Course Requirements:

1. NS 1150, Nutrition, Health, and Society

2. **9 credits of didactic NS courses listed below.** Students must choose the 9 cr. of NS courses from the list. Courses must be completed as letter grade with a minimum grade of “C” – grades of “C–” or less cannot be accepted. All courses are 3 credits unless otherwise indicated in parenthesis. Bracketed courses may require instructors’ permission to enroll. **No Special Studies (NS 4000-4010-4020-4030) or transfer credit courses may be used.**

**Global Perspectives on Human Health**
- NS 3060 Nutrition and Global Health
- NS 4450 Toward a Sustainable Global Food System: Food Policy for Developing Countries
- NS 4570 Economics of Hunger and Malnutrition (also ECON 4740)

**Public Health and Nutrition**
- NS 4500 Public Health Nutrition (2)
- NS 3500 Epidemiology in Context

**Food Quality and Food Service Management**
- NS 2470 Food for Contemporary Living (2)
- NS 3450 Nutritional and Physicochemical Aspects of Food (also FDSC 2000)

**Human Health and Nutrition**
- NS 1220 Nutrition and the Life Cycle
- NS 2750 Human Biology and Evolution (also ANTHR 2750)
- NS 3150 Obesity and the Regulation of Body Weight (also PSYC 3150)
- NS 3220 Maternal and Child Nutrition
- NS 3410 Human Anatomy and Physiology, lecture
- NS 4315 Nutrient Requirements and Recommendations: Biological Aspects
- NS 4370 Nutritional Immunology and Infectious Diseases
- NS 4410 Nutrition and Disease
- [NS 4420 Implementation of Nutrition Care]
- NS 4444 Sports Nutrition and Supplements: Concepts and Evidence

**Nutritional Biochemistry**
- NS 3200 Introduction to Human Biochemistry
- NS 3310 Nutrient Metabolism
- NS 3320 Methods in Nutritional Sciences
- NS 4130 Nutritional Genomics-Evolution and Environment
- NS 4310 Mineral Nutrition and Chronic Disease
- NS 4750 Molecular Nutrition and Development (also BIOAP 4750)
- NS 4900 Manipulating the Mouse Genome (also BIOMG 4900)

**Psychological and Social Influences on Human Nutrition**
- NS 2450 Social Science Perspectives on Food and Nutrition
- NS 4250 Nutrition Communications and Counseling (Restricted – priority given to Senior standing students completing dietetics requirements)