Innovative Parenting Education Programs for Teens

Presented by Nancy Hart & Julie Triplett
Cornell Cooperative Extension Cortland County
Family Fun & Resource Center
Teen Parent Programs
Teen Café
Teen Café at a Glance

• Engaging, Teen Friendly Space
• Involving Teen Parents in Program Planning
• Informal Education
• Peer Mentoring
• Hands-on Activities
TAPP For Teens Topics

- Child Development
- Family Enrichment Network
TAPP For Teens Topics

- Family Reproductive Health
  - Family Planning
  - STD Education

- The Jacobus Center
TAPP For Teens Topics

- Safe Sleep

- Southern Tier Mothers and Babies Perinatal Network
TAPP For Teens Topics

- Family Nutrition
- Cornell Cooperative Extension of Cortland County Nutrition Program
TAPP For Teens Topics

- Healthy Relationships
- Cortland Aid To Victims of Violence
TAPP For Teens Topics

- Positive Discipline

- Discipline is Not a Dirty Word
TAPP For Teens Topics

- Money Habitudes

- Cornell Cooperative Extension Family Financial & Consumer Education Program
TAPP For Teens Topics

- Basic CPR
  - Infants
  - Children
  - Adults

- Cortland City Fire Department
Challenges to Serving Teens

- Finding Teen Parents
- Transportation
- Keeping Teens Engaged
- “I’m too busy!”
- Stigmas
Sometimes Teen Parents Can Surprise the World
Cornell Cooperative Extension provides equal program and employment opportunities.