

Parenting Skills Workshop Series Participant Feedback Week 8

Thank you for giving your feedback on this program! Please use the back for more space.

1. What did you like best about the program?

2. What was most helpful to you?

3. How has this program helped you parent your children?

4. What would you tell someone if they asked you about this program?

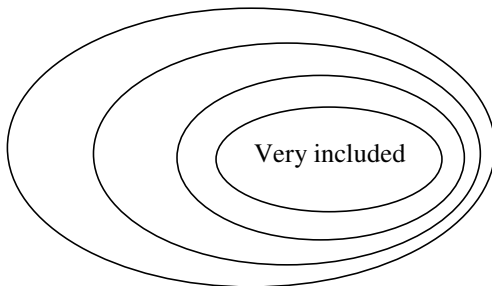
5. Is there anything else you would like to share with us?

6. Place an "X" in the circle that matches how included you felt in the group.

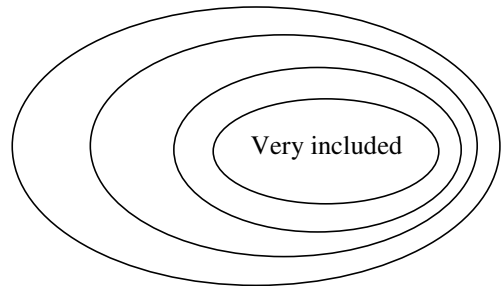
At beginning of this series.
(1st session you attended).

At the end of the series. (Now)

Not
very
included



Not
very
included



In a few words explain why you felt this way. (*before*)

In a few words explain why you felt this way. (*after*)

**Compare *before and after this program*
by putting an X in the box of your choice**

**Here's how
I felt / feel
about my
ability to:**



		1	2	3	4	
Try out different approaches	Before					
	Now					
Deal with challenging situations	Before					
	Now					
Use "encouragement"	Before					
	Now					
Use "can do"	Before					
	Now					
Use "choices"	Before					
	Now					
Use "self-control": Identify my body messages	Before					
	Now					
Use "self-control": choosing a way	Before					
	Now					
Use "respecting feelings"	Before					
	Now					

