Minor in Nutrition and Health
Division of Nutritional Sciences, Cornell University

The Minor in Nutrition and Health will consist of **NS 1150 plus 9 credits of didactic NS courses listed below**. Students must choose the 9 cr. of NS courses from the list. Courses must be completed as letter grade with a minimum grade of “C”: Grades of “C–” or less cannot be accepted. All courses are 3 credits unless otherwise indicated in parenthesis. Please note that NO substitutions for NS 1150 will be accepted, and NO Special (Independent) Studies (NS 4000-4010-4020-4030) or transfer credit courses may be used.

**Global Perspectives on Human Health**
- NS 3060 Nutrition and Global Health
- NS 4450 Toward a Sustainable Global Food System: Food Policy for Developing Countries
- NS 4480 Economics of Food and Malnutrition (also AEM 4485)
- NS 4570 Health, Poverty, and Inequality: A Global Perspective (also ECON 4740)

**Public Health and Nutrition**
- NS 4500 Public Health Nutrition
- NS 3600 Epidemiology

**Food Quality and Food Service Management**
- NS 2470 Food for Contemporary Living (2 cr.)
- NS 3450 Introduction to Physicochemical and Biological Aspects of Foods (also FDSC 2000)

**Human Health and Nutrition**
- NS 1220 Nutrition and the Life Cycle
- NS 2750 Human Biology and Evolution (also ANTHR 2750)
- NS 3030 Nutrition, Health and Vegetarian Diets
- NS 3150 Obesity and the Regulation of Body Weight (also PSYCH 3150)
- NS 3220 Maternal and Child Nutrition (Enrollment restricted –priority to Dietetics students)
- NS 3410 Human Anatomy and Physiology (Lecture)
- NS 4410 Nutrition and Disease
- NS 4420 Implementation of Nutrition Care (Enrollment restricted –priority to Sr. Dietetics students)
- NS 4444 Sports Nutrition and Supplements: Concepts and Evidence

**Nutritional Biochemistry**
- NS 3200 Introduction to Human Biochemistry
- NS 3310 Human Nutrition and Nutrient Metabolism
- NS 3320 Methods in Nutritional Sciences (Enrollment restricted –priority to Sr. Nutrition/Dietetics students)
- NS 4310 Mineral Nutrition and Chronic Disease
- NS 4900 Manipulating the Mouse Genome (also BIOMG 4900)

**Psychological and Social Influences on Human Nutrition**
- NS 2450 Social Science Perspectives on Food and Nutrition
- NS 4250 Nutrition Communications and Counseling (Enrollment restricted –priority to Sr. Dietetics students)
ELIGIBILITY FOR THE MINOR

• To be considered for the Minor in Nutrition and Health, students must:

  (1) not be enrolled in any of the Division of Nutritional Sciences majors, including: NS (CALS or CHE), HBHS, GPHS (CALS or CHE), or Biological Sciences with a Concentration in Human Nutrition
  (2) fill out and submit a copy of the top half of the form, “Intention to Minor in Nutrition and Health,” to the Undergraduate Student Services Assistant in B21 Savage (blank forms can be found in the sorter outside of B21 Savage) as soon as possible.
  (3) keep a copy of the form for yourself and give a copy to your major advisor.

Students will be personally responsible for planning their minor program of study in conjunction with their advisor in their major.

Students and advisors in other departments should contact Dr. Cha-Sook You, the Associate Director of Undergraduate Studies in the Division of Nutritional Sciences, at cy12@cornell.edu, or Terry Mingle (tpm2@cornell.edu) in B21 Savage Hall if they have questions about our courses.

• To graduate with a minor in Nutrition and Health, you must submit the following materials to the DNS Academic Affairs Office, B21 Savage:

  • A completed copy of the TOP half of your “Intention to Minor in Nutrition and Health” form – this part should be turned in as soon as you decide to complete the minor.

  • A completed copy of the BOTTOM half of your “Intention to Minor in Nutrition and Health” form – this part should be turned in by March 15th of your Senior year. Please list all of the courses you have taken toward the minor, and the grades you received for each. If you are currently enrolled in a course, just list the course, and leave the grade field blank – we will check your grade at the end of the semester and fill it in. ALSO, please bring in your Application to Graduate form (IF your college requires one) and DNS will verify and sign it, so that you can turn it in to your College Registrar’s Office.

When you have completed all of your courses and submitted all forms, the DNS Academic Affairs Office will then review your transcript (we can access it online – you do not need to provide a copy), and (if complete) will notify your Registrar’s Office that the requirements for the minor have been completed. Your college registrar will then see that the minor gets added to your transcript (it will not appear on your diploma, only on your transcript). If there are any problems regarding completion, we will contact you. If you do not see the minor on your transcript within a month after you have completed it, please contact your College Registrar’s Office to inquire.
Nutrition and Health Minor Intent Form

Not eligible: NS (CALS or CHE), HBHS, GPHS (CALS or CHE), or Bio. Sci. major w/ Human Nutrition Concentration students

Name: _____________________________________________________________

Cornell ID #: ___________________________ NetID: _______________________

College: _______________________________ Major: _______________________

E-mail: _________________________________ Graduation Year: ________________

Faculty Advisor’s Name: __________________ Dept: _______________________

Faculty Advisor’s Signature: ___________________________ Date: _____________

Please submit the TOP section of this form to B21 Savage as soon as you decide to complete the minor. Be sure to keep one copy for yourself, and give one copy to your major advisor for their files.

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NUTRITION & HEALTH MINOR COURSES TAKEN/GRADUES RECEIVED

Please submit the BOTTOM section of this form to B21 Savage when you are in your last semester at Cornell. If your college requires one, please also submit your Application to Graduate form. All required paperwork must be submitted by March 15th of your Senior year.

STUDENTS – PLEASE FILL IN THIS TABLE WITH COURSES THAT YOU’VE TAKEN (OR ARE ENROLLED IN):

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<tr>
<th>COURSE</th>
<th>SEMESTER COMPLETED/ENROLLED</th>
<th>*GRADE</th>
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<td>REQUIRED COURSE</td>
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<td>NS 1150</td>
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<td>ADDITIONAL COURSES</td>
<td>(9 credits, at or above the 2000-level. This may include NS 1220)</td>
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*Note: If you are finishing up a course during the LAST semester of your Senior year just fill in the course information, and we will check for the completion and grade at the end of the semester. We will report all minor completions to your college registrar’s office at the end of the semester after grades are final. They should appear on your transcript within a month or so after completion.

FOR OFFICE USE ONLY:

Date Application to Graduate submitted: _______________________________

Notes: