitation of the national SNAP-Ed Program Team. Feb 2011.

Obaggy J, Contento I, **Dollahite J**, Spahn J. Applying Evidence-Based Review Methodology to the Field of Nutrition Education: What does the evidence tell us about the effectiveness of nutrition education. Invited by USDA/CNPP to co-present at Society for Nutrition Education Conference. July 2011. Kansas City, MO

**Dollahite J.** Apples and Oranges? A Tale of Two Counties in New York State. Presented at the National EFNEP Conference, Mar 2011. Washington, DC

**Dollahite J.** Navigating for Success: New York's Journey. Conference sponsored by University of Tennessee, University of Georgia, and South Carolina University. Knoxville, TN. October 6, 2010.

**Dollahite J.** Marketing and Recruitment in EFNEP. National EFNEP Coordinators' Conference. Washington, DC, March 2, 2010.

**Dollahite J**, Parker-Duncanson C. Learning Stations: "Lessons in a Box" for Nutrition Educators. National EFNEP Coordinators' Conference. Washington, DC, March 2, 2010.

**Dollahite J.** Navigating for Success: New York's Journey. Texas Family Nutrition Programs, San Antonio, TX, Nov 4, 2008

**Dollahite J.** EFNEP Funding: Expanding Programming. CCE Executive Directors Quarterly Conference, Ithaca, NY. June 12, 2008.

**Dollahite J.** Front-line Educator Training: New York's Journey. Washington State University EFNEP and FSNE Educators. Olympia, WA, October 22, 2007.

**Dollahite J.** Front-line Educator Training: New York's Journey. Ohio State University Cooperative Extension Nutrition Educators. Columbus, OH, November 14, 2007.

**Dollahite J.** Support Factors for People with Diabetes: Diet, Exercise, and Personal Support. Chenango Memorial Hospital, Norwich, NY. November 17, 2007.

**Dollahite J, Paddock JD.** Navigating for Success: A New Method of Training Paraprofessional Educators. Northeast Regional Meeting of Food Stamp Nutrition Education and Expanded Food and Nutrition Education. Wilmington, Delaware, November 10, 2006.

**Dollahite J, Nelson J, Paddock JD, Parker-Duncanson C, Thomas S.** Innovations in Paraprofessional Staff Training. Workshop presented at Society for Nutrition Education, Orlando FL, July 24, 2005.

The Epidemiological Triad as an Approach to Obesity Prevention, University of Arkansas for Medical Sciences, February 10, 2004

Using Economic Analysis to Strengthen Nutrition Education Programs, University of Arkansas for Medical Sciences, February 11, 2004

Obesity and Limited Resource Populations: Overcoming Individual and System Barriers. Central New York Diabetes Coalition. Syracuse, NY, September 25, 2003.

Research and Evaluation in Educational Programming: Human Subjects and Informed Consent, Challenges and Practices. Presented to Northeast USDA/CSREES Region Extension Nutrition Faculty, Northampton, MA, November, 2002.

Gotto A, Brannon P, **Dollahite J**, Gerber L. Cardiovascular risk reduction: Spreading the benefit. Presented at Trustees and Council Weekend, Cornell University, October 19, 2001.

Macronutrient dilemmas in diabetes therapy. Carbohydrate and Protein Recommendations. Presentation for registered dietitians and certified diabetes educators, Rochester NY, Cornell Cooperative Extension of Monroe County, October 3, 2000.

The diabetes epidemic: Should you be optimistic or fatalistic? Public presentation, Rochester NY, Cornell Cooperative Extension of Monroe County, October 3, 2000.

A technical look at diabetes. Nutritional Concerns Conference, Albany NY, March 30, 2000.

The impact of tight blood glucose control on long term complications of diabetes. Health and Fitness Conference, Oneonta NY, March 23, 2000.

EFNEP and FSNEP: Cooperative Extension's Nutrition Education Programs for Limited Resource Audiences. University of Texas, Community Nutrition Seminar, April 10, 2000.

Diabetes Education for the Limited Resource Population. University of Texas Senior Dietetics Seminar, April 10, 2000.

### **Extension in-service training presentations**

Recap of 2016 and Plans for 2017. NYS Update for EFNEP Staff, October 1, 2016.

State-level Projects. NYS Update for EFNEP Staff, October 27, 2015.

Evidence-based Programming: What's the Big Deal? NYS Update for Extension Nutrition Staff, Nov 17, 2014, Ithaca NY.

Collaborative Funding: A Competitive Approach to Leadership. CCE Executive Leadership Conference. Ithaca, NY, June 11, 2014

Preparing for the RFP to Fund SNAP-Ed. CCE Executive Leadership Conference. February 26, 2014

Obesity Prevention through FNEC Focus on Schools. NYS Update for Extension Nutrition Professional Staff, Nov 2013, Ithaca NY

Collaborating to Make Healthy Habits Happen. NYS Update for Extension Nutrition Professional Staff, Nov 2012 Ithaca NY

Upcoming Research. NYS Update for Extension Nutrition Professional Staff, Nov 2011 Ithaca NY

Results of Worksite Wellness Survey. CCE Executive Leadership Conference, Dec 8, 2010, Syracuse, NY.

Update from USDA: NIFA and FNS. NYS Update for Extension Nutrition Professional Staff, Nov 17, 2010, Ithaca, NY.

Worksite Wellness in CCE: Survey Results. NYS Update for Extension Nutrition Professional Staff, Nov 17, 2010, Ithaca, NY.

Worksite Wellness Project. CCE Executive Leadership Conference, September 28, 2010, Ithaca, NY.

Community Nutrition Education Logic Models in Program Planning. NYS Update for Extension Nutrition Professional Staff. Ithaca, NY. Nov 18, 2008

Data collection, best practices, and program delivery. NYS Update for Extension Nutrition Professional Staff. November 16, 2005

Navigating for Success. A Comprehensive Initial Training Curriculum for Frontline Nutrition Staff. Workshop presented at FNS National Nutrition Education Conference 2, Arlington, VA, September 12, 2005.

Navigating for Success. A Comprehensive Initial Training Curriculum for Frontline Nutrition Staff. Workshop presented at Society for Nutrition Education, Orlando, FL, July 24, 2005.

Development of community collaborations for obesity prevention. Presenter and panel moderator. NYS Update for Extension Nutrition Professional Staff. May 4, 2005.

Marketing EFNEP. Presentation and participant in Marketing Extension Programs panel. NYS Update for Extension Nutrition Professional Staff. May, 2003.

Introduction to Food and Nutrition Education in the Community programs. New Educators with Management Responsibility for Nutrition Programming for Limited Resource Audiences: Orientation and Initial Training, September, 2002; February, 2002; March 2000; September 1999.

Rethinking program delivery from the perspective of cost-effectiveness. NYS Update for Extension Nutrition Professional Staff. May, 2002.

Research and evaluation in educational programming: Interaction with and utilization of human subjects, their rights and our responsibilities. Presented to Extension Nutrition Professional and Paraprofessional Staff in New York City, in Long Island Regional Program, and in Southern Tier Regional Program. Spring, 2002.

Cost-benefit analysis of NYS EFNEP. NYS Update for Extension Nutrition Professional Staff. May, 2001.

Need for diabetes education in Cooperative Extension's nutrition education programs for low-income audiences. NYS Update for Extension Nutrition Professional Staff. May, 2001.

EFNEP Fiscal Committee: Results and plans for the next 5 years. NYS Update for Extension Nutrition Professional Staff. May, 2001.

Quantity vs. quality in the NYS EFNEP. NYS Update for Extension Nutrition Professional Staff. May, 2000.

EFNEP programming and evaluation: Your responsibility. Inservice provided to paraprofessional nutrition staff, Monroe Co, NY, March 27, 2000.

Regionalization of EFNEP. NYS Update for Extension Nutrition Professional Staff. November, 1999.

FNEP evaluation: Qualitative assessment. Arkansas Cooperative Extension Service, presented to professional and paraprofessional staff in the Arkansas Family Nutrition Education Program, Little Rock, AR, May 8, 2000.

Evaluation: Who cares? Workshop for paraprofessional nutrition educators, NYS 30<sup>th</sup> Anniversary of EFNEP Conference, June 16, 1999.

Nutrition education for limited resource audiences. Long Island Regional In-service for professional and paraprofessional nutrition staff, April 26, 1999.

Evaluation in nutrition extension programming. Arkansas Cooperative Extension Service, presented to professional and paraprofessional staff in the Arkansas Family Nutrition Education Program, Little Rock, AR, December 2, 1998.