Economic Stability

Physical Environment

Education

Food

Community

Healthcare Systems

**What is Public Health?**

“Public health is the science and art of preventing disease, prolonging life and promoting health through the organized efforts and informed choices of society, organizations, public and private communities and individuals.”

For public health initiatives to be really effective, they need to be engaging and integrating multiple sectors and impacting multiple social determinants of health.

**Social Determinants of Health (SDOH)**

...are the conditions in which people are born, work, grow, learn, and live that shape their health.

**Parenting Education & SDOH**

Parenting Education intersects with multiple SDOH -- making these programs an important public health initiative!

Parenting education is, of course, housed in the education sector, but also intersects with the community sector and physical environment sector. Some programs even overlap with nutrition and intersect with the food sector.

**The Take Away**

Parent educators are public health professionals. By examining and concentrating on the various SDOH we contribute to, we can provide more holistic prevention and intervention services the improve the overall health of parents and families.

References:
This infographic made as part of The Parenting Project’s “Parenting and Public Health Initiative.”

This work was supported by Cornell Cooperative Extension (Smith Lever funds) received from Cooperative State Research, Education, and Extension Service, U.S. Department of Agriculture. Any opinions, findings, conclusions, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the U.S. Department of Agriculture.

Julia Chapman is the Extension Research Aide for The Parenting Project: Healthy Children, Families, & at Cornell University.

Kimberly Kopko is a Senior Extension Associate in the Bronfenbrenner Center for Translational Research at Cornell University and Director of The Parenting Project: Healthy Children, Families, & Communities.