Supervised Fieldwork in Clinical Nutrition

Student Supervisor: Clinical RD at inpatient healthcare facility. (Note: Students need to find a student supervisor. Consider contacting Food and Nutrition Departments at local hospitals in your areas. If you need ideas, speak with Emily Gier.)
Instructor: Emily Gier, MBA, RD

NS 4020 – Supervised Fieldwork
Grade option: S/U for 1 credits/semester depending on time commitment (45-60 hours total = 1 credit; experience may be carried out fall/spring semesters or over the summer.

I. Description of Study: student will work under the supervision of clinical RD at inpatient healthcare facility to participate in delivery of nutrition care.

A) Learning objectives:

Develop an understanding and experience in clinical nutrition services. Gain understanding and experience and develop skills in the following areas:

- Nutrition screening
- Nutrition assessment
- Identifying nutrition problems
- Nutrition Interventions, including nutrition education and or counseling and understanding and implementing special diets
- Patient interviewing (such as with screening, assessment, meal rounds)
- Menu planning & implementation

B) Activities: Through shadowing, observations and/or participation with RD activities may include but are not limited to the following

- Patient care planning (screening, assessment, patient rounds and patient care meetings)
- Medical record review (for nutrition care process, quality assurance/improvement activities)
- Patient interviews (for nutrition care planning, QA/PI or other)
- Patient/resident meal rounds and/or calorie counts and/or quality assurance activities
- Nutrition education material review and/or development
- Diet manual review
- Review of policy and procedures for nutrition services
- Review of nutrition care manual
- Attend nutrition services meetings such as nutrition support committee, nutrition in-services
II. Previous Coursework related to proposed study: NS1150, NS1220, and NS 2470

III. Time commitment (avg. hrs/wk): 4-8 hrs/wk X 8 weeks

1. Preparation and assignment – up to 4 hours
2. Meeting with instructor – as needed
3. Library – as needed
4. Research (for 4010 only)
5. Placement – ~ 50 hours total

IV. Product of study: Portfolio of skills developed as a result of supervised fieldwork experiences.

V. Evaluation:
1. Who will evaluate? Student Supervisor will verify that student successfully completed agreed upon activities and assigned tasks. Please email instructor at end of experience to confirm (may email during experience as needed).
2. How will grade be determined? Student will meet with instructor by the end of second week of classes in fall semester to review portfolio.