Student Supervisor: Nancy Peckenpaugh, MSEd, RD, CDN, CDE
Instructor: Emily Gier, MBA, RD, CDN

Grade option: S/U for 1-2 credits/semester depending on time commitment (45-60 hours total = 1credit; experience to be carried out over fall/spring or summer semesters). Hours typically completed during the day on Wednesdays, Thursday afternoons and Fridays.

Instructions: Students will apply for supervised fieldwork experience through the Student Supervisor (npeckenpaugh@beechtreecenter.com). Students will be selected as appropriate by the supervisor and will review and agree to the terms of the fieldwork experience before submitting “NS 4020 Request for Special Study” paperwork. After both the supervisor and student agree to expectations for the semester, students will request a meeting with the instructor and enroll in “NS 4020 Request for Special Study” as outlined below. The request must be completed by the second week of classes in the semester the experience is taking place. As a volunteer in a health care facility, students will need to be cleared by employee health (including a PPD), complete a facility orientation and sign a confidentiality statement. Additionally, student volunteers will need to abide by the facility dress code which requires professional clothing (no sleeveless tops, shirts, dresses) and closed-toe, closed-heel footwear.

I. Description of Study: student will work under the supervision of RD at long term care facility to participate in delivery of nutrition care.

A) Learning objectives:

Develop an understanding and experience in long term care nutrition services. Gain understanding and experience and develop skills in the following areas:

- Nutrition screening
- Nutrition assessment/care planning
- Identifying nutrition problems
- Nutrition Interventions, including nutrition education and or counseling and understanding and implementing special diets
- Resident interviewing (such as with screening, assessment, meal rounds & dehydration)
- Menu planning & implementation

B) Activities: Through shadowing, observations and/or participation with RD activities may include but are not limited to the following:

- Resident care planning (screening, assessment, resident care meetings)
- Medical record review (for nutrition care process, quality assurance/improvement activities)
- Resident interviews (for nutrition care planning, QA/PI or other)
- Resident meal rounds and/or calorie counts and/or quality assurance activities
- Nutrition education material review and/or development
• Diet manual review
• Review of policy and procedures for nutrition services
• Attend nutrition services meetings and/or inservices

II. Previous Coursework related to proposed study: NS1150, NS1220, and NS 2470

III. Time commitment (avg. hrs/wk): Fall/Spring: 3-6 hours/week X 14 weeks; Summer: 5-6 hrs/wk X 8 weeks

1. Preparation and assignment – ~ 6 hours
2. Meeting with instructor – as needed
3. Library – as needed
4. Research (for 4010 only)
5. Placement – ~ 50-84 hours total, depending on credits

IV. Product of study: Portfolio of skills developed as a result of supervised fieldwork experiences.

V. Evaluation:
1. Who will evaluate? Student Supervisor will verify that student successfully completed agreed upon activities and assigned tasks. Please email instructor at end of experience to confirm (may email during experience as needed).
2. How will grade be determined? Student will meet with instructor by the end of second week of classes in fall semester to review portfolio.