Rebecca Bobrow

Becca, a government major in the College of Arts and Sciences, participated in a course at KCMU-Co for the first four weeks, where she worked on a policy analysis case study in a group consisting of half Cornell students and half Tanzanian medical students. Her group was extremely interested in reproductive health and focused its research on family planning mechanisms among married couples. The group interviewed married couple from the Moshi area, as well as health workers from the reproductive clinic at KCMU-Co hospital and others involved with the distribution of knowledge surrounding family planning and birth control.

During the second half of the summer, Becca worked at The WEECE Project, an organization dedicated to women's economic development. Becca was able to contribute to the organization by aiding in English, computer, and math classes taught at WEECE's vocational secondary school. Additionally, she helped train a recent graduate of the school to run her own small shop, hopefully helping her to become economically independent!

Becca's favorite part of her summer in Moshi was her homestay experience, where she got to spend time with her two Tanzanian sisters, ages 7 and 18. They helped Becca practice her Swahili, and she paid them back by teaching them American card games.

Katrina Conklin

Katrina spent the summer of 2013 in Kilimanjaro region, Tanzania. She lived with a local homestay family and attended class at Kilimanjaro Christian Medical College for the first four weeks, learning and working with KCMC medical students and faculty. She and her KCMU-Co peers conducted a case study on undernutrition of children residing in orphanage and street children centers in the Moshi area. For the second month, Katrina interned at Machame Lutheran Hospital in the rural village of Machame, where she worked with Tanzanian doctors, clinical officer students, and international medical students. At the hospital, she attended rounds, observed examinations and surgeries, and conducted outreach clinics in more remote areas. During her spare time, she enjoyed playing with local schoolchildren. Katrina feels fortunate to have had such a life-changing opportunity and worked with so many amazing Tanzanians and Cornellians alike.
Michael Fox

Mike had an unforgettable summer experience through the Tanzania Summer Program. He spent the first four weeks working with fellow Cornellians and KCMU-Co students to craft a case study on the rise of motorcycle accidents in Moshi, Tanzania. While conducting research, he had the opportunity to interview with local healthcare workers, motorcycle accident victims, traffic officers, and the Tanzania Motorcycle Association. His free time in Moshi was spent watching superhero movies with his homestay family and playing soccer with students from the medical school.

During the second half of the program, Mike conducted his service placement at the Machame Lutheran Hospital. Mike had the freedom to observe every department of the hospital, giving him the opportunity to explore many different medical specializations, including orthopaedic surgery, obstetrics, minor surgery, and radiology. His most memorable experience was witnessing his first live cesarean section at the hospital. When he was not at the hospital, Mike spent time playing with kids at the Machame Primary School and the local orphanage, and went on trips to a Maasai village and a freshwater hot spring.

Adrienne Groccia

During the first four weeks of her time in Moshi, Tanzania, Adrienne developed a policy case study with Tanzanian medical students and another Cornell student. They explored the effects of patient waiting time on healthcare delivery at Kilimanjaro Christian Medical Center. This cross-cultural learning experience provided Adrienne with the opportunity to learn about the Tanzanian healthcare system, education system, government structure, and societal customs. The second four weeks Adrienne spent working for KINSHAI, an NGO cluster dedicated to reducing suffering in the Kilimanjaro region. While interning, Adrienne realized the true potential of grassroots organizations to impact individuals and the community at large. She assisted in various tasks including brainstorming on fundraising methods, updating organizational materials, and even had the experience of teaching about HIV/AIDS prevention. Adrienne lived with the most caring, loving, and hardworking woman she has ever had the pleasure of knowing. The people Adrienne met during her 8 weeks in Tanzania impacted her beliefs, ideas, and personal expectations more than they could ever possibly imagine. While making sincere friendships with her Tanzanian neighbors, home stay Mama, KCMU-Co colleagues, and supervisors, Adrienne learned to
challenge her ideas of global health as she began to find peace in the complexities of our global community.

**Brenda (Ume) Imo**

Ume is a junior in the College of Arts and Sciences double majoring in Biology &Society and Africana Studies. Ume is also a Global Health minor and she spent the summer of 2013 in Moshi, Kilimanjaro, Tanzania completing her field experience. In Tanzania, she took a course at the Kilimanjaro Christian Medical College for the first 4 weeks of her field experience where she conducted a policy case study with Cornell and fourth-year Tanzanian medical students. She learned a lot about public health issues in Tanzania and also the process of developing policy recommendations that can be implemented by policy makers to rectify health issues. During the last four weeks, Ume interned at the Kilimanjaro NGO Cluster on HIV/AIDS/STIs, and Reproductive Health (KINSHAI). KINSHAI allowed Ume to get a better idea of the HIV/AIDS issue in Tanzania. She worked with the Executive Director of KINSHAI to improve their current educational and interactive programs that were aimed at improving the lives of youth and women in the area that were more susceptible to HIV/AIDS. She also worked alongside a fellow Cornell student to develop an educational program to address the current misconceptions of HIV/AIDS and other STIs to the youth in a surrounding village.

**Hannah James**

Hannah spent this past summer living, learning, and working in Moshi Tanzania. For the first four weeks, Hannah collaborated with fourth year medical students at Kilimanjaro Christian Medical College (KCMC), to develop a case study on the increasing prevalence of Type II diabetes in Tanzania. Hannah and another Cornell student worked with a group of KCMC students to compile a thorough literature research of the topic, and then to engage with the local community by conducting stakeholder interviews with patients, health workers, clinical officers, and government officials. They worked through the challenges of this topic to create inventive policy options to reduce the prevalence of Type II diabetes in Tanzania.

For the second portion of Hannah's summer in Moshi, she interned at a local NGO, the Network Against Female Genital Mutilation (NAFGEM). While a member of the NAFGEM team, Hannah gave presentations about FGM and helped to educate people about the misconceptions of the practice, and the efforts that have reduced the prevalence of FGM. Hannah also conducted thorough interviews with some vulnerable girls who had run away from FGM to start case files for them with NAFGEM. Hannah worked with NGO leadership to develop innovative methods of funding, including work on the Maasai Women's Economic Empowerment Program that NAFGEM has been piloting, and additional ways to create more sustainable linkages with international partners.
This is a picture of Hannah at the NAFGEM office with another young Maasai girls who had runaway from FGM and limited educational opportunities.

**Grace Leu**

This photo was taken during Grace’s time volunteering at the Building Caring Communities Longuo center for children with mental and physical disabilities in Moshi, Tanzania. Grace spent 8 weeks with 12 other Cornell students in Moshi, Tanzania with the Cornell Global Health Tanzania Summer Program. During the first 4 weeks, Grace worked on a policy case studying looking at the high unmet need for family planning among married Tanzanian women. Working with Tanzanian medical students and faculty, she did extensive research on the topic, interviewed pharmaceutical companies, physicians, and married couples, and visited various hospitals and clinics. These 4 weeks allowed her to gain a deeper understanding and firm grasp of reproductive health in the Tanzanian context. During the last 4 weeks of the field experience, Grace volunteered with Building Caring Communities, an organization based in Moshi that seeks to alleviate the strong stigma against children with disabilities and their families and support them. She spent most of the days working in the Longuo Center with 6 children, teaching them basic lessons on the weather, days of the week, personal hygiene, and colors etc. in Swahili. It was an amazing experience where she was able to build so many valuable relationships, gain a better understanding of the colorful Tanzanian culture, and learn a lot about herself.

**Abigail Morrison**

Abby's experience in Moshi, Tanzania shaped her time here at Cornell. Through the program Abby was able to figure out what topics she was passionate about. This program not only allowed personal exploration, but ways to apply what she was learning in classes. The field experience helped put a "face" on the term "global health" and really aided in her understanding of the field. On a more social note, the program allowed relationships among like-minded peers to form. Abby is still in contact with many of the people she met through the program and in Tanzania as well. Abby encourages anyone who is thinking about going to actually go and discover global health for themselves. Academics is so much more than book learning. Get out in the field and discover things on your own!
Rachel Nichols

Rachel's two-month abroad experience in Moshi, Tanzania was more than she had hoped for. For the first month of her study, Rachel took a course at Kilimanjaro Christian Medical University - College in collaboration with fourth-year medical students. The aim of the class was to work in small teams developing, researching, writing, and presenting original policy case studies. Rachel's group researched the increase of motorcycle accidents in Moshi, Tanzania and the resulting disability and mortality. After seeing the problems caused by motorcycles first-hand, she became very passionate about her group's research. For the second month of Rachel's study abroad, she worked for an NGO called Building a Caring Community, which serves children with various disabilities in each of its day centers. Rachel worked in one of the day centers teaching the children academic lessons and assisting them with performing daily activities of living. In addition to taking class and working for the NGO, the Cornell students had the opportunity to go on a coffee tour, climb to the first base camp of Mt. Kilimanjaro, and see animals up-close on three different safaris! Rachel fell in love with my home-stay mama and brother and also became close with other children in her complex. The local Tanzanians were awesome, the food was delicious, and the learning experience was one-of-a-kind!

Matthew Rolando

Matt spent the first four weeks of the program in Moshi, Tanzania. During this part of the program, he participated in a class at Kilimanjaro Christian Medical College. During those four weeks of class he worked together alongside fellow Cornell students and Tanzanian medical students to develop a case study regarding school feeding programs in Moshi. During the service placement portion of the program, Matt spent his four weeks at an English-medium primary school located Machame. During his time there, he taught several classes pertaining to technology and taught students about the dangers of trash burning. He also assisted teachers in typing up exams and updating their electronic records. During his spare time, Matt enjoyed playing soccer with the students.

Lodoe Sangmo

Lodoe spent an incredible eight weeks in Tanzania. During the first four weeks of her field experience, she completed a public health policy case study with a group of three Tanzanian medical students and a Cornell student on reducing patient waiting time in the medical outpatient department of KCMU-Co. This was a challenging but incredibly rewarding experience which not only gave her an in-depth and first-hand perspective of the health system challenges in Tanzania but further strengthened her commitment to pursuing a career in global health. She had the opportunity to
interview and observe patients, doctors, nurses, clinical officers and hospital administrators in KCMU-Co as well as in lower-level healthcare facilities. Her experience talking to all the different factions who constitute the health system really allowed to her to take an analytical and all-encompassing look at improving hospital service in a resource-limited setting. During these four weeks, she also lived with a host family and thoroughly enjoyed the warmth and hospitality that she found so characteristic of Tanzanian culture. During the second half of her field experience, Lodoe worked at a primary school in rural Tanzania. She was able to experience a different facet of Tanzanian society by living in a close-knit town that differed drastically from urban Moshi. During her internship at the school, she worked with another Cornell student to teach information, communication and technology classes as well as to design science demonstrations and health classes for fourth and fifth graders. During this time, Lodoe had more freedom to go on local excursions - such as visiting the Maasai village the school guards were from. Lodoe is grateful for this amazing experience and feels like she emerged with a clearer perception of global health challenges and her future goals in life.