Choosing NS Courses

When selecting NS courses, consider your personal interests and professional goals. Focusing your selections around a specific issue can result in a more concentrated experience and greater depth of understanding of that particular issue. The clusters of NS courses below may help you begin to plan your selections:

**Global Perspectives on Human and Health**
- NS 2600 Introduction to Global Health
- NS 3060 Nutritional Problems of Developing Nations
- NS 4450 Toward a Sustainable Global Food System: Food Policy for Developing Countries (also AEM 4450)
- NS 4570 Health, Poverty, and Inequality: A Global Perspective (also ECON 4740)
- NS 4600 Explorations in Global Health – restricted to students in Global Health minor

**Epidemiology and Public Health**
- NS 3500 Epidemiology in Context
- NS 4500 Public Health Nutrition

**Food Quality**
- NS 2470 Food for Contemporary Living
- NS 3450 Introduction to Physicochemical and Biological Aspects of Foods (also FDSC 2000)
- NS 4880 Applied Dietetics in Food Service Systems

**Human Health and Nutrition**
- NS 1150 Nutrition, Health, and Society
- NS 1220 Nutrition and the Life Cycle
- NS 2750 Human Biology and Evolution (also ANTHR 2750)
- NS 3150 Obesity and the Regulation of Body Weight (also PSYCH 3150)
- NS 3220 Maternal and Child Nutrition
- NS 3410 Human Anatomy and Physiology
- NS 3420 Human Anatomy and Physiology Laboratory
- NS 4315 Nutrient Requirement and Recommendation: Biological Aspects
- NS 4370 Nutrition, Immunology and Infectious Diseases
- NS 4410 Nutrition and Disease
- NS 4420 Implementation of Nutrition Care
- NS 4444 Sports Nutrition and Supplements: Concepts and Evidence

**Nutritional Biochemistry**
- NS 3200 Introduction to Human Biochemistry
- NS 3310 Physiological and Biochemical Bases of Human Nutrition
- NS 3320 Methods in Nutritional Sciences
- NS 4130 Nutritional Genomics-Evolution and Environment
- NS 4310 Mineral Nutrition and Chronic Disease
- NS 4750 Mechanisms Underlying Mammalian Developmental Defects (also BIOAP and BIOMS 4750)
- NS 4900 Manipulating the Mouse Genome

**Psychological and Social Influences on Human Nutrition**
- NS 2450 Social Science Perspectives on Food and Nutrition
- NS 3470 Human Growth and Development: Biological and Behavioral Interactions (also HD 3470 and BSOC 3471)
- NS 4250 Nutrition Communications and Counseling