



Community Cafe Parent Educator In-Service

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Facilitators



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Cornell Project 2Gen

Cornell Project 2Gen focuses on addressing the needs of vulnerable children and their parents together to capitalize on the strong connection between parents' well-being and children's healthy development. The mission of Project 2Gen is to:

- Build a vibrant research community
- Connect researchers, practitioners, and policymakers whose work supports vulnerable families throughout New York and beyond.

Two-Generation Approach

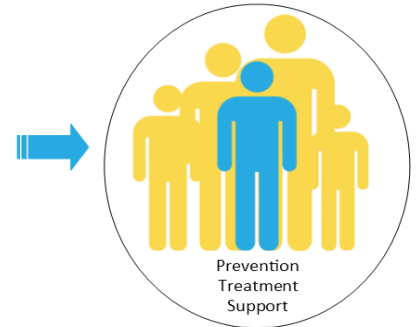
The two-generation approach focuses on addressing the needs of **vulnerable children and their parents together**.

- Much of the work tackling the opioid epidemic has focused on individuals; 2gen initiatives take a whole-family approach, supporting individuals with opioid use disorders along with their family members.

Individual Approach



2Gen Approach





Community Cafe Model

Community cafés are a series of guided conversations that bring parents and community partners together to discuss topics relevant to the community. The conversations are designed to:

- Spark leadership to develop supportive relationships necessary to strengthen families
- Support culturally diverse families to work together for a common cause
- Engage and empower families



Discussion Question #1

Break into pairs to discuss.

What problems are you seeing and hearing in your community around the opioid epidemic?



Question #1

Reflection

Take 2-3 minutes to reflect.

What did it feel like to talk about this and to have people listen to you?

What did it feel like to listen to another's experience?



Discussion Question #2

Break into groups of 3-5 people and discuss with your table.

Select a table representative who will share out the ideas.

How is your community responding to these problems?



Discussion Question #3

Break into groups of 3-5 people and discuss with your table.

Select a new table representative.

If you woke up tomorrow and the opioid epidemic was gone, what would be going on in your community to make that happen?



Harvest Reflection

Take a few moments of silence to reflect on all of the conversations and ideas shared during this session.



Harvest and Visual Recording

We will now take the next 20 minutes to share out reflections and thoughts.



Discussion Question #4

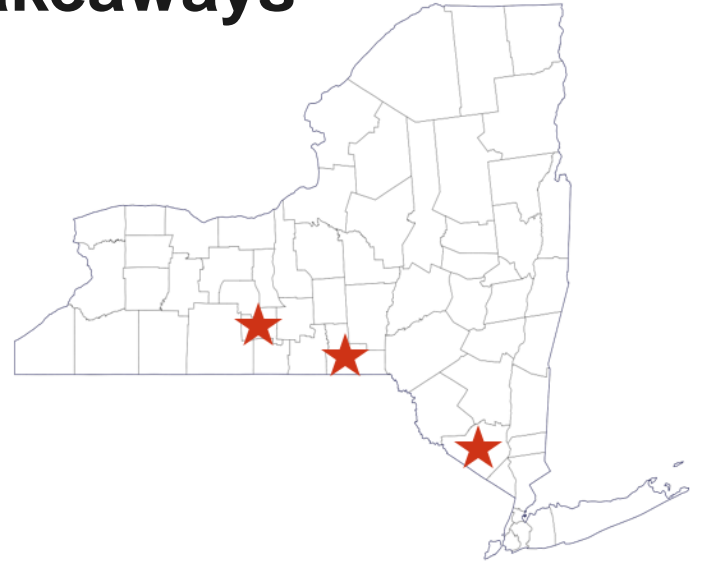
Brainstorm ideas on your own before sharing with the larger group.

What would be some practical ways that we can support each other?

Parent Educator Interview Takeaways

Interviews: Broome, Orange and Schuyler County

- Adopt a "trauma-informed" mindset
- Provide continuum of support
- Involve caregivers and families in the recovery process



Community Café Host Training

The community café model is available for use in your community. Tompkins County Cooperative Extension will be offering a training session on how to host a successful café and become a leader for stronger families in your community. All are welcome!

Registration Link: https://reg.cce.cornell.edu/CommcafehosttrngOct.31_250

Café Host Training in Tompkins County

Wednesday, October 31, 2018

9:00am-4:00pm

615 Willow Ave, Ithaca NY

