The Nutrition and Health Minor
Available to all non-DNS Cornell undergraduates

DNS offers an undergraduate minor in Nutrition and Health that is available to all Cornell undergraduates in all Colleges and majors (except undergraduates in DNS—i.e., NS, HBHS, or GPHS majors—and Biology majors who have a Human Nutrition concentration). The Nutrition and Health minor provides students with basic knowledge about global and public health as well as the necessary skills and experience to begin to build their own unique career path in global and public health. For more information about the Nutrition and Health minor, contact Dr. Julia Felice (julia.felice@cornell.edu // B36B Kinzelberg Hall) or Terry Mingle (tpm2@cornell.edu // B36A Kinzelberg Hall) or see the Nutrition and Health minor page (http://www.human.cornell.edu/DNS/academic/minor-in-nutrition.cfm).

Requirements for the Nutrition and Health minor

The Minor in Nutrition and Health will consist of NS 1150 Nutrition, Health, and Society AND 9 credits of didactic NS courses from the list below. Students must choose the 9 cr. of NS courses from the list. Courses must be completed as letter grade. Please note that NO substitutions for NS 1150 will be accepted (except external transfer students, who may petition), and NO Special Studies (NS 4000, 4010, 4020, 4030, or 4990) or transfer credit courses may be used toward 9-credit elective requirement.

Global Perspectives on Human Health
- NS 3060 Nutrition and Global Health (odd F, 3 cr)
- NS 4450 Toward a Sustainable Global Food System: Food Policy for Developing Countries (F, 3 cr)
- NS 4480 // AEM 4485 Economics of Food and Malnutrition (S, 3 cr)
- NS 4570 // ECON 4740 Health, Poverty, and Inequality: A Global Perspective (even F, 3 cr)

Public Health and Nutrition
- NS 4500 Public Health Nutrition (S, 3 cr)
- NS 3600 Epidemiology (F, 3 cr)

Food Quality and Food Service Management
- NS 2470 Food for Contemporary Living (F/S, 2 cr)
- NS 3450 // FDSC 2000 Introduction to Physicochemical and Biological Aspects of Foods (F, 3 cr)

Human Health and Nutrition
- NS 1220 Nutrition and the Life Cycle (S, 3 cr)
- NS 2750 // ANTHR 2750 Human Biology and Evolution (F, 3 cr)
- NS 3030 Nutrition, Health and Vegetarian Diets (S, 3 cr)
- NS 3150 // PSYCH 3150 Obesity and the Regulation of Body Weight (even S, 3 cr)
- NS 3220 Maternal and Child Nutrition (odd S, 3 cr; enrollment restricted – priority to Dietetics students)
- NS 3410 Human Anatomy and Physiology (Lecture) (S, 4 cr)
- NS 4410 Nutrition and Disease (F, 4 cr)
- NS 4420 Implementation of Nutrition Care (F, 3 cr; enrollment restricted – priority to Dietetics students)

Nutritional Biochemistry
- NS 3200 Introduction to Human Biochemistry (F, 4 cr)
- NS 3310 Human Nutrition and Nutrient Metabolism (S, 4 cr)
- NS 3320 Methods in Nutritional Sciences (F, 3 cr; enrollment restricted – priority to NS majors and Dietetics students)

Psychological and Social Influences on Human Nutrition
- NS 2450 Social Science Perspectives on Food and Nutrition (F, 3 cr)
- NS 4250 Nutrition Communications and Counseling (S, 3 cr; enrollment restricted – priority to Dietetics students)
Registration in and Completion of the Minor

Students will be personally responsible for planning their minor program of study in conjunction with their advisor in their major.

**Registration:** Students should indicate their intent to participate by submitting a Nutrition and Health Minor Intent form to Terry Mingle (tpm2@cornell.edu, Kinzelberg Hall B36A) **as soon as they decide to complete the minor.**

**Completion:** DNS only reports minors to College registrars once they are **complete**, including all relevant forms. The College registrar then adds the Minor to your transcript when the degree is conferred (but it will not appear on the diploma). If there are any problems regarding completion, we will contact you. **If you do not see the minor on your transcript after your degree is conferred, please contact your College Registrar's Office to inquire.**
The Nutrition and Health Minor
Student Intent Form

As soon as you decide to complete the Nutrition and Health Minor, please complete this form and hand in to Terry Mingle in the DNS Academic Affairs Office (Kinzelberg B36A Hall). If at any time you decide not to complete the minor, please be sure to notify the Academic Affairs Office. Thank you!

Student ID Number: __________________________   netID: ________   Date: __________________

Name: ____________________________________________________________________________

College: ___________________________    Major: ________________________________

Expected Graduation: (circle one) fall / spring 20 _____   Faculty Advisor: _______________________

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FOR OFFICE USE ONLY:

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<tr>
<th>COURSE</th>
<th>SEMESTER COMPLETED</th>
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<tr>
<td>NS 1150 Nutrition, Health, and Society</td>
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<td>Additional courses (9 cr total from 2000-level or above and NS 1220):</td>
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Verified Completion (DNS Academic Affairs) ____________________________

Notes: