

# CUCE-NYC PARENTING EDUCATION PROGRAM

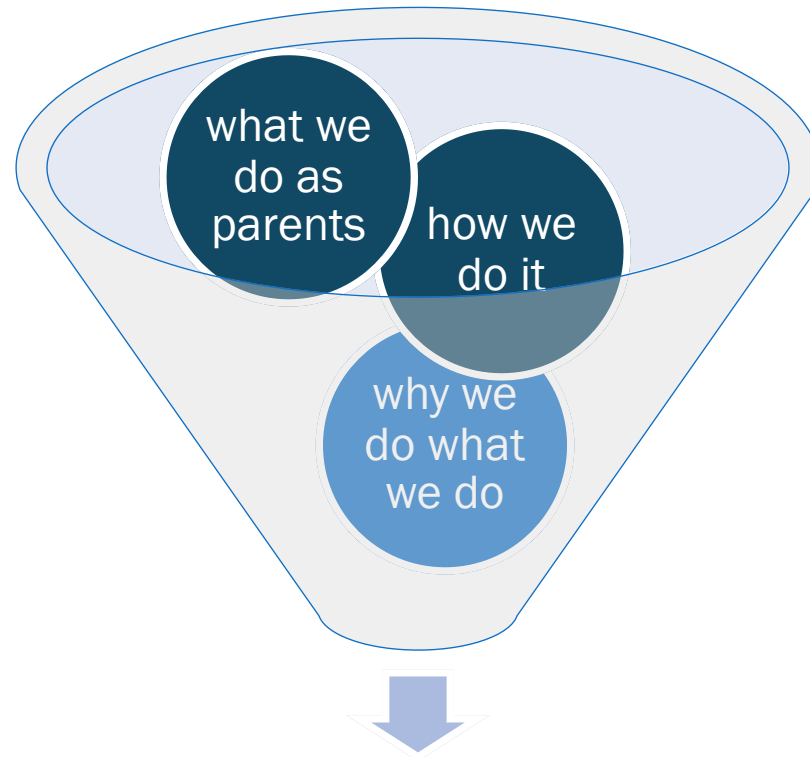
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# Overview

1. Focus of Parenting Education during COVID-19
2. Common concerns shared in conversations by parents and caregivers as a result of COVID-19
3. New Opportunities and Strategies
4. Growing and Learning Together through Play
5. Q&A

# Focus of Parenting Education during COVID-19

We explore and examine



in our efforts to help children develop a healthy sense of self-worth, achieve their individual and personal potential, self-reliance, emotional stability.

# Common concerns shared in conversations by parents and caregivers as a result of COVID-19

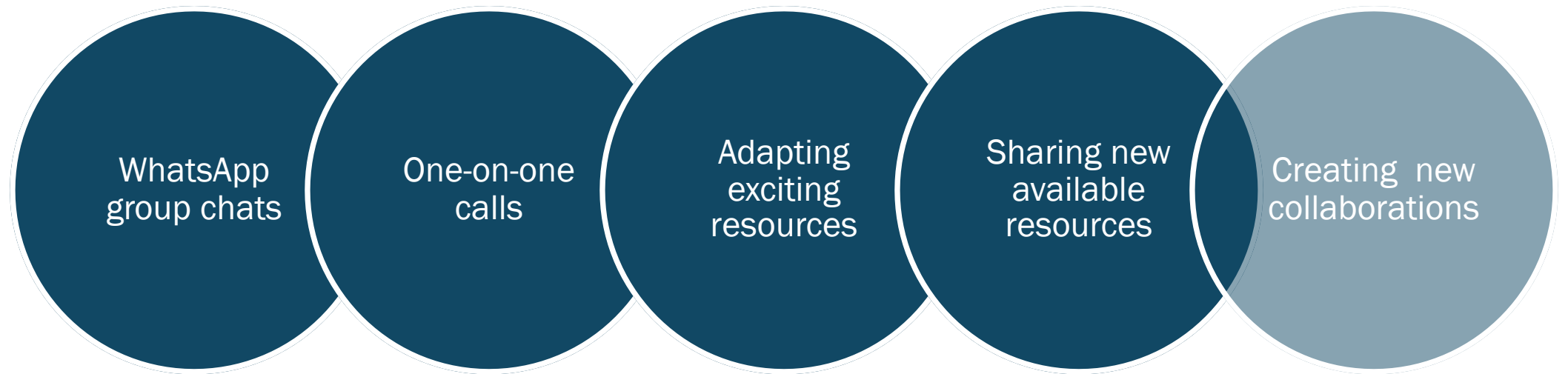
1. Fear of getting infected with the virus.
2. Losing sources of income.
3. Not having access to medical attention if needed.
4. Not being able to pay their rent.
5. High levels of anxiety about having their child/children at home all day.
6. Discomfort about helping children do school work remotely.
7. Not knowing what to say or how to explain to the children the sudden change in their lives.
8. Losing patience with their children.
9. Aggressive behaviors to and from spouses.
10. Profound sense of uncertainty for the future.





How are we adapting parenting education and making virtual connections...

# New opportunities and strategies





The **Growing and Learning Together through Play (GLTP) Curriculum** is a research-informed curriculum/workshop series designed for adults who are parents or primary caregiver to preschool-aged children, 2-5 years of age. The curriculum includes eight workshops containing educational material about early childhood development and activities to promote language development and special skills through play!



## **WORKSHOP 1: The Role of Play in Early Learning, What It Is and Why It Is Important**

Stages of Early Childhood Development: Characteristics of developing cognitive, social, emotional, and physical activities through play.

## **WORKSHOP 2: Getting to Know your Child's Interest in Play**

Knowing children's individual differences and identifying their unique interest in directed, guided, and free play.

## **WORKSHOP 3: The Role of Discipline in Learning through Play**

Identifying the role of discipline in learning.

## **WORKSHOP 4: Play Time with Children When Time Is Limited**

Learning strategies to engage in children's play when time is limited.

## **WORKSHOP 5: Play: A Vehicle to Promote Language Development, Critical Thinking and Problem-Solving Question Asking and pretend, narrative, and explanatory talk.**

## **WORKSHOP 6: Early Development of STEM Related Abilities through Play**

Children's cognitive development, spatial skills, and school readiness.

## **WORKSHOP 7: Young Children and Screen Time**

Strategies for healthy use of technology in early childhood.

## **WORKSHOP 8: From Knowing to Growing**

A workshop dedicated for both parents/caregivers and children.

**REUNION Certificates**