gap year
opportunities
general gap year opportunities

This is a sample listing of opportunities derived from the resources at the Cornell Career Services Library in 103 Barnes Hall and the College of Human Ecology Career Exploration Center in 162 MVR. You are encouraged to use this information as starting ideas to design your own experience. Please stop by Barnes Hall or your College’s Career Center for more assistance in exploring gap year opportunities.
opportunities list

**Academic Associate Program at North Shore University Hospital**

One-year program in Manhasset, NY for pre-med seniors and recent graduates. Work closely with experienced researchers and faculty in the emergency department.

https://www.northwell.edu/research-and-education/continuing-and-professional-education/graduate-clinical-education/academic-associates

**Benefits:** $28,000 stipend for the year  
**Deadline:** Unspecified

---

**AIDS Health Project Post-Baccalaureate Internship Program**

One-year program (starting July) in San Francisco for students interested in public health, social services, and mental health. Programs available include HIV Counseling and Testing Program, Research Program, Psychosocial Support Services.


**Benefits:** $900 monthly stipend for housing  
**Deadline:** Late February

---

**American-Scandinavian Foundation**

Paid short-term and long-term training positions with private industry and technical universities in chemistry, computer science, forestry, horticulture and engineering in Denmark, Finland, Iceland, Norway and Sweden. Academic year or summer aboard.

http://www.amscan.org/  
**Benefits:** Research fellowships up to $23,000 and grants up to $5,000. Paid internship/training.  
**Deadline:** November 1st

---

**AmeriCorps**

AmeriCorps gives volunteer opportunities helping others and meeting critical needs in the community. AmeriCorps offers several ways to get involved, from part-time local service programs to full-time residential programs. Opportunities in all U.S. states.

http://www.americorps.gov/  
**Benefits:** $5,550 educational award, monthly living stipend of $1,100-1,200, health benefits  
**Deadline:** Year-round
**Amnesty International**

The Ralphe J. Bunche Program. Twelve month paid fellowship for recent graduates, graduate, or undergraduate students from traditionally recognized American minority groups doing in-depth human rights work. Opportunities available in many countries in North & South America, Europe, and Asia.

http://www.amnesty.org/en/jobs

**Benefits:** Salary (unspecified amount), interest-free travel loans, passport/visa reimbursement

**Deadline:** Year-round

---

**Anatolia College Fellowships**

Fellows work 30 hours/week for 10 months and can teach English, direct a theater club, coach sports, serve as a Health Fellow, work in an elementary school, student activities, or the dorms.

http://www.outreach.olemiss.edu/student/greece_fellowship.html

**Benefits:** 500 euros/month (~$640) + private room & board

**Deadline:** Early February

---

**Asia Pacific Leadership Program**

Graduate-level nine-month certificate program (including a minimum 5-month residency at the East-West Center in Honolulu) that combines regional expertise with the enhancement of individual leadership skills. Recent graduates and enrolled graduate students as well as mid-career professionals are eligible.

http://www.eastwestcenter.org/education/aplp

**Costs:** $8,000-$15,000 for the program

Scholarships offered to cover $7,000 of program fees and ~$1,000/month living expenses.

---

**Association for International Practical Training**

AIPT offers four internship programs which place students in a wide variety of countries: Hospitality and Tourism Exchanges, International Association for the Exchange of Students for Technical Experience, Student Exchanges, Career Development Exchanges. Placement success is directly related to applicant’s ability to create a reciprocal position in the USA for a student coming from abroad. Variable duration for different placements.

http://www.culturalvistas.org/programs-for-students-and-professionals

**Costs:** ~$1000 for a year-long placement.

**Benefits:** Medical insurance

**Deadline:** Year-round
Au Pair in Europe
Au Pair Europe offers placements to work with and care for children. U.S. and Canadian citizens are eligible to be placed in many European countries including Spain, the UK, Austria, Germany, France, Italy, and Ireland. Language proficiency may be required for some countries. Positions are 9 or 12 months; extended stays may be an option.

http://www.planetaupair.com/aupaireng.htm
Costs: 333 euros (~$430) for the program + health insurance and transportation costs.
Benefits: 80-100 euros/week (~$115) and private room with host family.
Deadline: Unspecified

BUNAC
Offers internships/work abroad in Great Britain, Australia, New Zealand, and Ireland. College students and recent college grads ages 18-30 are eligible for most places. Opportunities last between 6 and 12 months, depending on the country. You are to search for your own placements within your country of interest.

http://www.bunac.org/
Costs: About $500-750 program fee + $250-400 for visa + $300-500 for insurance + airfare (varies)
Benefits: $1,500-$2,500 for internships, and a salary for jobs
Deadline: Unspecified

California Healthcare Workforce Alliance Fellowship
Fellows work with senior project managers for 3-6 months in hospitals, medical groups, physician practices, clinics, health departments, and public health settings.

http://www.healthcareers.org/program-overview/hit-fellowship
Benefits: At least $11/hour salary + monthly living stipend depending on ability to pay
Deadline: Early March

City Year
City Year is an education focused, nonprofit organization that unites young people of all backgrounds for a 10-month period of full-time service to keep students in school and on track to graduation. There are 24 locations across the U.S. where tutors and mentors can work.

http://www.cityyear.org/joincorps.aspx
Benefits: $5,550 education award, modest living stipend (varies by location), student loan deferment, and health insurance
Deadlines: September 30th, November 15th, February 15th or April 30th
<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
<th>Benefits</th>
<th>Deadline</th>
<th>Contact</th>
</tr>
</thead>
</table>
**Benefits:** $30,000 stipend and health insurance coverage for the program  
**Deadline:** Early January |                  | Beth Fiori, Barnes Hall Career Services, btf1@cornell.edu  |
| **Carnegie Endowment for International Peace Junior Fellows Program** | Year-long paid research assistant internship for graduating seniors interested in careers in international affairs. Internship is at the Carnegie Endowment for World Peace in Washington, D.C. Although U.S. citizenship isn’t necessary, applicant must be eligible to work in the U.S. and Cornell endorsement is required. | http://carnegieendowment.org/about/?fa=jrFellows  
**Benefits:** Salary of $3,000 a month with full benefits package  
**Campus Deadline:** Early December  
**Contact:** Beth Fiori, Barnes Hall Career Services, btf1@cornell.edu |                  |                                                          |
| **Coro Fellows Program in Public Affairs**       | A nine-month, full-time, postgraduate training program in effective and ethical leadership in public affairs offered in New York City, San Francisco, Los Angeles, Pittsburgh and St. Louis. Participants are placed in projects relating to public issues. | http://coro.org/programs/coro-fellows-program/  
**Benefits:** ~$5,000 in need-based stipends and tuition waivers + student loan deferment  
**Deadline:** Mid-January |                  |                                                          |
| **Council on International Exchanges (CIEE)**    | Non-profit organization providing work and teaching opportunities abroad in a wide variety of locations. You are expected to find your own placement, unless it is part of a structured program. | http://www.ciee.org/  
**Benefits:** depend on your placement, and ranges from a salary to a scholarship.  
**Deadline:** Unspecified |                  |                                                          |
Cross Cultural Solutions

Sends short-term (~12 weeks per location) volunteers abroad to provide humanitarian assistance and gain cultural perspective in many places including Brazil, China, Costa Rica, Ghana, India, Morocco, Peru, Russia, South Africa, Tanzania, and Thailand. Also in partnership with CARE.

https://www.crossculturalsolutions.org

**Costs:** Program costs ~$1,000-1,500 per week that you stay, which covers airfare and accommodations. You are responsible for your own visas and immunizations. Some suggested scholarships can be found on their website.

**Deadline:** Unspecified

---

Echoing Green Public Service Fellowships

Provides funding for public service projects anywhere in the world. Structured fellowships include the Echoing Green Fellowship and the Black Male Achievement Fellowship. Programs are targeted to social entrepreneurs interested in developing new ideas and organizations.

http://www.echoinggreen.org/

**Benefits:** Stipend of $70,000-80,000 paid over 18-24 months, depending on fellowship. Health insurance included.

**Deadline:** Early January

---

El Pomar Fellowship in Community Service

Two-year program for recent college graduates, who have a Colorado connection. Program participants engage in professional development through investments, grant making, public speaking, and business writing. Many internship, fellowship, and project funding opportunities available.

http://www.elpomar.org/

**Benefits:** Salary by hourly wage

**Deadline:** Mid-February (depends on specific program)

---

Fulbright

Educational exchanges that strengthen understanding and communication between the U.S. and students from 144 countries. Students interested in applying for the Fulbright Student Program must apply through the Fulbright Program Office in their home country.

http://www.iie.org/en/Fulbright/

**Costs:** Airfare, but travel grants are available

**Benefits:** Health insurance, loan deferments, and tuition/research grants available

**Deadline:** Mid-October

**Contact:** Beth Fiori, Barnes Hall Career Services, btf1@cornell.edu
**Green Corps**

For people who are serious about saving the planet. Program includes intensive classroom training, hands-on experience running urgent environmental and public health campaigns, and placement in permanent leadership positions with leading environmental groups.

http://www.greencorps.org/node/93  
**Benefits:** $23,750 salary + health care + student loan repayment program + transportation to and from training sites + subsidized housing  
**Deadline:** Mid-October to early November (depends on your desired location)

---

**HealthCorps Coordinator**

Two-year program in New York City for recent college graduates to work full-time and teach and mentor high school students about healthy eating, exercise, and taking care of their bodies.

https://www.healthcorps.org/become-a-coordinator/  
**Benefits:** Competitive salary + health benefits  
**Deadline:** December 1st, February 1st, April 1st

---

**Herbert Scoville Jr. Peace Fellowships**

Full-time fellowship opportunity for college graduates to serve 6-9 months with a participating organization of their choice in Washington D.C. Placements include non-profit, public interest organizations working to solve budget, environmental, energy, and weapons/security issues.

http://scoville.org/apply/application-information/  
**Benefits:** Salary of $2,600/month + $1,000 per fellow for professional development + health insurance + travel grants to Washington, DC.  
**Deadline:** Early October or Early January

---

**Horseshoe Farm Fellowship**

Fellows study the law, ethics, economics, and policies of the health care system on a 70 acre farm campus in Greensboro, Alabama. Fellows serve in the after school programs, shadowing activities, community outreach, and health systems activities.

http://projecthsf.org/gap-year-fellowship/  
**Benefits:** $500/month + housing  
**Deadline:** Early February
### Inter-American Press Association (IAPA) Scholarship

For recent graduates interested in journalism and preserving freedom of speech and freedom of press. Available to residents of Canada, Latin America, the Caribbean, and the U.S.

**Benefits:** $20,000 for abroad duration  
**Deadline:** Late January

### Interpretive Fellowships at Art Museums and also Conservation Fellowships

Internships (9-12 months) for professional development in art history, conservation, museum education, or curation. For graduates holding a degree in art history, art education, studio art or museum studies and pursuing or contemplating graduate study or professional placement in these or related fields.

http://www.kressfoundation.org  
**Benefits:** $30,000 award for living expenses, health insurance, and travel costs  
**Deadline:** April 1st

### Medical Missionaries Global Health Fellowship

Fellows spend one year in the rural/underdeveloped Thomassique, Haiti and work as a liaison between Medical Missionaries and the St. Joseph Clinic’s Haitian staff. Fellows can design their own projects and shadow health professionals.

http://www.medmissionaries.org/id17.html  
**Benefits:** Housing & Food + transportation costs that cover 2-3 return trips to the U.S.  
**Deadline:** Mid-October

### National Wildlife Federation Ecology Fellowship Program

Offers an opportunity for undergraduate and graduate students to pursue a research topic in ecology and sustainability. Fellows gain practical experience in the conservation field and first-hand knowledge of the challenges and opportunities inherent in successful conservation efforts.

http://www.nwf.org/Campus-Ecology/Get-Involved/Apply-for-a-Fellowship.aspx  
**Benefits:** Funding depends on research proposal and chosen fellowship  
**Deadline:** Unspecified
Peace Corps

Become a volunteer over an extensive period of time (2 year commitment) and take part in one of the six program areas: education, youth and community development, health, business, and information and communications technology, agriculture and environment.

http://www.peacecorps.gov/learn/

**Benefits:** No fee to participate + Student loan assistance + $7,425 after technical training + travel to and from country of service + monthly living and housing allowance + full medical and dental coverage

**Deadline:** Unspecified

---

ProWorld Service Corps

Offers 2 to 48 week internship/volunteer projects in Ghana, Thailand, Peru, Belize, Nepal, Brazil, Africa, and Ecuador. Projects are in health, education, environment, community development, journalism, micro finance, working with children, and women’s empowerment.

http://www.proworldsc.org/about_proworld.htm

**Costs:** Participants responsible for full program fee and living expenses. Costs will vary by location.

**Deadline:** Unspecified

---

Public Allies Program Apprenticeships

Four days a week over a 10-month period. Participants address issues in youth development, education, public health, economic development, and the environment. Opportunities for leadership training through weekly seminars and teamwork projects.

http://www.publicallies.org/site/c.liKUL3PNLvF/b.5106423/k.BD7E/Home.htm

**Benefits:** $1,300-1,800 monthly stipend + health benefits + loan deferment + $5,500 education award

**Deadline:** Early May

---

Rotary Peace Scholarships

Rotary Peace Fellows are leaders promoting national and international cooperation, peace, and the successful resolution of conflict throughout their lives, in their careers, and through service activities. Fellows can earn either a master’s degree in international relations, public administration, sustainable development, peace studies, conflict resolution, or a related field, or a professional development certificate in peace and conflict resolution.
Rotary Peace Scholarships Continued

http://www.rotary.org/en/StudentsAndYouth/EducationalPrograms/

**Benefits:** Gain a Master’s Degree or Professional Development Certificate, depending on fellowship. No listed scholarships or stipends

**Deadline:** Late May

---

Samuel Huntington Public Service Fellowship Award

Provides funding for graduating college seniors to pursue public service anywhere in the world. To apply, student must develop a proposal for public service in the U.S. or abroad.

https://www9.nationalgridus.com/masselectric/about_us/award.asp

**Benefits:** $15,000 stipend for the year

**Deadline:** Mid-January

---

Sigma Delta Epsilon (SDE/GWS Awards)

A society of scientists who encourage and support women to enter and achieve in science through full participation in their scientific research and its applications; in the development and advancement of women; in the integration careers, personal goals, and society’s needs; and by professional networking and mutual inspiration.

http://www.gwis.org

**Benefits:** The SDE/GWIS National Council will determine exact fellowship amounts with the maximum allowable award being $10,000.

**Deadline:** Mid-January

---

Smithsonian Institution Fellowship and Internship Program

Competitive internship and fellowship programs as well as externally peer reviewed grant programs bring students and scholars from universities, museums and research Institutes from the U.S. and abroad to the Smithsonian Institution to maximize the use and research potential of its vast collections and facilities.

http://www.smithsonianofi.com

**Deadline and Awards:** Vary depending on chosen opportunity

---

Teach for America

Offers full-time paid positions throughout the U.S. for recent college graduates to teach students from low-income communities, who are enrolled in schools that need help. New teachers are provided intensive training and career development support that helps increase their impact on closing the achievement gap and refining their leadership skills.
Teach For America
Continued

Benefits: $25,000-$51,000 salary + health benefits + retirement benefits + loan forbearance and paid interest for two years + up to $11,110 education award + $6,000 no-interest loans/travel grants

Deadlines: In August, September, November, January, and February

Teaching Assistantship:
Weill Cornell Medical College in Qatar

There are 12 TA position lasting one academic year (August-May) in Qatar, located in the Western Arabian Gulf. TAs assist instructors of pre-med sciences, math, and English courses. Preference given to recent Cornell graduates. Contact Dr. Chris Ogden, cbo1@cornell.edu, for more information.

See “Qatar TA Position” notebook in the Education section in the 103 Barnes Hall Library

Benefits: $31,000 salary + shared housing & rental car + mobile phone + health insurance + transportation costs to and from Qatar

Deadline: End of the Fall Semester

Villers Fellowship for Health Care Justice

Fellows conduct policy analysis, research, and technical assistance on health care justice in the Families USA’s Health Policy Department in Washington D.C. and are exposed to policy issues in Medicaid, Medicare, CHIP, and health care delivery reform.

http://familiesusa.org/about/careers

Benefits: $38,000 salary & health benefits

Deadline: Mid-January

Woodrow Wilson Teaching Fellowships

Fellowships available to attract recent graduates and career changers in the humanities and sciences to teach in high-need urban and rural schools. Fellowships also open the opportunity for additional teaching/mentoring beyond the first year.

http://woodrow.org/fellowships/ww-teaching-fellowships/

Benefits: $30,000 stipend for the year

Deadline: Mid-October (early decision) Mid-January (regular decision)
## additional self-search resources & opportunities

<table>
<thead>
<tr>
<th>Work Abroad</th>
<th>People to People International</th>
<th><a href="http://www.ptpi.org">www.ptpi.org</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Study Abroad</strong></td>
<td>AFS Interculutral Program</td>
<td><a href="http://www.afs.org">www.afs.org</a></td>
</tr>
<tr>
<td></td>
<td>The Rotary Club</td>
<td><a href="http://www.rotary.org">www.rotary.org</a></td>
</tr>
<tr>
<td></td>
<td>Nacel Open Door</td>
<td><a href="http://www.nacelopendoor.org">www.nacelopendoor.org</a></td>
</tr>
<tr>
<td></td>
<td>Semester at Sea</td>
<td><a href="http://www.semesteratsea.org">www.semesteratsea.org</a></td>
</tr>
<tr>
<td></td>
<td>Volunteer/Community Service Abroad</td>
<td><a href="http://www.ghcorps.org">www.ghcorps.org</a></td>
</tr>
<tr>
<td></td>
<td>Global Health Corps</td>
<td><a href="http://www.volunteerinternational.org">www.volunteerinternational.org</a></td>
</tr>
<tr>
<td></td>
<td>United Nations Volunteer</td>
<td><a href="http://www.unv.org">www.unv.org</a></td>
</tr>
<tr>
<td></td>
<td>Amigos de las Americas</td>
<td><a href="http://www.amigoslink.org">www.amigoslink.org</a></td>
</tr>
<tr>
<td></td>
<td>Partnership for Service Learning</td>
<td><a href="http://www.ipsl.org">www.ipsl.org</a></td>
</tr>
<tr>
<td></td>
<td>Peace Corps</td>
<td><a href="http://www.peacecorps.gov">www.peacecorps.gov</a></td>
</tr>
<tr>
<td></td>
<td>Universities Educational Fund for Palestinian Refugees</td>
<td><a href="http://www.unipal.org.uk">www.unipal.org.uk</a></td>
</tr>
<tr>
<td></td>
<td>Volunteers for Peace</td>
<td><a href="http://www.vfp.org">www.vfp.org</a></td>
</tr>
<tr>
<td></td>
<td>World Teach</td>
<td><a href="http://www.worldteach.org">www.worldteach.org</a></td>
</tr>
</tbody>
</table>
| Teaching English       | English Teacher Training Program  
|                      | www.teflcertificate.com          |
| Study in the U.S.     | Japanese Exchange Teaching Program  
|                      | http://jetprogramme.org/en/       |
| Volunteer/Community Service in the U.S. | The Archaeological Institute for America  
|                      | www.archaeological.org            |
|                      | Earthwatch                        
|                      | www.earthwatch.org                |
| Environmental/Outdoor | American Friends Service Committee  
|                      | www.afsc.org                      |
|                      | USA Freedom Corps                 
|                      | www.serve.gov                     |
|                      | New York City Civic Corps         
|                      | www.nycservice.org                |
|                      | Habitat for Humanity              
|                      | www.habitat.org                   |
|                      | Youth Service America             
|                      | www.ysa.org                       |
|                      | National Park Service             
|                      | www.nps.gov/personnel             |
|                      | The Student Conservation Association  
|                      | www.thesca.org                    |
|                      | Conservation Directory            
|                      | www.nwf.org                       |
|                      | U.S. Public Interest Research Group  
|                      | www.uspirg.org                    |
|                      | The Environmental Careers Organization  
|                      | www.eco.org                       |
|                      | Friends of the Earth              
<p>|                      | <a href="http://www.foe.org">www.foe.org</a>                       |</p>
<table>
<thead>
<tr>
<th>Travel/Outdoor Adventure in the U.S.</th>
<th>National Outdoor Leadership School</th>
<th><a href="http://www.nols.edu">www.nols.edu</a></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Outward Bound</td>
<td><a href="http://www.outwardbound.org">www.outwardbound.org</a></td>
</tr>
<tr>
<td></td>
<td>Appalachian Mountain Club</td>
<td><a href="http://www.appalachiantrail.org">www.appalachiantrail.org</a></td>
</tr>
<tr>
<td></td>
<td>Club Med</td>
<td><a href="http://www.clubmedjobs.us">www.clubmedjobs.us</a></td>
</tr>
<tr>
<td>Travel/Outdoor Adventure Abroad</td>
<td>Council Travel</td>
<td><a href="http://www.counciltravel.com">www.counciltravel.com</a></td>
</tr>
<tr>
<td></td>
<td>International Youth Hostel Federation</td>
<td><a href="http://www.iyhf.org">www.iyhf.org</a></td>
</tr>
</tbody>
</table>