



How am I doing?

Strengthening Families Program: Caregivers Pre-Survey



Please circle the response that best answers each statement.

Statement	Response			
1. I wait to deal with problems with my child until I have cooled down.	A little of the time	Some of the time	Most of the time	All of the time
2. I remember that it is normal for children to be harder to get along with at this age.	A little of the time	Some of the time	Most of the time	All of the time
3. I help my youth understand what the family and house rules are.	A little of the time	Some of the time	Most of the time	All of the time
4. I take time to do something fun together as a family.	A little of the time	Some of the time	Most of the time	All of the time
5. I let my youth know what the consequences are for breaking rules.	A little of the time	Some of the time	Most of the time	All of the time
6. I find ways to keep my child involved in family work activities, like chores.	A little of the time	Some of the time	Most of the time	All of the time
7. I follow through with consequences each time he or she breaks a rule.	A little of the time	Some of the time	Most of the time	All of the time
8. I talk with my child about his or her future goals without criticizing.	A little of the time	Some of the time	Most of the time	All of the time
9. I often tell my child how I feel when he or she misbehaves.	A little of the time	Some of the time	Most of the time	All of the time
10. I find ways to include my child in family decisions about fun and work activities.	A little of the time	Some of the time	Most of the time	All of the time
11. I spend special time one-on-one with my youth.	A little of the time	Some of the time	Most of the time	All of the time
12. I let my youth know the reason for the rules we have.	A little of the time	Some of the time	Most of the time	All of the time
13. I listen to my youth when he or she is upset.	A little of the time	Some of the time	Most of the time	All of the time
14. I set regular times for homework.	A little of the time	Some of the time	Most of the time	All of the time
15. I work together with my youth to solve problems that come up at home.	A little of the time	Some of the time	Most of the time	All of the time
16. I try to see things from my youth's point of view.	A little of the time	Some of the time	Most of the time	All of the time
17. I talk with my child about ways to resist peer pressure.	A little of the time	Some of the time	Most of the time	All of the time

--OVER--

Site: _____

ID _____

Statement	Response			
18. I give compliments and rewards when my child does chores at home or learns to follow rules.	A little of the time	Some of the time	Most of the time	All of the time
19. I show my child love and respect.	A little of the time	Some of the time	Most of the time	All of the time
20. I explain to my child the consequences of not following my rules concerning alcohol use.	A little of the time	Some of the time	Most of the time	All of the time

21. Why did you decide to participate in this program?

Site: _____

ID _____