Tool: Situational Eating - Final Interview Guide

Purpose: This tool was developed to understand how food choices change in different eating situations.


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Situational Eating Final Interview Guide

This final interview is designed as a member check and is tailored depending on the depth of information provided in prior interviews.

To prepare for final interview:
- Review data to create an individualized commensality map that shows place, meal, and people.
- Review FFQ. Look for discrepancies or things that you would like clarified.
- Review card sorts. Look for any discrepancies or things that you would like clarified.
- Review initial interview and schema interview guides to verify that all questions were asked and all card sorts were completed. Use interview guide/checklist. If not asked add these unasked questions to final interview.
- Add your own additional questions to final interview.

Final Interview Topics Outline – Organized by Food Choice Process Model Concepts
* moved to end of interview to avoid leading other discussion toward health topics

- Life Course
- Ideals
- Personal Factors
  - Age
  - Gender
  - Health
  - Emotional issues
  - Identities
  - Resources
    - Financial
    - Facilities
  - Social Context
    - Home
    - Work
- Community
  - Relationships
  - Roles
- Food context
  - Food prepared at home
  - Food away from home
    - Restaurant
    - Take-out
- Food Choice Values
  - Taste
  - Convenience
  - Monetary Considerations
- Relationships
  - Physical well being
  - Food involvement
- Food Rules
- Food Classification
  - Food preferences
  - Eating situation preferences
  - Health classifications
- Last call for other thoughts
  - Physical well-being question *
  - Health classification questions