

SEPTEMBER 2022

RACHEL ELIZABETH DUNIFON

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College of Human Ecology

Cornell University

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Faculty [website](#)

LEADERSHIP POSITIONS

Rebecca Q. and James C. Morgan Dean, College of Human Ecology, Cornell University, 2020-present

- The College of Human Ecology has approximately 1000 undergraduate students, 170 faculty (70 tenure-line), 190 staff, and 140 graduate students, and has an annual budget of \$80M
- The College has three academic departments, seven undergraduate majors, a variety of masters and doctoral programs, and several centers and institutes

Interim Dean, College of Human Ecology, Cornell University, 2018-2020

Senior Associate Dean for Research and Outreach, College of Human Ecology, Cornell University, 2015-2018

ACADEMIC POSITIONS

Professor, Department of Psychology, 2021-present

Professor, Cornell Jeb E. Brooks School of Public Policy (formerly Department of Policy Analysis and Management), Cornell University, 2013-present.

Associate Professor, Department of Policy Analysis and Management, Cornell University, 2005-2013.

Assistant Professor, Department of Policy Analysis and Management, Cornell University, 2001-2005.

Postdoctoral Research Fellow, Program on Poverty and Social Welfare Policy, University of Michigan, 1999-2001.

EDUCATION

Northwestern University: Ph.D. in Human Development and Social Policy, 1999.

Davidson College: B.A. in Psychology, *cum laude*, 1994.

AWARDS

Inaugural William T. Grant Foundation Institutional Challenge Grant (2018)

Editor's Choice Award, *Demographic Research* (2017)

Princeton University Industrial Relations Section "noteworthy book" (2010)

William T. Grant Scholars Award (2005)

David J. Allee and Paul R. Eberts Community and Economic Vitality Award (2005)

BOOKS

Laura Tach, Douglas Miller, and Rachel Dunifon (2020). *Confronting Inequality: How Policies and Practices Shape Children's Opportunities*. Washington, DC: American Psychological Association.

Dunifon, Rachel (2018). *"You've Always Been there for Me": Understanding the Lives of Children Raised by Grandparents*. New Brunswick, NJ: Rutgers University Press.

Wethington, Elaine & Rachel Dunifon (2012). *Research for the Public Good: Applying the Methods of Translational Research to Improve Human Health and Well-Being*. Washington, DC: American Psychological Association.

Johnson, R.C., Kalil, A., & Dunifon, R. (2010). *Mothers' Work and Children's Lives: Low-Income Families After Welfare Reform*. Kalamazoo, MI: W.E. Upjohn Institute for Employment Research.

* Named as a "Noteworthy book for 2010" by Princeton University's Industrial Relations Section

JOURNAL ARTICLES (* indicates student or postdoctoral co-author)

Harvey, Hope*, Rachel Dunifon and Natasha Pilkauskas* (2021). Under Whose Roof? Understanding the Living Arrangements of Children in Doubled-Up Households. *Demography*. <https://doi.org/10.1215/00703370-9101102>

Pilkauskas, Natasha*, Rachel Dunifon and Mariana Amorim* (2020). Historical Trends in Coresidence with Grandparents: 1870-2016. *Demography* 57(6): 2269-2296. <https://doi.org/10.1007/s13524-020-00920-5>

Selected as the 2020 winner of the IPUMS Research Award

Dunifon, Rachel, Kelly Musick and Chris Near* (2019). Time with Grandchildren: Subjective Well-Being among Grandparents Living with their Grandchildren. *Social Indicators Research*. <https://doi.org/10.1007/s11205-019-02206-9>

Dunifon, Rachel, Chris Near* and Kathleen Ziol-Guest* (2018). Backup Parents, Playmates, Friends: Grandparents' Time with Grandchildren. *Journal of Marriage and Family*. DOI:10.1111/jomf.12472

Dunifon, Rachel, Paula Fomby and Kelly Musick (2017). Siblings and Children's Time Use in the United States. *Demographic Research*, 37: 1611-1624.

Amorim, Mariana*, Rachel Dunifon and Natasha Pilkauskas* (2017). The Magnitude and Timing of Grandparental Coresidence During Childhood in the United States. *Demographic Research*, 37(52): 1695-1706.

* selected to receive Editor's Choice Award

Crosnoe, Rob and Rachel Dunifon (2017). "A Developmental Perspective on the Link Between Parents' Employment and Children's Obesity". *American Psychologist*, 72(5): 474-486.

Su, Jessica* and Rachel Dunifon (2016). "Nonstandard Schedules and Private Safety Nets Among Working Mothers". *Journal of Marriage and Family*. DOI:10.1111/jomf.12358

Meier, Anne, Kelly Musick, Sarah Flood and Rachel Dunifon (2016). "Mothering Experiences: How Single-Parenthood and Employment Shift the Emotional Valence of Parenting". *Demography*, 53: 649-674.

Pilkauskas, Natasha*, and Rachel Dunifon (2016). "Understanding Grandfamilies: Characteristics of Grandparents, Nonresident Parents, and Children". *Journal of Marriage and Family*, 78: 623-633.

Su, Jessica*, Rachel Dunifon, and Sharon Sassler (2015). "Better for Baby? The Retreat from Mid-Pregnancy Marriage and Implications for Parenting and Child Well-Being". *Demography*, 52(4): 1167-1194.

Kalil, Ariel, Rachel Dunifon, Danielle Crosby and Jessica Su* (2014). "Work Hours, Work Schedules and Sleep Duration Among Mothers and their Young Children". *Journal of Marriage and Family*, 76(5): 891-904.

Healy, Olivia* and Rachel Dunifon (2014). "Child Care Subsidies and Family Well-Being". *Social Service Review*, 88(3): 493-528.

Dunifon, Rachel, Kathleen Ziol-Guest* and Kimberly Kopko (2014). "Grandparental Co-Residence and Family Well-Being: Implications for Research and Policy". *The Annals of the American Academy of Political and Social Science*, 654: 110-126.

Ziol-Guest, Kathleen* and Rachel Dunifon (2014). "Complex Living Arrangements and Child Health: Examining Family Structure Linkages with Children's Health Outcomes". *Family Relations*, 63: 424-437.

Dunifon, Rachel, Ariel Kalil, Danielle Crosby, Jessica Houston Su*, and Thomas DeLeire (2013). "Measuring Nonstandard Work in Survey Data". *Journal of Marriage and Family*, 75: 523-532.

Dunifon, Rachel, Ariel Kalil, Danielle Crosby and Jessica Su* (2013). "Mothers' Night Work and Children's Behavior Problems". *Developmental Psychology*, 49(10): 1874-1885.

- Dunifon, Rachel (2013). "The Influence of Grandparents in the Lives of Children and Adolescents", *Child Development Perspectives*, 7(1): 55-60.
- Ziol-Guest, Kathleen*, Rachel Dunifon and Ariel Kalil (2013). "Parental Employment and Children's Body Weight: Mothers, Others, and Mechanisms", *Social Science and Medicine*, 95: 52-59.
- Dunifon, Rachel and Ashish Bajracharya* (2012) "The Role of Grandparents in the Lives of Youth". *Journal of Family Issues*, 33(9): 1168-1194.
- Johnson, Rucker, Ariel Kalil and Rachel Dunifon (2012). "Employment Patterns of Less-Skilled Workers: Links to Children's Behavior and Academic Progress". *Demography*, 49(2): 747-772.
- Kopko, Kim, and Rachel Dunifon (2012). "The Cornell Cooperative Extension Statewide Data Collection System: An Online Data Collection Tool for Parent Education Programs". *Journal of Extension*, 50(3), available online: <http://www.joe.org/joe/2012june/tt2.php>.
- Morrissey, Taryn*, Rachel Dunifon and Ariel Kalil (2011). "Maternal Employment, Work Schedules, and Children's Body Mass Index". *Child Development*, 82(1): 66-81.
* 3rd most downloaded article from this journal in 2011
- Dunifon, Rachel, Kathryn Hynes* and H. Elizabeth Peters. (2009) "State Welfare Policies and Children's Living Arrangements". *Social Service Review*, 83(3):351-388.
- Hynes, Kathryn* and Rachel Dunifon. (2007). "Children in No-Parent Households: The Continuity of Arrangements and the Composition of Households". *Children and Youth Services Review*, 29 (7): 912-932.
- Kalil, Ariel and Rachel Dunifon (2007). "Maternal Work and Welfare Use and Child Well-Being: Evidence from Six Years of Data from the Women's Employment Study". *Children and Youth Services Review*, 29(6): 742-761.
- Dunifon, Rachel and Lori Kowaleski-Jones. (2007) "The Influence of Grandparents in Single-Mother Families". *Journal of Marriage and Family*, 69: 465-481.
- Slack, K., Magnuson, K., Berger, L., Yoo, J., Coley, R., Dunifon, R., Dworsky, A., Kalil, A., Knab, J., Lohman, B., & Osborne, C. (2007). "Family Economic Well-Being Following the 1996 Welfare Reform: Trend Data from Five Non-Experimental Panel Studies". *Children and Youth Services Review*, 29: 698-720.
- Bartfeld, Judi and Rachel Dunifon (2006). "State-Level Predictors of Food Insecurity Among Households With Children". *Journal of Policy Analysis and Management*, 25(4): 921-942.
- Dunifon, Rachel, Kathryn Hynes*, and H. Elizabeth Peters (2006). "Welfare Reform and Child Well-Being". *Children and Youth Services Review*, 28(11): 1273-1292.
- Kowaleski-Jones, Lori, Rachel Dunifon and Geoffrey Ream* (2006). "Social Context and Youth Competence". *Journal of Community Psychology*, 34(3): 343-362.

- Kowaleski-Jones, Lori and Rachel Dunifon (2006). "Family Structure and Community Context: Evaluating Influences on Adolescent Outcomes." *Youth and Society*, 38(1): 110-130.
- Dunifon, Rachel, Ariel Kalil and Ashish Bajracharya* (2005). "Maternal Working Conditions and Child Well-Being in Welfare-leaving Families." *Developmental Psychology*, 41(6): 851-859.
- Dunifon, Rachel (2005). "The Labor Market Effects of an Anti-Poverty Program: Results from Hierarchical Linear Modeling". *Social Science Research*, 34:1-19.
- Dunifon, Rachel, Michael Duttweiler, Karl Pillemer, Don Tobias, and William Trochim (2004). "Evidence-Based Extension." *Journal of Extension*, 42(2).
- Kowaleski-Jones, Lori and Rachel Dunifon (2004). "Children's Home Environments: Understanding the Role of Family Structure Changes." *Journal of Family Issues*, 25(1): 3-28.
- Dunifon, Rachel, Ariel Kalil and Sandra K. Danziger (2003). "Maternal Work Behavior Under Welfare Reform: How Does the Transition from Welfare to Work Affect Child Development?" *Children and Youth Services Review*, vol. 25(1/2): 55-82.
- Dunifon, Rachel and Lori Kowaleski-Jones (2003). "The Influences of Participation in the National School Lunch Program and Food Insecurity on Child Well-Being." *Social Service Review*, 77(1):72-92.
- Dunifon, Rachel and Lori Kowaleski-Jones (2002). "Who's in the House? Race Differences in Cohabitation, Single-Parenthood, and Child Development." *Child Development*, 73(4):1249-1264.
- Dunifon, Rachel, Greg Duncan, and Jeanne Brooks-Gunn (2001). "As Ye Sweep, So Shall Ye Reap." *American Economic Review: Papers and Proceedings*, 91(2):150-154.
- Dunifon, Rachel and Greg J. Duncan (1998). "Long-Run Effects of Motivation on Labor-Market Success." *Social Psychology Quarterly*, 61(1):33-48.
- Duncan, Greg J. and Rachel Dunifon (1998). "Soft Skills and Long-Run Labor Market Success." In Solomon W. Polacheck and John Robst , Eds. *Research in Labor Economics*, Vol. 17. London: JAI Press, pp. 123-150.

BOOK CHAPTERS

- Dunifon, Rachel, Kimberly Kopko, P. Lindsay Chase-Lansdale, and Lauren Wakschlag (2016). "Multigenerational Relationships in Families with Custodial Grandparents". In *Grandparenting in the U.S.*, Madonna Harrington Meyer and Ynesse Adbul-Malak, Eds. New York: Baywood Publishing.
- Dunifon, Rachel, Kathleen Ziol-Guest*, and Ariel Kalil. (2012) "Nonstandard Work Schedules and Child Development". In *Understanding Children and Poverty: The Science and Ecology of Early Development* (pp.260-277), V. Maholmes and R. King, Eds. Oxford University Press.

Dunifon, Rachel (2009). "Single-Parenthood and Child Well-Being: Trends, Theories and Evidence" in H. E. Peters & C. M. Kamp Dush (Eds.) *Marriage and Family: Complexities and Perspectives* (pp. 93-114). Columbia University Press: New York.

Dunifon, Rachel, and Lori Kowaleski-Jones (2006). "Family Structure and Child Well-Being: Examining the Role of Parental Social Connections." In L. Kowaleski-Jones and N. Wolfinger, Eds. *Fragile Families and the Marriage Agenda*. Kluwer Academic Press, pp. 108-125.

Dunifon, Rachel, Greg J. Duncan, and Jeanne Brooks-Gunn (2004). "The Long-Term Impact of Parental Organization and Efficiency." In A. Kalil & T. DeLeire (Eds). *Family Investments in Children: Resources and Behaviors that Promote Success*. Mahwah, NJ: Lawrence Erlbaum, pp. 85-118.

Dunifon, Rachel (2001). "Poverty and Policy in the United States During the 1990's". In Eva Barlosius and Wolfgang Ludwig-Mayerhofer, Eds. *Die Armut der Gesellschaft (The Poverty of Society)*. Opladen, Germany: Leske + Budrich, pp. 223-239.

Kalil, Ariel, Rachel Dunifon, and Sandra Danziger (2001). "Does Maternal Employment Mandated by Welfare-Reform Affect Children's Behavior?" In Greg J. Duncan and P. Lindsay Chase-Lansdale, Eds. *For Better or for Worse: Welfare Reform and Children's Well-Being*. New York: Russell Sage, pp. 154-178.

Duncan, Greg, Rachel Dunifon, Morgan Doran, and Jean Yeung (2001). "How Different ARE Welfare and Working Families? And Do Those Differences Matter for Children's Achievement?" In Greg J. Duncan and P. Lindsay Chase-Lansdale, Eds. *For Better or for Worse: Welfare Reform and Children's Well-Being*. New York: Russell Sage, pp. 103-131.

BOOK REVIEWS

Dunifon, Rachel (2006). Book Review of *Discovering Successful Pathways in Children's Development: Mixed Methods in the Study of Childhood and Family Life*, Thomas Weisner, Ed. *Children and Youth Services Review*, 28: 1262-1271.

RESEARCH REPORTS

Dunifon, Rachel (2010). "Welfare Reform and Intergenerational Mobility". A report for the Pew Charitable Trusts Economic Mobility Project.
http://www.pewstates.org/uploadedFiles/PCS_Assets/2010/EMP_TANF%2015.pdf

EXTERNAL RESEARCH GRANTS

PI or co-PI on grants totaling \$3.3M in external funding (direct costs)

William T. Grant Foundation. "Protecting Vulnerable Children and Families in the Crosshairs of the Opioid Epidemic: A Research-Practice Partnership". Institutional Challenge Award--renewal. Awarded: \$342,533 (direct costs). Funding period: July 1, 2021-June 30, 2023, Principal Investigator.

William T. Grant Foundation. "Protecting Vulnerable Children and Families in the Crosshairs of the Opioid Epidemic: A Research-Practice Partnership". Institutional Challenge Award--

renewal. Awarded: \$342,533 (direct costs). Funding period: July 1, 2021-June 30, 2023, Principal Investigator.

William T. Grant Foundation. “Protecting Vulnerable Children and Families in the Crosshairs of the Opioid Epidemic: A Research-Practice Partnership”. Institutional Challenge Award. Awarded: \$650,000 (direct costs). Funding period: July 1, 2018-June 30, 2021, Principal Investigator.

National Institute of Child Health and Human Development. “Nonstandard Work Schedules and Child Development—Administrative Supplement.” Grant # 3 R01 HD057952-02S1. Awarded: \$176,661. Funding period: July 21, 2010-June 30, 2011, Principal Investigator.

National Institute of Child Health and Human Development. “Nonstandard Work Schedules and Child Development.” Grant #R01 HD057952. Awarded \$1,003,668. Funding period: April 1, 2009-December 31, 2012, Principal Investigator.

National Center for Marriage Research Internal Small Grants Award: “Parenting in Vain? Stepfather Influences on Early Transitions to Adulthood”. Award: \$8,500 (direct costs). Funding period: August 1, 2008-July 31, 2009, Co-Investigator (Kara Joyner, PI).

William T. Grant Foundation Scholars Award: “The Role of Grandparents in the Lives of Adolescent Grandchildren.” Award: \$279,069 (direct costs). Funding period: July 1, 2005-June 30, 2010, Principal Investigator.

National Institute of Child Health and Development (1 R03 HD43890-01): “Welfare Reform, Family Structure, and Child Well-Being.” Award: \$99,897 (direct costs). Funding period: August 1, 2003-July 31, 2005, Principal Investigator.

USDA Food and Nutrition Research Program Grant: “State and Local Predictors of Household Food Security.” Award: \$100,000 (direct costs). Funding Period: October, 2002-March, 2003, Co-Principal Investigator (with Judith Bartfeld).

William T. Grant Foundation: “Social Context and Youth Competence.” Award: \$121,822 (direct costs). Funding Period: October 2002-September 2004, Co-Principal Investigator (with Lori Kowaleski-Jones).

Small Grants Program, Institute for Research on Poverty, University of Wisconsin-Madison and the United States Department of Agriculture: “Exploring The Effects of the National School Lunch Program On Child Obesity and Development Using The Early Childhood Longitudinal Study.” Award: \$27,366 (direct costs). Funding Period: July 2002-December 2003, Co-Principal Investigator (with Lori Kowaleski-Jones).

NSAF Small Research Grants Program, Association for Public Policy Analysis and Management: “Do Generous Welfare Policies Benefit Children in Single-Parent Families?” Award: \$19,047 (direct costs). Funding Period: June 2002-May 2003, Principal Investigator.

Small Grants Program, Institute for Research on Poverty, University of Wisconsin-Madison and the United States Department of Agriculture: “Moderating the Effects of Food Insecurity on Child Outcomes: The Role of Food Assistance Programs.” Award: \$22,725 (direct costs).

Funding period: July 2000 – December 2001, Co-Principal Investigator (with Mary Corcoran and Lori Kowaleski-Jones).

Individual National Research Service Award (NRSA), National Institute of Child Health and Human Development (F32 HD08627-01): “Identifying Barriers to Self-Sufficiency: The Role of Children’s Characteristics.” Award: \$100,848 (direct costs). Funding period: 2000-2003, Principal Investigator.

INTERNAL RESEARCH GRANTS

Cornell Population Center Seed Grant. “Religiosity as a Health-Promoting Resource for Custodial Grandparents”. Awarded: \$8,000. PI (with Merrill Silverstein).

Bronfenbrenner Center for Translational Research Pilot Study Grant. “Caregiver Responsiveness and Infant Language Development”. Awarded: \$12,000. Funding period: July 1, 2014-June 30, 2015, Co-PI (Michael Goldstein, PI).

Cornell Population Center Seed Grant Program. “Children’s Time with Grandparents: Insights into Grandparental Roles in Children’s Lives”. Awarded: \$6,000. Funding period: January 1, 2013-December 31, 2013, Principal Investigator.

Cornell University Institute for Social Sciences Small Grants Award: “Grandparent-Grandchild Interactions in Custodial Grandparent Families”. Award: \$7,500 (direct costs). Funding period: December 1, 2008-January 31, 2009, Principal Investigator.

Bronfenbrenner Life Course Center Innovative Research Program Award: “Maternal Work Conditions and Child Well-Being.” Award: \$7,500 (direct costs). Funding period: July 1, 2007-June 30, 2008, Co-Principal Investigator (with Ariel Kalil).

Bronfenbrenner Life Course Center Innovative Research Program Award: “The Role of Grandparents in the Lives of Youth.” Award: \$10,000 (direct costs). Funding period: July 1, 2004-June 30, 2005, Principal Investigator.

EXTENSION AND OUTREACH

Co-Director, [Cornell Project 2GEN](#), which brings together faculty, policymakers, practitioners, and students to develop, implement and evaluate programs that take a family-based approach to improving the well-being of vulnerable families

EXTENSION FUNDING

CUAES/NIFA/USDA Hatch Project: "Nonresidential Parental Involvement in Custodial Grandparent Families: Research, Implications, and Intervention." Award: \$90,000. Funding period: October 1, 2015-September 30, 2018. Principal Investigator, Kimberly Kopko, Co-Principal Investigator.

CCE/NIFA/USDA Smith-Lever Project: “Parenting in Context: Expanding Community Evaluation Efforts and Evidence-Based Programming Statewide.” Award: \$75,000. Funding period: October 1, 2015-September 30, 2018. Co-Principal Investigator (Kimberly Kopko, PI).

CCE/CUAES Smith-Lever Project: "Parenting in Context: Advancing the Integration of Extension and Translational Research Activities Statewide". Award: \$90,000. Funding period: October 1, 2012-September 30, 2015, Co-Principal Investigator (Kimberly Kopko, PI).

CUAES/NIFA Hatch Project: "Teens Being Raised by Relatives: Using Research to Inform Policy, Practice, and Family Well-Being." Award: \$90,000. Funding period: October 1, 2013-September 30, 2016 Co-Principal Investigator (Kimberly Kopko, PI).

ADVISING AND MENTORING

Mariana Amorim (PhD student co-author): currently Assistant Professor in Sociology, Washington State University.

Ashish Bajracharya (PhD committee chair, 2008): currently Country Representative and Associate I, Population Council.

Anna Choi (PhD committee member, 2015); currently James Q. Wilson Visiting Professor at Pepperdine University School of Public Policy

Olivia Healy (undergraduate senior thesis advisor, 2012): PhD from Northwestern University.

Hope Harvey (postdoctoral mentor, 2020): currently Assistant Professor at the Martin School of Public Policy at the University of Kentucky.

Taryn Morrissey (PhD committee member, 2008): currently Associate Professor, School of Public Affairs, American University.

Chris Near (postdoctoral mentor, 2016-2018): currently lecturer at University of Nebraska.

Natasha Pilkauskas (postdoctoral mentor, 2014-2015): currently Assistant Professor, Gerald R. Ford School of Public Policy, University of Michigan.

Jessica Houston Su (PhD committee member, 2014): currently Assistant Professor in Sociology at UNC-Chapel Hill.

Kathleen Ziol-Guest (postdoctoral mentor, 2013-2015): currently child and family policy scholar at RAND Corporation.